

REGISTRATION FORM

DAYS	REGULAR	EARLY*
6	\$696	\$642
5	\$660	\$605
4	\$528	\$484
3	\$396	\$363
2	\$264	\$242
1	\$132	\$121

Listed prices are for members. **Non-members add \$30 to listed price.** Listed prices are for shared accommodations. For private accommodation, add \$25/night to listed price. Fee includes food, lodging, workshops, activities, and use of Wisdom House facilities. Bedding and towels provided. **1-Day Special:** one day, no overnight for \$75. **Distance Discount:** US residents more than 1000 miles from

the convention, and registrants outside the continental US deduct 15%. **Children:** Call for fees and childcare info. **Off-site lodging:** deduct \$20/day/person. **CEUs:** Call for more information. **Payment:** Send no deposits. All fees payable in full upon registration, US funds only. Refunds made minus cancellation fee with written request before August 1, 2005.

Name _____

Address _____ P.O. Box. _____

City _____ State/Prov. _____

Country _____ Zip/P. Code _____

Tel _____ Email _____

Member Non-member Is this a change of address? _____

Where did you learn about the IPA? _____

Circle days attending: Mon Tue Wed Thurs Fri Sat Sun

Circle arrival day 1st meal B L D Departure day last meal B L D

Check discounts Off-Site 15% Distance

Register me (us) for _____ day(s). The fee is \$ _____

2nd person, name _____ if child, age ____ \$ _____

3rd person, name _____ if child, age ____ \$ _____

Donation (optional) to IPA Development Fund \$ _____

Donation (optional) to IPA Scholarship Fund \$ _____

TOTAL (US funds only) \$ _____

Credit Card Type (Amex not accepted) _____

Card # _____ V-code _____ Exp. _____

Send Form: with credit card information or check (payable to IPA) to: IPA, 213 Kent St. #3R, Brooklyn, NY 11222 USA. For more information on payment call 718-609-1941 or email treasurer@primals.org

For general information on the convention:

Email: convention@primals.org

Web: www.primals.org

HOLDING integrating

keeping the primal process
within the healing window



33rd Annual Convention

August 22 to August 28, 2005

**Wisdom House Retreat Center
Litchfield, Connecticut, USA**

I N T E R N A T I O N A L

P R I M A L

A S S O C I A T I O N

Supporting Growth and Healing
Through Deep Feeling Process

WELCOME!

Our 2005 summer convention invites you to explore the challenge and value of safe containment during the natural healing process that is Primal Integration. This year's workshop presenters and attendees will exchange ideas about the things that need to be attended to whenever someone is engaging in deep feeling work. What are the signs of potential overload? How do we recognize dissociation? Is the primal process safe for everyone? How does cutting edge research inform regressive therapies?

The program will, of course, include various workshops and events that offer ample opportunity to reconnect with one another, have fun, and demonstrate our creativity, skills, and talents.

Please join us for a week of safe community where we encourage the healing expression of every aspects of ourselves.

Patricia-Anik Poulin and Jim Pullaro

IPA Convention 2005 Co-Chairs

WHO WE ARE

The International Primal Association, founded in 1973, is an organization and community of professionals and lay persons dedicated to the experience, exploration, education, research and promotion of deep feeling therapies, personal expression and growth.

IPA business is conducted by an elected Board of Directors as well as the welcome input and involvement of all members. We are a fully volunteer, community-driven organization.

WISDOM HOUSE RETREAT & CONFERENCE CENTRE

Situated in the beautiful Northwestern Hills of Connecticut, Wisdom House is a world-renown retreat and conference center for education, healing, spiritual growth and creative self-exploration.

The center has a variety of rooms equipped for workshops of all kinds—dance, drama, art, music, discussion, and emotional expression. Enjoy swimming, walking though the 7-circuit labyrinth, and exploring the outdoor sanctuary.

Semi-private and private accommodations are available. Excellent farm-fresh meals provide generous servings with vegetarian and vegan options.

For more about Wisdom House, visit www.wisdomhouse.org



KEYNOTE

**Dissociation and
Regressive Therapies**

Michael Irving, Ph.D.

