

# I.P.A. NEWSLETTER

INTERNATIONAL PRIMAL ASSOCIATION, INC.

SPRING, 1981

**IPA OFFICERS:**

**President:**

Gro Bagn Robinson  
67 Riverside Drive, 7A  
New York, New York 10024  
(212) EN2-9256 - home  
(212) 787-0611 - office

**Secretary/Treasurer:**

Jean Getoff  
251 West 89th Street, 7F  
New York, New York 10024  
(212) TR4-2303

**Members of the Executive Board  
1980-1981**

Jeffrey Cohen  
Vernon Dorfman  
H. Lawrence King  
Ross Klahr  
Dan Miller  
Lois B. Muss  
Lisa Novick  
Alec Rubin  
Arthur Sichel  
Nona Lewis  
Alfred Zielke

**IPA Office**

**International Primal Association, Inc.**  
c/o Jean Getoff  
251 West 89th Street, 7F  
New York, New York 10024

**IPA Telephone Number:**  
(212) 620-9057

**1981 PHILADELPHIA REGIONAL CONFERENCE**

**Saturday, May 9, 1981**  
**Mark your calendar!**

The fifth Philadelphia Regional Conference will be held this year on May 9th at the Unitarian Church of Southern Jersey, 401 North Kings Highway (Rt. 41), Cherry Hill, New Jersey. Please note that this date has changed since the last newsletter. Registration and coffee will begin at 9:30. One and two hour workshops will be held throughout the day.

Our focus for the conference will be "Love". Special events already included are sessions on movement, poetry and intimacy and responsibility and a party to end the day.

Walter



**CALENDAR OF EVENTS**

- Saturday, May 9th — Philadelphia Regional Conference, Unitarian Church of Southern Jersey, 401 North Kings Highway (Route 41) Cherry Hill, New Jersey 9:30 a.m. - 7:30 p.m.
- Thurs - Mon., Sept. 3 - 7 (Labor Day) — 9th Annual Convention at Lake Owego, Greeley, Pa. in the Poconos. This year's theme is Creating Community: An Experience in Responsive Living.

**BOARD MEETING**

- Friday, May 8th, 7:30 p.m., Loretta Fogel's home, 7 Walt Lane Wyncote, Pa. (Jenkinstown) (215) 887-1471

## NEWSLETTER

Published by the International Primal Association, Inc.

All statements in this publication are the opinions of their authors and are not to be construed as representations by or policies of the IPA unless explicitly so stated.

Editor: Jane Mann (201) 246-4603

Executive Board Liason: Lois Muss and Gro Robinson

Graphics: Ross Klahr

IPA Staff: Margaret Anderson

Mailing: Harriet Geller

Regional Reporters:

Chicago area:

Thomas C. Lembcke  
1717 Hermon Avenue  
Zion, Illinois 60099  
(312) 746-3628

Midwest area:

Barbara Valassis, C. S. W., Director  
Primal Integration Center of Michigan  
23011 Middlebelt  
Farmington Hills, Michigan 48024  
(313) 478-5559

Southeast area:

Susan Ball Hannig  
Center for Feeling People, Inc.  
13651 S. W. 20 Street  
Ft. Lauderdale, Florida 33325  
(305) 473-1321

Toronto area

Eric Weiner  
178 Arlington Avenue  
Toronto, Ontario, Canada MGC 222

International:

Dan Miller  
Organic Process Therapy  
106 St. Marks Ave.  
Brooklyn, New York 11217  
(212) 789-0515

Deadline for Summer, 1981 issue: July 5th. If possible, send black and white photo of yourself with your articles.

## Information for Contributors

All submissions to the *Newsletter* must be *typewritten*, double-spaced with wide margins, on 8½" x 11" paper, preferably no longer than 3 typewritten pages.

Contributions may be edited for publication. The *Newsletter* reserves the right to make final judgment as to publication of material received.

