

# INTERNATIONAL PRIMAL ASSOCIATION, INC.

1280 Eastland Road, S.E.

Atlanta, Ga. 30316

Phone: (404) 622-1691

## NEWSLETTER

(February, 1976)

- Schedule of Meetings, February 27th thru 29th, 1976, at 202 Rawson Road, Brookline, Mass. (See directions November and January Newsletter).
  - 8 p.m. Friday, February 27th. - IPA Workshop presented by Elliot Gabriel, 'Moving Through the Impasse'. \$15.
  - 11 a.m. Saturday, February 28th. Ethics Committee Meeting
  - 3 p.m. Saturday, February 28th - Convention Committee Meeting.
  - 10 a.m. Sunday, February 29th - Meeting of the Board of Directors. All members welcome.
- Update on previously published list of Contributors to the IPA Petitioners Fund.

|   |          |
|---|----------|
| OLDENBURGER, Thomas                         | \$ 40.00 |
| ASHBACH, Charles                            | \$ 50.00 |
| ELITZER, Dr. Baruch                         | \$ 10.00 |
| HECK, Jane                                  | \$ 25.00 |
| BRODER, Michael                             | \$ 25.00 |
| KASSAN, Dr. Martin                          | \$ 25.00 |
| RISTAD, Harley                              | \$ 5.00  |
| N.Y. COMMUNITY FOR INTENSIVE THERAPY        | \$ 50.00 |
| PERSONAL AWARENESS EDUCATION CENTER, Boston | \$ 30.00 |
| MEDVIN, Dr. Michael                         | \$ 15.00 |
| GILBERT, G.B. Jr.                           | \$ 5.00  |
| RICHEY, Kenneth                             | \$ 10.00 |
| STONE, Barry                                | \$ 10.00 |
| SMUKLER, Wm.                                | \$ 10.00 |
| WALDMAN, Alice                              | \$ 25.00 |
| PRIMARY PROCESS CENTER, New York            | \$ 50.00 |
| WEINER, Herman & Marcia                     | \$ 50.00 |
| WOODBURN, Helen & Lou                       | \$ 50.00 |
| RUBIN, Alec                                 | \$ 25.00 |
| QUANCE, Donna                               | \$ 10.00 |

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\$520.00

3. Please note the membership in the IPA of the following new members:-

Ouida Crozier, B.A., M.Ed.  
1801½ York Drive  
Columbia, S.C. 29204  
(803) 782-0659

Harriet Friedman  
Universal Workshops Ltd.  
26-15, 212 Street  
Bayside, NY 11360  
(212) 423-5620

Judy Laird  
2048 Kingsbury Drive  
Montgomery, ALA 36106  
(205) 277-0603

Berlene Rice  
P.O. Box 188  
Ramona, CA

Earl E. Sprung  
4956 Skyline  
Shawnee Mission, KANS 66205  
( ) 831-5628

Jack & Julie Cowan  
South Road  
Holmes, NY 12531  
(914) 878-6058

Joyce Du Brin  
247 Park Avenue  
Rochester, NY 14607  
(716) 244-0613

4. Please also note the following members' changes of address.

Janna Z. Rosen (Liebl)  
#202-100 Wellesley St. E.  
Toronto, Ontario  
Canada M4Y 1M5  
( ) 929-5474

Thomas Penrose  
65 Wethersfield Avenue  
Hartford, CONN 06114

Harold Geddes, M.S.  
67 Thatcher Street  
Brookline, Mass. 02146

5. As you can see, our Newsletter announcements have been successful in locating Harold Geddes but we are still out of touch with the following members:-

Alex Lessin, Hawaii  
Anne P. Dennis, Nevada  
Myron & Sarina Jeffries, St. Paul, MN  
Bruce Merrill, Minneapolis, MN  
James A. Bauman, Park Ridge, ILL  
Donald J. Gerstenschlager, Englewood & Denver, CO  
Edward R. Horodko, Inverness, CA  
Chris Horton, Orange, MA  
Richard Clifford, Berkeley, CA  
Patty Layman, St. Paul, MN  
~~Jean Fiore Smith, Harrington Park, NJ~~ FOUND  
Ed. Graham, Life Energy Center, New Orleans, LA

Any news on the whereabouts of the above would be appreciated.

6. In our January Newsletter we published what information we had on Dr. Stanislav Grof's schedule of presentations on his trip East this spring. We have now received the following from Tom Penrose.