Michael Irving is a sculptor, adult educator and long-time psychotherapist. He has been working in the area of recovery and healing from childhood abuse for decades. He is the artistic director of the Child Abuse Survivor Monument and has served as a spokesperson for local and national child abuse awareness campaigns (see www.irvingstudios.com).

Dr Irving's presentation will explore how the dissociative states present unique benefits and challenges within abreactive and regressive based therapies.



Some of the greatest challenges to Primal Therapies have been individuals who were deeply committed to healing and lived through years of severe and ongoing trauma. In an upbringing of extreme and repeated abuse a child may employ the coping response of dissociation. This splitting up and compartmentalizing of the traumatic environment and its psychological impacts can provide some immediate and long-term efficiency in managing overwhelming and at times irreconcilable realities. A model of therapy based on processing repressed trauma must consider a range of phenomenon associated with dissociation often present in survivors of severe and ongoing abuse.

Healing the extensive damage to the severe abuse survivor forces therapists to hone further their therapeutic skills, and to be more flexible and inclusive with drawing on other therapeutic theories and modalities. In employing an abreactive approach to address a history of profound and repeated traumas the therapist and client, as a team, must consider therapeutic abreaction in context with managed containment, healing and integration.

Holding and Integrating - Panel Presentation

As a follow-up to the keynote, practitioners and seasoned primallers will gather to share their knowledge and experience of safe primal process. An opportunity to engaged in meaningful discussion not to be missed!

DAILY ACTIVITIES

Movement & Yoga. Wake up to early morning Yoga, stretching, and T'ai Chi.

Massage & Mind-Bodywork. Mind-Bodywork includes Swedish massage, CranioSacral therapy, Shiatsu, Thai massage and Oriental restoration therapies offered by an on-site team coordinated by Denise Kline.

Women's & Men's Groups. Gather with others of your sex to share thoughts, feelings, contact, and ceremony.

Mat Track. Express your deep feelings in a safe, supportive, daily primal group led by experienced facilitators.

Community Meeting. The entire community meets daily to greet newcomers, and discuss convention news. On Friday, an extended meeting will be held so that members can share feedback and contribute to the IPA vision.

Peer Groups. Share the events and feelings of your day within a small group setting.

Jungian Sandplay Room. This extraordinary environment for self-discovery is yours to explore round-the-clock. Create a scene from your unconscious with items from the late, great Bill Smukler's immense sandplay collection.

Games. Games to challenge your intellect will be available throughout the week in the Dining Room.

GETTING THERE

From Albany (75 miles): Rt 90E/Mass Pike to exit 2, Lee, MA; Rt 20E to Rt 8S. Rt 8 becomes a highway in Winsted, take it to exit 42, right on Rt 118, 2 miles to Clark Road on left, 1/10 of a mile to guest parking.

From Boston (130 miles): Rt I-90W/Mass Pike to Sturbridge; I-84W to exit 39, just after 39A, Farmington; Rt 4W to Harwinton, Rt 118W, 4.5 miles to Clark Road on left. 1/10 of a mile to guest parking.

From New York City (100 miles): I-684N to exit 9/Rt 84E to exit 20 (left hand exit). Rt 8N to exit 42, left on Rt 118W, 2 miles to Clark Road on left, 1/10 of a mile to guest parking.

From Hartford (30 miles): I-84W to exit 39, just after 39A, Farmington; Rt 4W to Harwinton, Rt 118W, 4.5 miles to Clark Road on left. 1/10 of a mile to guest parking.

Web Map: www.wisdomhouse.org/dir.asp

Transportation Arrangements: Contact Leonard Rosenbaum (1-800-Leonard or 202-393-2885; leonardleonard1@earthlink.net) For pick-up, let us know your estimated time of arrival before Aug. 10.

DESIGN & ART PRODUCTION BY SAM TURTON. COVER ILLUSTRATION/LOGO BY KARUNA O'DONNELL. PHOTOGRAPHY BY SHELLY BEACH, ALEX TADESKUNG, TERRY LARIMORE AS INDICATED. WISDOM HOUSE PHOTOGRAPHY BY JO-ANN IANNOTT, OP.

WORKSHOPS

Photo by Alex Tadeskang



Program is subject to change without notice. All IPA workshops and events are educational and are not a practice of therapy.