Send all submissions to:  
Jane Mann, Editor  
IPA Newsletter  
48d Cedar Lane  
Highland Park, N.J. 08904

## A LETTER FROM YOUR PRESIDENT

Dear Friends,

Does every year go by this rapidly? It seems like the New York Winter Conference was just the other day. And now it is almost time for our Philadelphia Spring gathering! (Sat. May 9th — see announcement!) If you have never experienced our all-day Spring Conference at the Cherry Hill Unitarian Church with its cozy rooms and flower-sprinkled lawns, stimulating workshops, good food and company — well, you'll just have to come — bring your friends, too, for a memorable day! LISA SUMMER deserves special accolades for cheerfully and efficiently putting together what promises to be a most exciting program and a great Conference.

OUR THIRD BOARD MEETING of the year (traditionally also held outside New York) will be at the home of Loretta Fogel, 7 Walt Lane, Wyncote, Pa., (Jenkinstown) (215) 887-1471, the evening of Friday, May 8, (so we can get home for Mother's Day). If you can possibly make it, we urge you to attend. The main focus will be on the upcoming Annual Conference. The IPA needs your input and energies — more than ever!

For directions to Loretta's, call me at (212) 787-0611

## SOME VERY GOOD NEWS!!!

We have just secured what promises to be an ideal site for our 9th Annual Conference at Camp Lake Owego, Greeley, Pa. (1 - 1½ hour easy ride from New York and direct bus service). The dates are Sept. 3rd (Thurs.) through Sept. 7th (Labor Day) Our theme: CREATING COMMUNITY/AN EXPERIENCE IN RESPONSIVE LIVING has already generated lots of energy and enthusiasm. It is also at the heart of my fondest hope for the future of the IPA! It seems just right for Camp Owego, set high in the mountains, with cabins directly on its own spring-fed lake! (The camp has all the features we want the most, including complete privacy, and the management seems very cooperative and responsive to our needs. JEAN KARASEK deserves all our thanks for finding the site and providing transportation up to inspect it.

We, the initial planners (including Fred Zielke, Jean Getoff, and Alec Rubin) see the theme: CREATING COMMUNITY as a new concept that will give the Conference added dimensions and that will allow greater participation and involvement. Choices of workshops and activities will center on the Community theme, and we are creating structures that will facilitate processes that emerge from group living. The work of organizing the Conference will be a group effort. (We plan to spend a work week-end in June at the camp.) Now is the time for each of you to start to envision your role in the Conference and in the IPA! Write or phone me or Fred Zielke (212/874-1591) to let us know your ideas and suggestions.



"We're not ever without defenses."

## MESSAGE continued

REGRETFULLY, Carol Capizzi, due to relocation and a new job, has resigned as Vice-President. I hope that in a different year the IPA will benefit fully from Carol's energies and expertise. We have also regretfully accepted resignations from Board members Jana Klenberg (for health reasons) and George Frounfelker.

THIS YEAR MARKS THE 10TH ANNIVERSARY OF THE PUBLICATION OF *THE PRIMAL SCREAM!* Regardless of my differences with Janov's views today, no other book has had a greater impact on my life! Some 20 years earlier, the work that influenced me the most was Wilhelm Reich's *The Function of the Orgasm*. Among the books that have touched me most deeply in the recent years are Harry Guntrip's *Schizoid Phenomena; Object Relations and the Self* (an awful title!), Albert Pesso's *Experience in Action*, Jean Houston's *Mind Games* and Fritjof Capra's *The Tao of Physics*. Reading Reich made me first realize the relationship between body tensions and repressed feelings. Janov's work first made it possible for me to open up and feel the pain numbed by my defense systems. Through Pesso's Psycho-Motor structures, I could experience that feelings and needs are about people, and that healing takes place in action and interaction. The profound lesson for me from Guntrip is that the only successful mode for us as human beings is caring and cooperation, and that in order to realize our strength as individuals and our full human potential we need to acknowledge and experience our basic weakness and dependency. Finally, Houston and Capra opened my senses to living in a world of inter-relatedness, where body, mind, spirit is one; old is new, and where past, present, and future mesh, and ultimately, where everything we say and do is of consequence! Paying tribute to all these masters, my greatest debt is still to Arthur Janov for his concept of "Primal:" a tool for gaining access to our deepest feelings: without which life would seem to me unbearable.

