

SPECIAL EVENTS Everyone wins in these fun events!
Fundraiser Raffle and Auction: bring items you want to donate to raise money for the IPA

Cabaret! Talent show Friday evening; now's your chance to make a you-know-what of yourself. Don't let it pass you by!

Dance Party Saturday evening; shake it up and out!

Medicine Wheel, Sweat Lodge and Fire Circle options

Nothing's written in stone Because we're printing this brochure early, **Primal Paths Beyond Talk Therapy** will undoubtedly add new programs not appearing here. To **be** one of those programs, contact:

Denise Kline, Convention Chair
301 S. Mont Valla Ave.
Hagerstown, MD 21740.
301-791-9237.
MessageArts@aol.com



International Primal Assn.
77 East 12th Street, #14H
New York, NY 10003



Feel Different



PRIMAL
PATHS
BEYOND
TALK
THERAPY

Monday, August 4
through Sunday August 10, 2008

International Primal Association
Sevenoaks Pathworks Center
Madison, Virginia



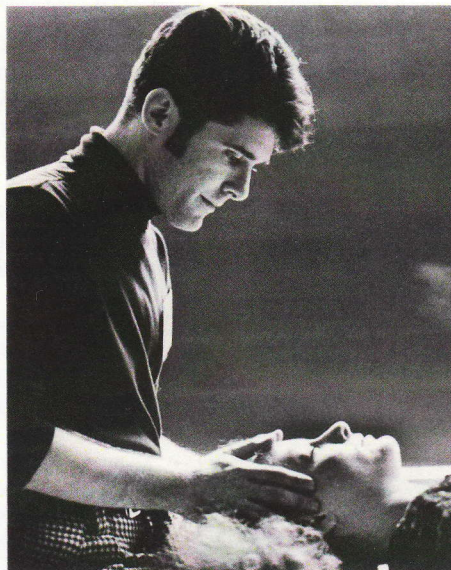
Workshops in:

Emotional Release
Primal integration
Bonding Psychotherapy
Core Energetics
Safe Conflict Resolution
Grief and "Saying Goodbye"
Post-Traumatic Stress
The Secret and Primal
Therapist Discussion Groups
Nonviolent Communications
Trager "Mentastics"

*Supporting Growth and Healing
Through Deep Feeling Process*

You are invited to
Primal... Paths Beyond Talk Therapy.
The practices of many therapists, primal educators and peer primalers who make up the 2008 International Primal Association Convention constitute these paths. You and these divergent modalities will, in the words of a Doug Cotler song, "blossom round the table like petals on a flower." Like the Impressionist salons of Europe, each creates a different picture with common themes and unique styles. Join us to learn new techniques and to experience...

Denise Kline, J.D., Ph.B.
2008 Convention Chair



"Freeing Your Voice and Opening the Heart" will be the Keynote Address by Roger Tolle on Tuesday afternoon, August 5. This will include brief hands-on exercises and some introduction to the flowing world of Trager movement. Saturday, Roger will present a workshop featuring "Mentastics" experiences toward **"Living Your Fullness."**

Roger Tolle has been teaching the Trager® Approach internationally since 1987. For many years he had a private practice in New York City. When not on the road teaching, he maintains a part-time practice in Charlottesville, Virginia. He has a B.A. in Theatre/Movement and brings to his teaching and practice a fluidity, playfulness and elegance from 15 years of professional dancing, as well as authenticity, clarity and simplicity from Mentastics movement meditations.

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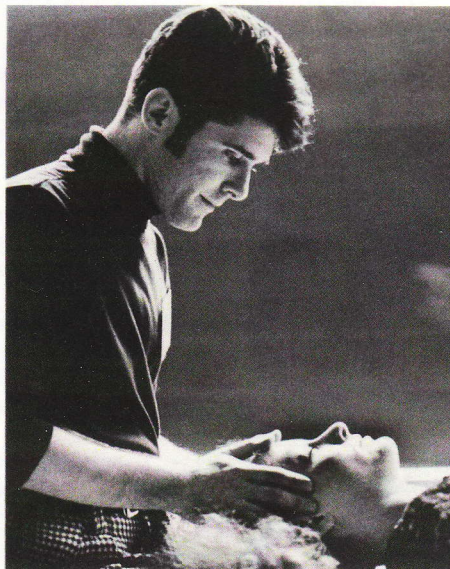


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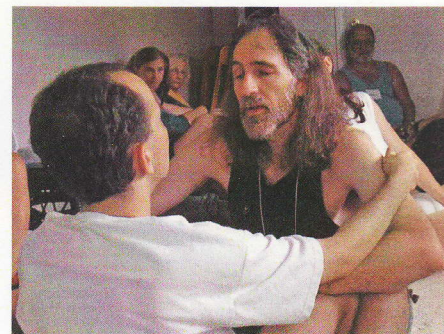


"Do We Ever Outgrow the Need for Supervision?"

