INTERNATIONAL PRIMAL ASSOCIATION, INC.

1280 Eastland Road, S.E. Atlanta, Ga. 30316 Phone: (404) 622-1691

OFFICERS

Ninalee May President Bert Ewald 1st Vice President Armand Di Mele 2nd Vice President Thomas C. Rose Secretary/Treasurer

NEWSLETTER

October, 1975

EXECUTIVE BOARD

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Dear Member:

A LETTER FROM THE PRESIDENT

I had not considered running for President of the IPA before I got to Estes Park. I'm not feeling especially "official", and probably never will, so this is a personal statement. I'm happy that you elected me. I feel so good knowing so many people I care for and respect trusted me enough to vote for me. Thank you.

Our Congress in Estes Park was a good one. The presentations on therapy and centers were the kind of sharing we need to expand ourselves as professionals. But the part of the Congress that makes me feel the best is the growing interest in primal living. We had presentations on primal babies, primal parents, and primal marriage. I hope our sharing in this area will grow. I need to learn what others are doing with the therapy itself, but, even more, I need to feel and talk and feel some more about living in the world as a primal persen.

Not everyone at Estes Park found the kind of space he or she needed to move in and grow, but we hope to have more time for more ways of being next year.

Please send your feelings, needs, suggestions to Tom Rose, 1280 Eastland Road, S.E., Atlanta, Ga. 30316

We need to start working now to make the next Congress what we want it to be.

If you have any comments or questions about anything else, please write me or Tom Rose. If someone else can give you a better response, we will pass your letter on to them too. We all need each other. That's what made us start the IPA in the first place.

Love, Ninalee May

ITEMS OF INTEREST

 The Board Meeting of the IPA will be held Saturday, November 8th, at 10:00 am at the Primary Process Center:-

186 W. 4th Street
Room 603
New York, NY 10014
(212) 989-2302

All members are invited.

- 2. We became an Incorporated Association on the 25th of September, 1975.
- The following are changes you should make to your membership list:-

New Members

John S. Kabli Black Hawk Apts. Box E3 Downingtown, PA 19335 (215) 269-8448

Kenneth C. Richey Rogers Route Int'l Falls, MN 56649 (218) 283-4082

Changes of address

James D. Stephenson 1324 Grand Street, N.E. Apt. #4 Minneapolis, MN 55413

Juanita M. Tucker
Denver Feeling Center
1035 Lafayette Street
Denver, CO 80218

Joanna Stack 54 East 11th Street New York, NY 10003 Sam Purviance
Personal Awareness Ed. Center
240 Grand Avenue
St. Paul, MN 55102

Cathy Rives
Personal Awareness Ed. Center
240 Grand Avenue
St. Paul, MN 55102
(612) 225-0443

Peter V. Walter Group Process Center for Emotive Psychotherapy, Inc. 97 Ely Street Binghamton, NY 13904

Jeremy Robinson, M.S.W. New York Referral Service for Intensive Therapy 275 Central Park West New York, NY 10024 (212) 362-0574

Please also add to your membership roster the phone number for Anne Hutchinson, Eric Margenau, and Ninalee May, in New York City - (212) 989-2302

We seem to have mislaid the following members, anyone having any information as to their present address, please advise.

Jacqui Leichter Jack N. Pearce Bruce Merrill

 The following is an excerpt from a communication received from friends in Israel.

Israel & Primal

Prospective Primalees and Israel:
We have had some unfortunate experiences in recent
months with primalees who interrupted their therapy
in the United States and came to Israel with unreal
hopes. THE ISRAELI ATMOSPHERE IS NOT CONDUCIVE TO
PRIMALLING. The kibbutz is not the warm, supportive
community of your dreams; Israel is not the loving
parent you have never had. Our skills and facilities
at Tivyon are limited and we cannot work with the
defenses you will put up as you become submerged in
cultural shock, separation anxieties and the very
real struggle for survival. (Nor are there currently
any other primal, Reichian or neo-Reichian therapists
in Israel).

If you've completed your primal therapy and would like to live in Israel despite all the problems, welcome! We offer you our support and physical facilities and invite you to share your energies with ours. (You're also welcome to join us if you're here on a brief vacation during your therapy).

What it's like:

The very real threat to existence is a more powerful and pervasive influence than apparent on the surface. It leads to very pronounced defenses, suspicion and flight from feeling. Few native Israelis are willing to risk getting in touch with their primal feelings and very few stay long in the group. Most of our primalees have been recent arrivals from Englishspeaking countries; their presence is almost a <u>sine</u> <u>qua non</u> for sabras to learn to primal. "Unfortunately" for us, in the course of their primalling they learn to give up false expectations and false ideals and get in touch with their true here-and-now needs; they discover that their real needs can best be met away from Israel and the resolution of some of their childhood conflicts makes possible their return "home". Our most strongly motivated primalees have left us and are now primalling in Boston, Toronto, New Orleans and California. Two of the three Israeli participants in

a professional primal training workshop in May's Landing in 1973 decided then and there that their real needs could best be met by leaving Israel it's tough being the lone survivor.

We invite:

Experienced primal therapists (also neo-Reichians bioenergetics analysts, etc.) to conduct workshops here. Our fees are very low and we can't pay visiting leaders much, but they will find much personal satisfaction in working here. Come to talk to groups of laymen or of professionals, conduct a weekend workshop, or a longer training group for professionals, or conduct some individual primal sessions or intensives. If you're really gutsy and well qualified you might even think of setting up a primal practice here; we'll give you all the help we can.

(Mark and Alice Sharron gave a primal demonstration in 1973 that set the ball rolling; Bill Swartley and Barbara Markovits conducted a weekend workshop here in 1974; Nadine Scott conducted a series of training and growth workshops in bio-energetics in 1971 and subsequent bio-energetics leaders from abroad have included Moshe Blatt and Miriam and Richard Dror. Mona-Lisa Boyesen conducted some workshops for an independent group in Jerusalem some months ago; due to faulty communications, we were not aware of each other until too late).

Some of our needs: We welcome donations of books, papers, manuscripts, journals (and subscriptions to journals) tapes and moview on primal therapy, bio-energetics, and all related topics.

We are seeking patrons to help subsidize the expenses of bringing selected trainers to Israel. (Pledges of \$100 and up; we'll call on you as the occasion presents itself).

We are looking for leads to brief, clear articles on primal therapy, suitable respectively for

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psychiatrists and psychologists who have never heard of the subject, prospective primalees who have shown some interest, the general press to encourage them to write about primal therapy in general and facilities available in Israel.

We welcome your contacts from out there. It may not do much for our primal alone-ness but it feels nice in the here and now. (if you don't get a response from us right away, please bear with us and our pressures).

Shalom, with feelings

Michael Bernet Tivyon Growth Centre P.O. Box 808 Kfar Shmaryahu, Israel

o donations of books, papers, namuscripts, (and subscriptions to journals) tapes and grimal therapy, blo-energetics, and all

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