Would love to hear what are YOUR most meaningful books!

See you in Philadelphia!

With love, Gro



Gro Robinson

## IPA STAFF SECRETARY RESIGNS TO DEVOTE TIME TO MUSIC AND MASSAGE

Regretfully, **Peggy Anderson** has resigned as IPA staff secretary and will be missed by all of us who have come to depend on her. Peggy's hectic schedule precludes the work involved at this time, but, happily, she will remain an IPA member.

A dramatic soprano, Peggy studies voice at the Brooklyn Conservatory of Music, concentrating particularly on the works of Puccini and Mozart. She observes that "the key to singing well is being uninhibited in your singing mechanism. Studying voice has been a therapy because of an increased awareness of posture, breath, and the body. Singing is cyclical, it breeds."

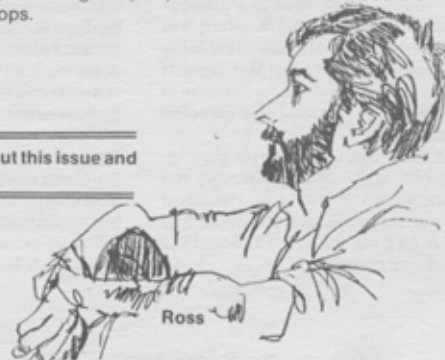
In addition to her interest in opera, Peggy has studied Esalen and psychic massage in California, as well as reflexology, acupressure, and yoga. Her practice is in the West Village. Peggy claims that, "massage brings you in touch with the feelings in your body." She works with the feet up towards the heart, ending with the face.

She suggests, "We are trained to think of the needs of others. When we allow ourselves to be massaged, we breathe deeply and let something good happen to us. Areas of tension are relieved and we pay attention to our own needs."

For private massage sessions, Peggy can be reached by leaving a message at (212) 691-2981. Be sure to see the workshop notices in this issue for her physical disabilities workshops.

Thank you, Peggy, and best wishes

Very special thanks to Jerry Robinson for the illustrations throughout this issue and the cartoon in our last newsletter.



Ross

## REACTIONS TO THE NEW YORK CONFERENCE

### Taped interview with Bill Smukler

The richness of the New York conference was largely the close intimate feeling I had with people. I sat down and talked with a woman of incredible depth. She had attended the first workshop and the minute I sensed her, I decided I wanted to talk with her. It was just beautiful to share the depth of the pain she was going through. In the conference itself when I was one of the people on the panel (on the many ways of working with feelings), I talked about a particular technique which is very powerful and must be used cautiously and carefully. A psychologist asked me to demonstrate it and volunteered herself as the subject. Within seconds, she was dealing with very deep issues.

I also gained a tremendous appreciation for the work of Alec Rubin. I attended Armand DiMele's workshop and had a tremendous feeling of depth in Armand. Although I could question areas of his ideas, I had respect for him and got a great amount from his workshop.

I had never seen Dan Miller before. In his workshop I was asked to confront my own problem and got a great deal out of that. I am 65 and am examining where I want to go with the rest of my life. I have this feeling of loving my work and yet, having such excitement about being a perpetual student and about intimacy of my relationships in all kinds of areas. I am trying to see where I can balance my interests because my family's average lifespan is only 58 years and most of them died of a heart condition. I'm 65, and though I'd like to live on, realistically, time is limited. Dan asked us to find someone who would be like a helper or guide. I recalled the most incredible teacher I once had who was a Professor Schmeider at Cornell University. I'm not an exceptional student, yet in his course I probably got the highest grade out of 400 students because in his class I understood very complex ideas easily.

Another marvelous part of the conference was walking through the park at lunchtime with President Gro and Jerry Robinson. I think that I can be a man because I accept the little boy part of me.

**David Freundlich:** The two greatest stimuli to my growth are watching *Dallas* on Friday evenings and coming to the IPA Conference. Having them both in the same weekend is like having an overload of pleasure.