'I am coordinating the lecture/workshop tour for Dr. Grof for this Spring. He will be in the Northeast March 1 thru March 24, and then again April 1 thru 20. Numerous programs are not open to the public. Following is a list of those open to the general public and confirmed as of now:-

- |           |   |  |
|-----------|---|--|
| March 1   | - | New York Community for Intensive Therapy, N.Y.C.             |
| 3         | - | Wainwright House, Rye, New York.                             |
| 4         | - | Amidst the Paradox, New London, Conn.                        |
| 5-6       | - | Conn. Center for Continuing Education, Fairfield, Conn.      |
| 7         | - | Associates for Human Resources, Concord, Mass.               |
| 13-14     | - | Quest Center, Washington, D.C.                               |
| 18        | - | HRCC, New Britain, Conn.                                     |
| 19        | - | New England Center, Amherst, Mass.                           |
| April 2-4 | - | Center for the Whole Person, Toronto                         |
| 9-11      | - | Open Eye, N.Y.C.   |
| 15-16     | - | Association for Research & Enlightenment, Virginia Beach, VA |
| 17-18     | - | Bent Mountain Center for Intensive Therapy Copper Hill, VA   |

For further information call Tom Penrose at (203) 246-9338 or write him at 65 Wethersfield Avenue, Hartford, Conn. 06114.

If your Center, Group or circle of friends wishes to sponsor a program, please contact me immediately. Numerous weekdays are open. (Tom Penrose)

7. Bert (formerly Ewald) has legally changed his name back to the one he was born with.  
Congratulations Bert JUNGSMANN!
8. Those of you interested in joining an IPA sponsored Group Insurance Plan, please send the following information to our secretary, Ms. Margaret Gott, 2046 Cherrybrook Drive, Decatur, Ga. 30032.

Age, Sex, Dependent Status, Annual Income.

9. CALL FOR PROPOSALS - If you wish to present at the 1976 Convention, please send your proposals by March 16, 1976. The feedback after the first three IPA Conventions suggested a need for greater contact among members. We are, therefore, asking people to personalize their presentations and leave time for audience interaction with the presenter. We are interested in raps, panels, and experiential workshops in which the theory and practice are related to the personal experiences and growth of the presenters.

Send proposals to:- Jean Getoff  
251 W. 89th Street  
New York, NY 10024

or:- Alec Rubin  
247 W. 72nd Street  
New York, NY 10023

The theme for the Convention will be - "We are all Patients".

10. LETTER FROM THE PRESIDENT

Dear Friends:

One of the unexpected problems of being President of the IPA this year has been the letters I have received about our challenge of Arthur Janov's service mark. Some of them have been clear, straight statements (one of them was included in the January Newsletter), others have included misinformation, misinterpretation and a lot of unowned primal feelings. I have had a lot of primal feelings myself after reading them.

When I have felt these feelings and am more clear, I see a pattern emerging. The primal movement is, in its own way, a religion; a religion in the sense that it gives us a way of seeing ourselves and the world and a way of living with ourselves and living in the world, and some people see this religion as something that will "save them".

To use a Christian metaphor, we are the 'primal protestants', we do not accept the infallibility of the 'Pope' and we give each person the right to follow his own path, even though we may disagree with it. To anyone who feels there is only one true religion, we are a threat and we always will be. I am not saying we are right and they are wrong - I feel we are all right.

If more letters come I may have more feelings, but I will not be surprised any more. There will always be primal people who do not understand us and cannot accept us, but that does not diminish our right to claim what is ours.

Love,

Ninalee May  
President

11. There are still some members who have not forwarded their dues for 1976. Please do so at your earliest possible convenience.

REPORT ON THE STATE OF PRIMAL IN EUROPE-FALL 1975

WM. SWARTLEY, Ph.D.

I visited London, Paris and Rome. In each city I led a different type of primal group and gave the same lecture.

LONDON

Primal has not quite happened in London, although there is such great interest in it that it will happen soon. I have never enjoyed an audience as I did that in Friends House (I went to a Quaker college and attended a Quaker meeting for several years, so speaking in the seat of English Quakerdom was significant to me.) When the official time to stop came, Ken Holme who organized the lecture, persuaded the custodian to remain another hour. Two hours later there were still more stimulating questions than I had time to answer.

Gwen Seaborn Jones, who I did not get a chance to visit this trip, is still going strong. His work is the most primal - like in London. I heard he has a four year waiting list, is moving to larger quarters, and one of the members of my London group told me Gwen had asked him to join his staff.

Jenny James has moved to the coast of Ireland where she is doing her version of primal plus communal subsistence farming. She has rewritten the beautiful story of her therapy with David Boadella (an English Reichian) that is scheduled for publication next year. She and David wrote magnificent poetry to each other during their version of primal therapy.

David Boadella is editor of a quarterly titled Energy and Character (Abbotsbury Publications, Abbotsbury, Weymouth, Dorset, England) which ties together everything happening among the followers of Reich, Bioenergetics, and Primal Therapy in Europe and which I recommend to everyone interested in "what's new". He has published new ideas several years before they have been picked up by other journals. He is writing a new book about birth primals. He was so excited about Stan Grof's book that we gave him our copy we had brought to study on the trip.

I spent an afternoon with Ronnie Laing. If I did not have to leave to give a speech in London that night and one in Paris the next day, I might still be working on his exceedingly complicated "new birth", as he insists on calling it. Ronnie showed me the galley proof of his next book which will assure a role in the history of psychotherapy as the discoverer of the "implantation primal" (my term, not his) similar to the status of Otto Rank with the birth trauma. Reviewers' opinions will vary from concluding he has finally gone completely mad to speculating that the whole book is some type of mystic message. In any case, Ronnie had a lot of trouble attaching himself to the wall of his mother's uterus eight days after his conception. We worked for several hours on his "new birth" a term which he uses to distinguish it from a rebirth. All that was clear is that Ronnie had such a will to be born from his mother's womb that he overcame all her strong resistance to the idea.

