



**International
Primal Association**
a non-profit corporation
www.primals.org • 877-PRIMALS

Warren Davis
5539 Columbia Pike #816
Arlington, VA 22204

Convention Activities

Walking with Alex at 7 a.m. every morning.

Men's/Women's Group after breakfast every day.

Mat Track for emotional release and support.

Nightly Community Meeting The community meets to greet newcomers and review programs for the following day.

Wrap-up Groups offer an opportunity for processing the day's activities and connecting with a small number of people in an intimate setting.

Jam Sessions every evening. Bring your musical instruments.

Cabaret

Dance Party

FEATURING A Workshop and Training *BY THE STAFF*
OF THE BioDynamic Breath and Trauma
Release Institute®



HEALING CONNECTIONS



**International
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August 13-19, 2018

46th Annual Summer

Convention, Retreat, and Training

Virden Retreat Center • Lewes, DE



Virden Retreat Center, affiliated with the University of Delaware, is located at: **700 Pilottown Road Lewes, DE 19958**

The theme for this year's 46th IPA Summer Convention, Retreat and Training is **Healing Connections**. Loving connections can be healing; to heal connections can be freeing. During your week at Virden you will have an important role in building a loving, supportive community where support is freely given and new relationships are developed. Take a break. Leave cell phones, computers, and TV behind. Enjoy excellent, nourishing meals and the comfort of hotel-like accommodations.

The Convention has been designed to help you develop new skills and deepen your understanding of how Mindfulness can lead you to a new

understanding of yourself and others. This insight will go with you into your everyday life. Questions? 877-PRIMALS

Dianne Arman and David Jensen, Co-chairs

A Sample of Workshop Choices - Education and Training

Thayer White will teach various **Primal Principles** from Arthur Janov's Legacy Program. The Principles can be applied to individual work and to work with others.

Barbara Bryan and Dianne Arman will teach an experiential and didactic **Primal Integration** workshop for those new to Primal.

Leonard Rosenbaum will offer insights into **Remaining Physically and Mentally Healthy** using diet and natural remedies.

Randy Goldberg's **Neo-Shamanic Ancestral Healing** workshop will help clear blocks and patterns that are unconsciously passed on.

Rick Benson will offer an advanced **Enneagram Experience**. A non-threatening way to embrace who you are with a focus on the strengths of your personality type.

Anne Bassen's **Contact Improv** presentation will use nurturing play to encourage self expression and connection with others.

The Poem that Heals, Harriet Geller looks forward to exploring a deep part of herself in a poem and hopes you too will reveal your healing connections in this writing workshop.

Dianne Arman's **Art Expression** will foster creativity and bring unconscious forms and colors to the surface to help connect more fully with self and others.

Laurie Schwartz and Stuart Friedman synthesize The Hakomi Method with Somatic Experiencing and Biodynamic Cranial Sacral Therapy to promote **Deep Healing and Connection to SELF** in Community.

46th Annual Summer Convention, Retreat, and Training

Monday through Sunday

August 13-19, 2018 • Lewes, DE

Registration Early-Bird Member Rates

- Add \$10/day if paid after July 31st
- Non-members add \$15/day
- Single rooms add \$50/day (limited availability)

DOUBLE ROOM • PRIVATE BATH		
Annual Income	Daily Rate	Six-Day Reduced Rate
UP TO \$15,000	\$75	\$395
\$15 - \$50,000	\$100	\$555
\$50 - \$100,000	\$135	\$740
ABOVE \$100,000	\$160	\$890

NAME OF REGISTRANT

ADDRESS

CITY, STATE/PROV.

ZIP/POSTAL CODE

COUNTRY

E-MAIL

PHONE

HOW DID YOU HEAR OF THE IPA?

DAYS ATTENDING: MON/13 TUE/14 WED/15 THUR/16 FRI/17 SAT/18 SUN/19

FIRST MEAL ON ARRIVAL DAY: B L D LAST MEAL ON DEPARTURE DAY: B L D

SPECIAL FOOD NEEDS

I AM SHARING A DOUBLE ROOM WITH

I AM SHARING A TRIPLE ROOM WITH

I AM REGISTERING FOR _____ OVERNIGHTS \$ _____

PLEASE ALSO REGISTER

_____ \$ _____

_____ \$ _____

OPTIONAL TAX-DEDUCTIBLE DONATION TO THE IPA \$ _____

TOTAL (US FUNDS ONLY) \$ _____

PAY VIA PayPal: www.primals.org/pay.html

PAY VIA Credit Card: VISA MASTERCARD DISCOVER

CARD #

EXP DATE

SEC. CODE

PAY BY CHECK (IN US FUNDS) payable to IPA, AND MAIL TO:

Warren Davis, 5539 Columbia Pike #816, Arlington, VA 22204

FOR MORE INFORMATION: 877-PRIMALS