

Warren Davis 5539 Columbia Pike #816 Arlington, VA 22204



Convention Activities

Walking with Alex at 7 a.m. every morning.

Men's/Women's Group after breakfast every day.

Mat Track for emotional release and support.

Nightly Community Meeting The community meets to greet newcomers and review programs for the following day.

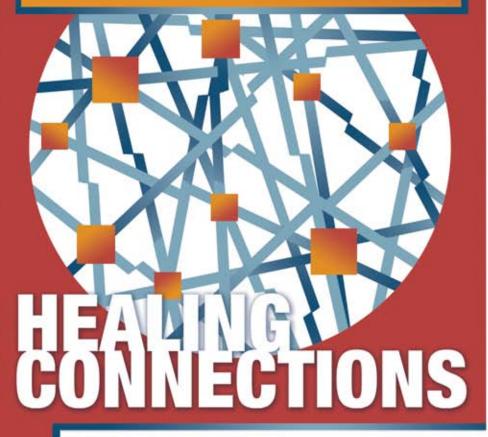
Wrap-up Groups offer an opportunity for processing the day's activities and connecting with a small number of people in an intimate setting.

Jam Sessions every evening. Bring your musical instruments.

Cabaret

Dance Party

FEATURING A Workshop and Training BY THE STAFF OF THE BIODynamic Breath and Trauma Release Institute®





August 13-19, 2018 46th Annual Summer **Convention, Retreat, and Training** Virden Retreat Center • Lewes, DE



Virden Retreat Center, affiliated with the University of Delaware, is located at: 700 Pilottown Road Lewes, DE 19958

The theme for this year's 46th IPA Summer Convention, Retreat and Training is *Healing* **Connections**. Loving connections can be healing; to heal connections can be freeing. During your week at Virden vou will have an important role in building a loving, supportive community where support is freely given and new relationships are developed. Take a break. Leave cell phones, computers, and TV behind. Enjoy excellent, nourishing meals and the comfort of hotel-like accommodations.

The Convention has been designed to help you develop new skills and deepen your understanding of how Mindfulness can lead you to a new

understanding of yourself and others. This insight will go with you into your everyday life. Questions? 877-PRIMALS

Dianne Arman and David Jensen, Co-chairs

A Sample of Workshop Choices - Education and Training

Thayer White will teach various Primal Principles from Arthur Janov's Legacy Program. The Principles can be applied to individual work and to work with others.

Barbara Bryan and Dianne Arman will teach an experiential and didactic Primal Integration workshop for those new to Primal.

Leonard Rosenbaum will offer insights into Remaining Physically and Mentally Healthy using diet and natural remedies.

Randy Goldberg's Neo-Shamanic Ancestral Healing workshop will help clear blocks and patterns that are unconsciously passed on.

Rick Benson will offer an advanced Enneagram Experience. A non-threatening way to embrace who you are with a focus on the strengths of your personality type.

Anne Bassen's Contact Improv presentation will use nurturing play to encourage self expression and connection with others.

The Poem that Heals, Harriet Geller looks forward to exploring a deep part of herself in a poem and hopes you too will reveal your healing connections in this writing workshop.

Dianne Arman's Art Expression will foster creativity and bring unconscious forms and colors to the surface to help connect more fully with self and others.

Laurie Schwartz and Stuart Friedman synthesize The Hakomi Method with Somatic Experiencing and Biodynamic Cranial Sacral Therapy to promote Deep Healing and Connection to SELF in Community.

46th Annual Summer **Convention**, Retreat. and Training Monday through Sunday August 13-19, 2018 . Lewes, DE Registration Early-Bird Member Rates

DOUBLE ROOM • PRIVATE BATH			
Annual Income	Daily Rate	Six-Day Reduced Rate	
UP TO \$15,000	\$75	\$395	
\$15 - \$50,000	\$100	\$555	
\$50 - \$100,000	\$135	\$740	
ABOVE \$100,000	\$160	\$890	

- Add \$10/day if paid after July 31st Non-members add \$15/dav

 Single rooms add \$50/day (limited availability) 				
NAME OF REGISTRANT				
ADDRESS				
CITY, STATE/PROV.				
ZIP/POSTAL CODE	COUN	ITRY		
E-MAIL	PHONE			
HOW DID YOU HEAR OF THE IPA?				
DAYS ATTENDING: MON/13 TUE/14	□ wed/15 □ THUR/16	🗖 fri/17 🗖 sat/18 🗖 sun/19		
	LAST MEAL ON DEPART			
SPECIAL FOOD NEEDS				
I AM SHARING A DOUBLE ROOM WITH				
I AM SHARING A TRIPLE ROOM WITH				
I AM REGISTERING FOR	OVERNIGHTS	\$		
PLEASE ALSO REGISTER		\$		
		⊅ \$		
OPTIONAL TAX-DEDUCTIBL	 LE DONATION TO THE IPA	\$ I		
TOTAL (US FUNDS ONLY)		\$		
PAY VIA PayPal: www.primals.org/pay.	html			
PAY VIA Credit Card: 🛛 VISA 🗖	MASTERCARD DISCO	OVER		
CARD #	EXP DATE	E SEC. CODE		
PAY BY CHECK (IN US FUNDS) payable to II	PA, AND MAIL TO:			

Warren Davis, 5539 Columbia Pike #816, Arlington, VA 22204 FOR MORE INFORMATION: 877-PRIMALS