**Armand DiMele:** My two greatest pleasures in life are coming to the IPA Conference and seeing David Freundlich and Glen Bolles and all of my old friends.

**Glen Bolles:** I think that the conference was great. I hope that we'll have more in New York City because it's too hard to get to the ones out of town.



Alec Rubin

**Rita Zayler:** This is my first encounter with the IPA and it was great.

**Davidson Lloyd:** Alec's warm-up in the beginning was wonderful.

**Mem Masnick:** I had positive reactions. I would have liked to have gone into some feelings with Armand DiMele...enjoyed Jana Klenberg's workshop very much and also, Nina Lee May's discussion of relationships with non primal people.

**Barbara C.** There's quite a variety of people, activities, and feelings. I'm enjoying it all.

**Hans-Reudi Hunter (here from Zurich, Switzerland):** This morning's panel on ways of working with feelings was great. The ideas presented in the stress workshop after lunch were interesting, but I would have liked more discussion and sharing of different experiences of the people there than the lecturing. I wanted

more participation, using the potential of the people who had something to say. I liked Jana's idea, but I wish it had been more powerful. I felt that there was too much structure and seemed to be a lack of trust in the process itself and in the potential of the people. I liked her allowing us to have whatever feelings came up, but the end didn't seem right. I missed having feedback. People walked out and probably wouldn't have if the closing had been 20 minutes earlier. All in all, I liked being in this.

(Many interesting workshops occur at once and people often walk in and out of workshops. — Ed.)

**Nona Lewis:** The high point of the day for me was the panel discussion on sexuality (led by Fred Zielke) particularly when many people present were just so open about their experiences and they opened up even more as they started to talk. It was beautiful to see and be part of that process. The party and dancing and seeing my friends again and hugging them are the things that make IPA special for me.

**Art Sichel:** Jean Karasek and I made the arrangements for the food and we're enjoying how much everyone else is enjoying the food!



Peter

## REACTIONS continued

**Dan Miller:** This was the first time I attempted to do a workshop in which I utilized pure energy and helped people to connect with very deep parts of themselves by visualizing a problem in a very clean state and then imagining a helper to assist them with the problem. The energy flowed very beautifully between these two images. People were able to connect and feel good about what they could do for themselves using their own inner resources in ways they had not been able to do before. I feel just great about being able to help them do that.

**Jana Kleinberg:** What was relevant to me about the convention was a general feeling of large relaxation

and much relating to each other and softness about how people were dealing with each other. That really touched me. It was really moving. People were genuinely open to relating honestly and with friendship.

**Harriet Geller:** I had a really lovely day. In Davidson Lloyd's workshop I got a lot of stuff done that I really needed to do. The sexuality panel taught me some things about sexuality that I really didn't know before. The last workshop of the day was Alec Rubin's workshop on John Lennon. I was really sad about Lennon's death and I appreciated having a chance to find out what it meant to me. It was wonderful to see everybody again the way they always are...giving me permission to be who

I am, to be the best part of myself and that's the best part of the whole thing.

**Richard Freedland:** I like this Center for Human Development better the Barbizon-Plaza Hotel. I liked working on the mat in Charlotte Saunders' workshop. It was also good to sit with Fred. The whole day was really good for me. I have angry feelings, but I feel good that I have a chance to have them here. In Larry King's workshop I got to hear different viewpoints about love, including my own. It put me in touch with my different experiences of it even though there hasn't been very much of that feeling. There wasn't any mat work, but I still appreciated it. It was helpful to me.