MONDAY

Arrival 4:00 p.m.

Dinner and Opening Circle.

TUESDAY

What Is Primal? Larry King, an IPA Elder from NYC, gives an introduction to the theory and practice of primal psychotherapy.

Introduction to Jungian Sandplay. Marie Regis, a mentor in Sandplay therapy with the late Bill Smukler on three Arks, will guide you into the profound and limitless world of sandplay.

The Status of Primal/Regressive Therapies in Germany. A discussion will follow on possible GIPT/IPA collaboration efforts. Reinhold Rausch is an international member from Germany.

Healing from Psychiatric Abuse. Healing from or assisting others who have had traumatic encounters with psychiatry can be challenging and rewarding. Come discuss common psychiatric experiences, process difficulties (self-harm, rage, and suicidality), and resourcing. Patricia-Anik Poulin.

WEDNESDAY

Child Support. As a follow-up to Al Pessa's presentation in 2004, Harriet Geller will reprise her experiential workshop synthesizing Psychomotor and Primal.

Mindfulness, Shock, and Trauma. Our ability to be consciously aware of our experience distinguishes us from animals. We will experimentally explore and investigate the differences between trauma vortexes and trauma barriers. Mickey Judkovics.



Photo by Shelly Beach



Primal Pool. Join Barbara Bryan, M.A., in the pool for exercises developed by Bill Swartley to explore prenatal and other provocative personal/transpersonal experiences.

Can Primal Therapy be Joined to Post Modern Approaches?

An exploration of the ideas of Harlene Anderson and the late Harry Goolishian, with an eye to exploring how the key valuable contributions of post-modernity might be fruitfully combined with Primal Therapy. Colin Strang is a member from Australia.

THURSDAY

Keynote Presentation. Michael Irving, Ph.D. See brochure front.

Buddying. Effective buddying and overcoming problems—sometimes problems you don't even know about. Larry King started primal buddying in 1950 under the direction of L. Ron Hubbard.

Primal Integration Training. Barbara Bryan, M.A., and Sam Turton discuss their seven-day training program for those who wish to develop facilitation skills for primal-style or deep-feeling work.

IPA Annual General Meeting.



FRIDAY

Therapist Peer Group. Barbara Bryan, M.A. and Sam Turton host a workshop for therapists and facilitators to openly discuss any personal issues and challenges about primal practice.

How Current Research Informs Trauma Based Therapies.

Jim Pullaro, Ph.D. will present some of his doctoral research, with a discussion of how this information may inform trauma based facilitation.

Panel On Safety in the Primal Process. This will be a roundtable discussion about different views around ensuring safe and healing facilitation. Experiential demonstrations are welcome.

Feeling Your Parent's Pain and Shame. Bonding psychotherapy will be used to emotionally release our parent's pain, particularly shame, absorbed during our formative years. Neurobiological theory will be discussed. With Lynn Turner, Ph.D.

Childhood Survivor Monument Presentation. Michael Irving, Ph.D., Keynote Speaker. See brochure front.

IPA Cabaret. Get on stage and express yourself with song, a poem, a skit, improv, or humor. You'll have the most supportive audience around!

SATURDAY

Heart Math: The Heart/Brain Connection.

Lynn Turner, Ph.D., gives a cognitive rendering of the strong connection between the heart and emotional brain using recent groundbreaking research from the Heartmath Institute.

The Healing Zone of Primal Theater.

Based on Alec Rubin's work in improvisational theater, we will bring techniques of primal process into partnering structures. Target, project, or share your truth with your partner while they do the same and watch theater develop before your eyes. Jean Rashkind

The Organism as Patient and Therapist. Some discussion about theory and techniques will be followed by demonstrations with volunteers showing how a person open to his/her bodymind connection can act as therapist as well as patient during a session. It's the wisdom of the bodymind in action. Primals may also happen using this method in Organic Process Psychotherapy. Daniel Miller, Ph.D.

IPA Dance Party. Another chance to enjoy and express yourself in a fun-filled evening of music and dance.

SUNDAY

Closing Circle

Departure 1:00

feel.

Photo by Terry Larimore