Ronnie is also very interested in Stan Grof's work. I attempted to learn what Ronnie actually does during his version of therapy which has eluded me in his books and in Mary Barnes' version of her case history. The way we use primal techniques seems much more provocative and, at least theoretically, much more efficient. So I asked Ronnie what he does and he answered, "We all stand around the patient in a circle and then I say "Go!" Without having had a chance to observe him at work yet, it still appears his genius is to leave patients alone and to simultaneously allow himself to be as crazy as they are. In England or anywhere else, that is certainly revolutionary, but I remain convinced there is some method to my own type of primal madness which, if true, may only reveal my American education. On my next trip, I hope to watch what some of the 200 members of Laing's Philadelphia Society actually do during therapy. However, I would not be surprised if Ronnie never does the same thing twice. Having suffered through a three hour "new birth" primal with him, I still can not begin to explain him even to myself.

Mary Barnes, Laing's most famous patient, has set up her own shop somewhere near London, which I also hope to visit on my next trip.

Ken Holme, Director of the Churchill Center (22 Montague St., London West 1) wants to administer a focus of primal work in England and the training of professionals in primal techniques on the Continent. He has the facilities and experience to do it. His London building has a medium sized group room with a minimum of sound problems, plus three small rooms. He is a consulting psychologist and goes out of his way to meet everyone with a new psychotherapeutic idea who passes through London. He has been cooperating with David Boadella and is seeking a primal therapist who is interested in moving to England for at least a year. One of the problems in doing so is that you lose touch with the group with whom you are working on your own "primal shit". Ken will also consider setting up groups for short-term visitors, but follow-up to primal groups is a problem. For instance, I worked with a group who are beginning a year-long training program in Neo-Reichian therapy. Europeans have been badly burnt by "flying circus" acts from America who fly in, bust people apart, and fly out the next day. French intellectuals are especially bitter that they have been forced to learn new techniques from North America in such a crude manner.

#### PARIS

I avoided the "flying circus" problem in Paris by working with a French psychiatrist and a group of his patients in a combined weekend/5-day group. Having the professional and his wife in the same group with selected patients worked fairly well, probably better than a group of professionals with limited primal experience. The group ended on Sunday for those who had enough, but the others could continue as much as they chose for three more days. Some came back for half-day of reinforcement, others kept going for all five days because it was such a rare opportunity for them.

France is also ripe for primal. In addition to Etienne Jallenques, the psychiatrist for whom I worked who was trained by Dan Casriel in "scream therapy" (before I came they sat on chairs, shook their fists at each other, and screamed from the throat up), Claude Allaos is doing some type of primal work at the Center for Evolution (14 Rue des Sainte Peres, Paris 75007). Claude is a very easygoing person who spend some time in the encounter scene in the U.S.A. and with a primal therapist in Berkeley. He says he has enough work for two more French-speaking primal therapists who want to move to Paris because Janov's book has just been published in France and there they have nowhere to go for primal therapy.

#### ROME

The Rome center of primal activity, now called Centro Studi Umanologia, is growing, at least physically, and has plans for a 3 year professional training program. The Center is now housed in a real villa on the Lido of Rome across the street from a fast train to Rome. Mike Festa, the director who attended the Third Congress of the International Primal Association in Colorado last August, is interested in organizing workshops for anyone who is passing through Rome with something to teach his students and patients. You can live in a real villa while you stay in Rome! His address is Via LITORANEA 22, CASTEL FUSANO, LIDO DI OSTIA, Rome 00056.

#### VACATION

After the Rome group, I gave myself a 3 week "vacation". Di and I went up to Assisi, the home of my 'patron saint', St. Francis of Assisi. It is always so familiar that I believe I lived near there in another life. Then on to Florence which is always more than I can absorb. Trying to get above the cloudy weather, we went up into the Alps - first the Italian Alps, then Innsbruck and St. Moritz. After an incredibly beautiful experience traveling thru the western-most pass to Italy to which we want to return in Spring or with warmer clothes, we returned to Italy.

In a small town on Lake Como, I finally began to write - hundreds of pages. At first I did not know what I was writing. It turned into a kind of autobiography - a 'primal autobiography'. It has four distinct parts. The first summarizes 'unfinished business' from five previous incarnations. The second considers the influences in this life from birth to the founding of the Center for the Whole Person in 1962. The third traces my move from encounter to promotion of primal integration. The last part is concerned with avoiding primal trauma by changing social traditions.

Although I have not found time to write since I am back, I am sure I will make time to finish it because it feels so good. Each word I write is like another weight off my back. I feel lighter and lighter - I feel that I will finally 'disappear' if I can get all the words that are stored in my head on to the paper. Wish me success! And a good 1976 to you.

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1280 Eastland Road, SE  
Atlanta, Ga. 30316

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