## BOOK REVIEW

**Emotional Flooding.** P.T. Olsen, Editor, Human Sciences Press, New York, 1976 is an anthology written by different practitioners in various fields of affective psychotherapies. Chapter five, which is entitled Intense Feeling Therapy and authored by Dr. Sidney Rose, pertains to primal therapy. The short chapter is an interesting and original presentation of the primal process and contains new and original material. After presenting a short introduction to the history of feeling in therapy, the author describes the treatment stages which successful patients go through. Stage One, The Disarming of Defenses, occurs during the three-week intensive. Stage Two is called Anger and Sadness. Following primals relating to these two feelings, the patient begins to experience three sub-stages of Euphoria, Gratitude (to the therapist), and Desire to Withdraw Socially. Stage Three is characterized by primals of events which were not of primary importance in causing the split, but which nonetheless contributed to the patient's symptoms. In stage Four, primals occur which directly relate to the inception of neurosis. The material is crucial and its successful completion unlocks one's real self. This period is longer than the others and often the patient has feelings of dissociation. Stage Five is called

Synthesis and is marked by the patient feeling, in a deeper way than earlier, the entire nature of his struggle for parental love. It is characterized by deeper anger than previously experienced and by a deeper understanding of his neurosis. The final stage is called the Authentic Self and the patient begins to feel less disconnected and less as an observer of himself. He behaves in ways dictated by his real self and without unconscious fear of losing parental love. His real needs begin to take precedent over his neurotic acting out behavior. He may still feel overwhelmed by anxiety in social settings, but in time these feelings dissipate. Eventually the amount of priming diminishes as the store of repressed trauma is decreased and as one's life is lived more in terms with one's real needs.

The author characterizes patient types who are more successful in primal therapy. They are those who become less dependent on the therapist as therapy proceeds. They do not withdraw from the "unreal" world. They are able to resist the temptation to act out or tranquilize away ascending feelings.

The author concludes that truths learned in the practice of primal

therapy have application by therapists in other areas of psychotherapy. He suggests having unlimited time sessions instead of restricting these to the traditional fifty minutes since arbitrary limits to therapy session time may be insufficient for feelings to arise. He states that problems of transference are much worse in conventional psychotherapy and bemoans the fact that in the latter, pre-verbal trauma can never be reached, much less resolved.

John A. Speyrer

Did you guess the IPA past presidents?

Alfred Zielke

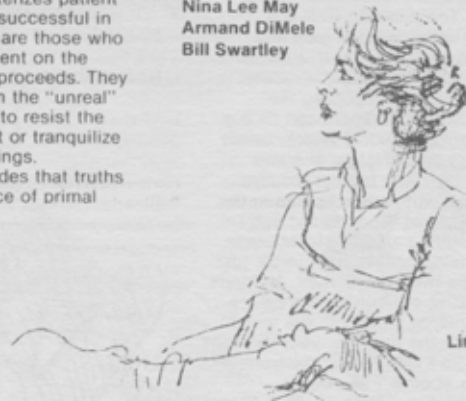
Bill Goss

Jean Getoff

Nina Lee May

Armand DiMele

Bill Swartley



Linda

## LETTERS TO THE EDITOR

Dear Jane:

Thanks for your kind words about my submissions to the IPA newsletter. I am enclosing a book review which you might consider for inclusion in the newsletter. The thicker paper stock makes the newsletter look and feel more professional.

Kind regards, John A. Speyrer

*Emotional Flooding* book review printed in this issue. Thank you, John. —Ed.

Dear Jane:

The newsletter is quite good! It makes one want to contribute and become part of it.

Sincerely, Larry Schumer

Center Lenggries  
Nadam Munk / Diplom Psychologe  
West Germany

Dear Ms. Jane Mann

Thank you for sending me the Newsletter, Fall 1980.

I was eager to see the articles and also to get some new information of what is going on in the International Primal Association.

Reading the article of David Freundlich, M. D. "Love and Evil," I have got a few comments on that, which might also reflect my understanding of the Primal Process in my professional work:

Out of my experience and that of the participants in my workshops (besides the work of Frank Lake and Ronald Laing in England) I state, that there is no absolute homeostasis in the womb, that there is also imperfection in the womb. The research from the natural sciences gets also more and more insight into this intricate relationship between the mother and the fetus, supporting the experiential data. There can be e.g. some strong anxiety attack, which imprints on the fetus; or some objection of the mother towards the fetus, which is reflected in the difficulties of the fertilized egg (= fetus) to find a comfortable place for development in the uterus; just to name two possibilities. All kinds of creative difficulties can be encountered already in the womb to which the fetus (= you) has to react. So I won't say, "the trouble begins at birth," like David Freundlich is telling us.