Julia Mitchell and Clare Gill will present a workshop
 on supervisory practice, addressing issues such as
 client/therapist relationship, transference,
 boundaries, and differences between consultation
 and supervision. Their format will be teaching,
 discussion and group participation. Julia and Clare
 both practice as primal facilitators and supervisors in
 Ireland. This is their first visit to an IPA convention.



Leaders of the IPA,
 HAI (Human Awareness Institute)
 and the American Society for Bonding
 Psychotherapy (ASBP), formerly
 New Identity Process



WORKSHOPS

A Good Goodbye, Mary Dell A primal therapist with an MA in Marriage, Family, and Child Therapy, Mary co-authored *Goodbye Mother, Hello Woman: Reweaving the Daughter Mother Relationship* in 1996, and is now finishing a book on dying. This is an experiential workshop to help clear the way towards a conscious goodbye to meaningful others and to your self.

Subpersonalities, Esta Powell "Who are the people inside of you?" asks Esta. Her workshop will explore our 'internal theater' and how to bring peace among the subpersonalities in it. Esta has practiced primal, psychodrama and other therapies for nearly 20 years in Europe and the U.S.

Beyond "The Secret", Mary Spiritt Taylor, CSW was trained by and worked for psychiatrist Daniel Casriel. She has 30 years experience working with clients individually and in groups using primal-type methods. She will address working with underlying issues that could sabotage "The Secret" method.

Core Energetics: Beyond Talk Therapy to Heart Centered Living, Kathleen Scheg, JD, LCPC Certified in Core Energetics therapy, Kathleen will show how its body-centered "evolutionary process" develops and integrates body, mind, spirit, will and emotions.

Resolving Conflict without Having to Process, Chris Wright, MA, LMFT Learn new tools for resolving conflict and tensions together safely.

Multimodal Peer Group Training, Joseph Sanders, Ph.D. One of the leaders of Bill Smukler's 40-day primal intensive "Arks", Joe surveys multiple ways of relieving early life trauma and war-related post-traumatic stress.

New Theory in Bonding Psychotherapy, Virginia Hurney, Co-Vice-President of the American Society for Bonding Psychotherapy (ASBP) and Gestalt group leader since 1997, will present the latest work of German psychotherapist Konrad Strausse from a 2008 training in Spain.

Nutritional Psychology, Lee Aikin, a certified group leader in psychiatrist Dan Casriel's New Identity Process (NIP) and a holistic health educator for over 30 years, will cover health-enhancing stress reduction via nutrition, megavitamin therapy and emotional release—crying, etc.

Healing Through Nonviolent Communication, Robert Wentworth will show how such NVC-based emotional healing processes as using the "living energy of needs" boosts the power of primaling and leads to greater freedom and joy.

Open Therapist Discussion Group, Barbara Bryan Director of the Primal Integration Center of Michigan, will lead discussion on such issues as client boundaries and therapeutic presence. Barb will also lead the **May's Landing Pool Party** at Sevenoaks' pond including a perinatal experience with music.

Human Awareness Institute (HAI) Workshop, Ben Farris follows up last year's popular presentation with an expanded program of intimacy exercises including a clothing optional workshop Thursday or Friday.

Past Lives as a Primal Path to the Present, Dianea Kohl A nurse turned psychotherapist 21 years ago, Dianea will share how regressions to past lives heal present feelings and give meaning to present life. Dianea's five books include *Tears Are Trust... Waiting to Be Spoken* (2007).

Body Awareness, Extending and Receiving from Others, Michael Hurney, LCSW-C and musician offers this experiential workshop, and a sing-along!

Contact Improv, Gene Long, Virginia-based community living advocate, will lead us in contact-based free movement to music. He'll also DJ Saturday's dance.