For me it seems that the imperfection David Freundlich is talking about is something very creative and ingenious in this universe. You might nearly say perfect to that device! This device is a challenge to the creative powers and love in all Beings. It brings forth all developments and enfoldment.

I wonder what is the constructive idea in David Freundlich's article: "Not to give in to the temptations of the Devil and to strive towards the Spirit of God"? This sounds a little bit old-fashioned and it is! The Primal process, followed thru, will hopefully lead you to live life fully, see and enjoy the perfection in the imperfection (or the imperfection in the perfection) and get some feeling for and some insight into the multidimensional space, networks and possibilities for living. This means, then, integrating pain and going beyond the dichotomy of perfection/imperfection (God/Devil).

The "Spirit of God" might be, not leaving the imperfection behind, but enjoying, feeling and living the imperfection fully, seeing it in your creativity and life course working and maybe slowly coming to a point, where this universe in space and time also feels like a nurturing, mothering, comfortable womb, yet on a different level (and naturally with some "painful" events built-in).

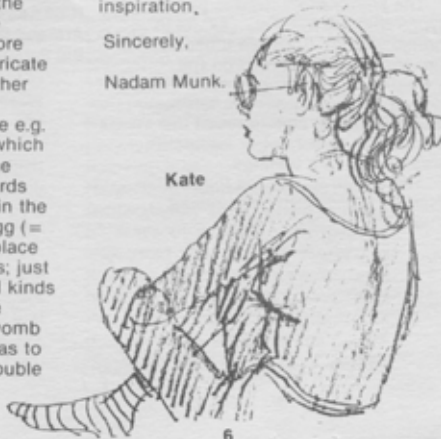
I feel the issue I am talking about is interesting for the whole outlook of Primal Therapy to life and for the grounding feeling, from which the therapist is operating and working.

I thank David Freundlich for his inspiration,

Sincerely,

Nadam Munk.

Kate



6

## David Freundlich's SEXUALITY AND EROTIC FANTASIES WORKSHOP.

It seemed appropriate to be in New York, the "Big Apple" for a group exploring sexuality for, like the Garden of Eden, we've had inhibitions since tasting the "forbidden fruit." The focus was on our own sexuality and erotic fantasies, without acting out — not pathology, neurotic hangups or other criteria. The stage was set for a safe place to be, with no heavy conditions, and the group was masterfully led by David Freundlich. The gentle touch, the caring and sharing, grew step by step to a tremendous emotional high at the end. I'm sure that all who were there would join me in saying — "love you David, it was a fantastic group, do it again." I touched places I had never been before, other places I had not been aware of, and, as I write this in my home in Morrisburg Ontario, I'm aware I'm still integrating insights I've had. The process will continue for some time — a very valuable experience for me.

Peter Dawson.

## 1980 Summer Conference Reactions Camp Sequoia, New York

The best part of the 1980 IPA Conference, as always, was the love, support and acceptance of the people there. This year I felt there were even larger quantities of those commodities.

I was not happy with our site this year. It was beautiful and more physically comfortable, but I felt restricted. Also, the food did not compare with the last two years.

However, I was impressed this year with the workshops. There seemed to be more respect shown to the presenters, and workshop leaders adhered to their subjects better. As always, the scheduling was frustrating in that there were just too many good things from which to choose.

Sandi Johnson,  
Zion, Illinois

## LETTERS TO THE EDITOR

David Freundlich's sexuality and erotic fantasy workshop was super and well worth the trip from Rochester. It provided a new way to look at my sexual history. Very safe and warm.

Bob Pierce

**REPORT FROM THE COMMITTEE FOR INTERNATIONAL AFFAIRS:**

The committee was first organized at the summer Board of Directors meeting at Camp Sequoia. Our group, Jean Getoff, Larry King, Gro Robinson, Art Sichel, Nona Lewis, and myself, has been meeting regularly. We were motivated by the awareness that there is a growing community beyond the U.S. having problems in establishing itself legitimately in the therapeutic community, as well as many others who would like to have direct contact with the I.P.A. In Italy, we have heard there is a legal battle coming up for the primal group headed by Michael Festa in Rome. In Australia there is an attempt to disenfranchise therapists such as Marny Collins, who attended the Camp Sequoia meeting, and her colleagues at The Organismic Growth Center. We want to reach out to these people to offer them help in whatever way possible.