Primal Therapy in the Spiritual Teachings of Thomas Merton, Alice Rose, Ph.D. Author, seminary student, and primal therapist in Atlanta, Alice finds primal parallels in this influential 20th-century American writer and mystic.

Feelings Catharsis, Sandy Weymouth A "buddy" for all occasions, Sandy welcomes participants into the maximally intense physical catharsis of feelings



2007 Convention photos:
J.J. Jackson
Brochure design:
Sandy Weymouth

Daily Activities:

Movement & Yoga, Dianea Kohl, Coordinator

Women's Group and Men's Groups Morning, cover anything Mat Track Morning: pair up, alone, whatever, serious primal Jungian Sandplay, Marie Regis Little figures in little sand boxes, discover your story

Massage & Mind-Bodywork, Walter Loeb, Anne DeNada, others

Community Meeting Evening, everybody has a voice!

Peer Groups Same small groups every evening, cover everything!

WHERE TO GO

Sevenoaks Pathwork Center

403 Pathwork Way

Madison, VA 22727

540-948-6544

sevenoaks@sevenoakspathwork.org

I-66 out of DC to Exit 43A, 50 plus miles south on 29, right on Seville Road, route 621, less than a mile, Sevenoaks on left.

For DC: Dulles or Reagan National airports, buses and trains, contact Leonard Rosenbaum, 202-393-2885, leonardleonard1@earthlink.net

Or stop at Sandy Weymouth's newly expanded place in northeastern Maryland, just off I-95 before and after Convention (or any time). Easy run to both Philadelphia and Baltimore-Washington (BWI airports). About three hours from Sevenoaks. All go together!

Sandy Weymouth

The Woods Place

55 Patrick Ward Drive

Rising Sun, MD 21911-2616

410-287-3103

cell: 302-530-1535

sandyw@iximd.com



More on rates (see below left)

Special one day, no overnight: \$75.00

Distance discount, overseas and over 1000 miles deduct 10%

Tenters/RV deduct \$10/day; offsite deduct \$20/day

All fees payable in full upon registration. US funds only

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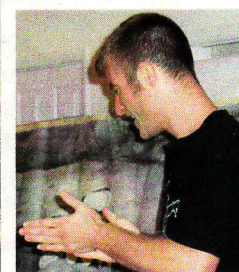
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More on rates (see below left)

Special one day, no overnight: \$75.00
Distance discount, overseas and over 1000 miles deduct 10%
Tenters/RV deduct \$10/day; offsite deduct \$20/day
All fees payable in full upon registration, US funds only
Refunds, minus \$50.00 cancellation fee, with written request by July 3

2008 IPA Summer Convention rates

Super Special for all six days if full payment received by June 1, 2008: **\$610.00.**

Number of days	Early Bird, if paid in full by July 3, 2008	Payment after July 3, 2008
6	\$630.00	\$690.00
5	540.00	590.00
4	450.00	490.00
3	350.00	380.00
2	240.00	260.00
1	120.00	130.00

Above prices are for dormitory accommodations.
Semi-private room, please add \$25 per day.
Non-members of the IPA, please add \$10 per day.
See www.primals.org for membership info.
One day runs from dinner through the following afternoon.
Daily fee includes meals, lodging, all workshops and activities. Bedding provided. **Please bring towels for outdoor use.** More on rates above registration form.

Registration

Name _____

Street address _____ Emergency contact phone _____

State/Province _____ Postal code (ZIP) _____ Country _____

Where did you learn about the IPA?
Circle days attending: M/T T/W W/Th Th/F F/S S/Su
Circle arrival day first meal: breakfast lunch dinner
Circle departure day last meal: breakfast lunch dinner
Discounts, circle if applicable: offsite distance tent/RV

Special food needs (allergies, vegetarian, etc.) _____

Semi/private, sharing with _____

Register me for _____ days \$ _____

Optional donations
IPA Scholarship Fund \$ _____

IPA Development Fund \$ _____

Total \$ _____

Please send this form and check or money order made out to the IPA to:

International Primal Association
811 Whann Avenue
McLean, VA 22101
USA
703-734-1405
wmwhitesell@gmail.com

Credit cards
Circle one: Visa MC
Card #: _____

Exp date: _____ 3-digit sec code _____

Mail to above address or call phone number