We decided to draft a letter to send to people in Europe and everywhere else where there are people primaling. I think that this letter is appropriate for the U.S. as well, and therefore enclose it in full as part of this report.

Dear . . . . .

We are the International Affairs Committee of the IPA and wish to re-establish contact with our friends in other countries. We have become aware that there is a growing community of people interested in primal. Is there any way our organization can assist you?

Here in the United States we have been successful in organizing a network of patients and therapists interested in primal and the Affective — Regressive Therapies. The purpose of this network is to provide a forum for persons who want more than the establishment

therapies offer. We know that without our feelings, there is no life.

We have heard that there are licensing problems in Italy and in Australia. We are prepared to assist in whatever way we can.

We publish a Newsletter which regularly includes a calendar of events of primal interest. It also provides a forum for communication, both personal and theoretical, among IPA members.

People contribute letters, poetry, theoretical papers; anything of interest primarily. We would enjoy your contributions and want to know what's happening with you. Let's join hands.

Sincerely,  
Dan Miller  
Chairman.

**Committee Members**

Jean Getoff  
Larry King  
Gro Robinson  
Art Sichel  
Nona Lewis





### **SPECIAL WORKSHOP NOTICES**

IPA is planning to send workshop notices to all members every two months because our newsletter sometimes misses them. Members are encouraged to send their announcements for publication both to Jean Getoff, Secretary, 251 W. 89th St., New York 10024, Apt. 7F AND to Jane Mann, Editor, 48D Cedar Lane, Highland Park, N. J. 08904

### **REFERRAL LIST UPDATE**

We are planning to update the Membership List and Referral List. If you sent your membership dues in after our last list was printed, you will be added at this time. Please note that the fee for inclusion in the Referral List is \$25.00 yearly. We are updating the Referral List at the same time as the Membership List. The last opportunity for inclusion will be at the Philadelphia Conference, May 9th.

### **SWAMI TYPE**

Have you ever wondered what Swamis do when they are not meditating or presenting at IPA Conferences? **Answer:** Swami Anand Chintan (662-6699) does late night emergency typesetting and design for such important clients as the *IPA Newsletter*.





## MEMBER NEWS & NOTICES

### SPRING EVENTS at the

**Center For Feelings and Creativity  
and The Primal Theatre Workshop**  
247 West 72nd Street  
New York, N.Y. 10023  
Phone: 799-1847

A place for people to share ideas and feelings in an atmosphere of openness and honesty, a place to come together, to grow and change, to learn and unlearn and develop creativity. In theatre performances, open workshops and in ongoing groups, people participate and share the pain and joys of being, and open up to each other's feelings, energy and awareness.

#### Theatre on the Mat

Lecture-Demonstration/Performance with audience feedback. Demystifying the actor's inner creative process and shedding light on the boundaries between theatre, therapy and creativity

authentically improvisational

Admission-\$5 (students/senior citizens-\$3.00) TDF vouchers accepted  
9pm - May 8

#### Two Intensive Primal Therapy Weekends

1. in Woodstock, early May — led by Larry Gauchman. Specific date and place to be announced. Call for details.

2. on Fire Island, Memorial Day weekend — led by Alec Rubin. Call for details (212) 799-1847

You are invited to a staged reading of a new play **SHOW ME THE WAY TO STRAWBERRY FIELDS**, a first, by writer Robert Lawrence — on the effects of the death of John Lennon on the lives of four sensitive and aware people. Please call for invitation — Sunday, May 17th, 7:00 p.m. (212) 799-1847

#### NEWS ITEM:

**CONGRATULATIONS TO BILL SMUKLER AND ANNA ROBINSON** on their recent marriage. You will have an opportunity to congratulate Bill in person at the May 9th Philadelphia Conference!

## TRAINING WORKSHOPS: THE EXPERIENTIAL THERAPIES

### Training Workshops: The Experiential Therapies

The Association of Experiential Therapists is pleased to announce a Monday evening series of training seminars in May, 1981. The last one to be presented is Primal-Oriented Therapy - David Freundlich, M. D. For brochures and registration, please contact David Freundlich, M.D. 304 W. 105th Street, New York, N.Y. 10025 or phone (212) 222-9445 (a.m.'s)

#### Primal Experience Marathon

David Freundlich, M.D. and Charlotte Saunders, B.A., will co-lead a weekend primal group **Completing Unfinished Childhood Business** on July 31-Aug. 2 at Wainwright House, Rye, N.Y. For information and brochures: Center for the Whole Person, 304 West 105th Street, N.Y.C. 10025, phone: (212) 222-9445 (a.m.'s).

Jean Getoff wishes to announce that she has bought a house in Park Slope, Brooklyn, N.Y. This is her way of moving out of Primal Places and into the real world.

Barbara Clark, CSW and Peg Anderson, Massage Therapist are running groups for improving self-esteem, and helping those with physical disabilities. The groups meet weekly on Tuesday and Thursday nights. They run for 8 weeks and are held at the Heights Holistic Health Center in Brooklyn. Call (212) 691-2981 if interested.

#### Gro Robinson has openings in her ongoing group.

Contact Gro if interested in joining a new group, now starting, using a multi-modality approach.

For information, call or write:  
Gro Robinson  
West Side Center for Primal Process,  
67 Riverside Drive, Apt. 7A,  
New York, N. Y. 10024  
(212) 362-9256 or 787-0611

Art Sichel is offering training and supervision for people who are practicing therapy. A training group is forming and private supervision is also available. Those interested may contact Art at (212) 477-2392.

Primal space and waiting room fully equipped and soundproofed for rent.  
36 x 16 ft. carpeted, air conditioned, pillows, reostatic lights, etc. W 80th St., N.Y.C. (212) 799-0670.

#### ORGANIC MASSAGE

Reaching the cellular structures of the body's organ systems is essential for mental health. Combining Shiatsu and Esalen massage techniques with visual imagery and open breathing, we learn how to contact our body, open blocked energies and re-establish organic communication pathways.

The organic method is a combination of different modalities that successfully integrates the functions of body, feeling, mind and spirit.

Four 2 hour Workshops, Thursday 7-9p.m.

Fee: \$45.00 Mo. Single Group: \$15 Individual Sessions Available  
Therapist: Dan Miller, Licensed Psychologist

#### PRIMAL WORKSHOP IN EUROPE

**Nadam Munk**, Diplom Psychologe will lead a professional workshop: the primal process in Zermatt, Switzerland, June 7th - 11th and in Lenggries, Germany September 9th - 13th. For information contact: Center Lenggries / Am Sagbach 6 D-8172 Lenggries / West Germany ph. (08042) 1855

#### PRIMAL-ORIENTED MARATHONS led by Larry Schumer

Intensive feeling workshops in a safe environment. An opportunity for massage, play, feeling joyful or just observing. 10am to 6pm \$60 per workshop. \$30 deposit due one week in advance. Sessions on May 23, June 20 or July 18. Make checks payable to:  
Larry Schumer B.Ph.  
25 Minetta Lane No. 2K  
New York, New York 10012  
(212) 982-0561

**Larry Schumer, B.Ph.**, is now living in Manhattan and has a private practice in Primal Therapy where he conducts monthly marathons, weekly groups, and individual sessions. Larry has trained and co-lead with Barb Valassis in Detroit since 1974. His approach is eclectic in that he believes "anything that works is valid."

000001 0017  
MR. STEVE AUGUST  
15 W. LEBRON ST.  
SUVA

Highland Park, New Jersey 08804  
289 Cedar Lane  
Jane Mann, Newsletter Editor  
International Phthal Association, Inc.



"Each patient is a new adventure. It's a privilege."



Bill Smukler