

INTERNATIONAL PRIMAL ASSOCIATION

179 Prince Street, Suite 21, New York, NY 10012 (212) 254-9386

Newsletter

Fall 1984



MESSAGE FROM OUR PRESIDENT

created our brochure, had two fantastic regional conferences and a great summer convention. I'm aware of a new burst of energy in our organization. Our membership drive is going full steam ahead, our publicity committee is highly enthused, our new secretary-treasurer is becoming more organized than ever before with his new computer, the recent Aesthema is the best we've produced in my opinion, and the newsletter continues to be packed with information and sharing from our members.

Last year the board of directors experienced a "process" day where we confronted our personal feelings about the IPA and each other. That was so successful in making us a cohesive group that we chose to schedule two more this year on the day before two of our board meetings. We have already had one "process" day at Arnold Buchheimer's place in Massachusetts. Again, the Boston Study Group structured the day for us. Then it became a leaderless group and we dealt with personal issues first and then our feelings about the name, Primal, and the Primal Process. A very productive and energizing day was experienced by all. Our next "process" day will be held in Phila-

Continued on Page 6

GENDER IDENTITY AND INDIVIDUALITY: Transcending Stereotypes

The New York Regional Conference Saturday, January 26, 1984 East-West Center, 116 W. 14th St.

At the board meetings lately we have been concerned with issues of identity. What does it mean for an organization to be "primal"? One product has been a desire to emphasize the *primal process*. Our intention is to underscore the primal process with this year's regional conference and annual convention.

A personal primal process can deal with inner blocks to facilitate growth, individuation and actualization. The significance of primal goes beyond this. Ills of society may also have primal roots. The primal process, so important to our inner growth and experience of being, is no less important to the struggles and challenges, the blocks, presented by the larger society we live in.

We have chosen one such problem area for the theme of this year's New York Regional Conference. What are the primal roots of society's problems that make gender identity the issue it is? How do we, with the primal process, meet the challenges created by these problems and use them in our evolution toward realizing our unique individuality? We will be exploring these and related questions.

Our keynote speaker will be Dorothy Dinnerstein, the author of *The Mermaid* and the Minotaur. We suggest you read chapter 1 and chapters 6 through 9 of her book to enhance you experience of the conference.

Join us and tell people about it! In our own effort to be fiscally responsible and avoid a deficit, we have eliminated the advertising budget for this conference. Our solution is to depend on the primal community to spread the word. So please, tell people who might be interested or might like to get involved. Bring a friend who is ready to expand her/his horizons. See you in New York on the 26th.

IPA GOES HIGH TECH

by Larry Schumer

Yes, the International Primal Association has entered the era of computers with the purchase of a Sanyo 555-2, 16-bit, 256Kb, dual double-sided/double density drives, IBM compatible system. And if you think that's a mouth full, it's also a desk full.

So, what, you ask, does the IPA need a computer for? The main function will be to maintain our mailing list (of over 1000 names) in an efficient, economical manner, Prior to this, Harriet Geller was using the facilities of a friend at little or no cost to the IPA. Now, however, this source is no longer available. And with the secretary/ treasurer (yours truly) and the mailing list in the same physical location, updating the mailing list, and printing labels will be much more efficient. In addition, various word processing functions can be accomplished on the computer (it comes with a "bundled" software package consisting of Sanyo Basic, WordStar, CalcStar, Mail-Merge, SpellStar, InfoStar, and Easy-Writer I).

TECHNICAL INFORMATION

If anyone is interested in the technical aspects of the system, give me a call and I'll fill you in on the details. If you're looking for an *inexpensive* system for your business or personal use, the *Sanyo* is worth checking out!

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IPA Newsletter

The Newsletter of the International Primal Association is published by the International Primal Association, Inc. Opinions expressed by the authors are their own and not necessarily those of the IPA unless explicitly so stated. All submissions are to be typed, double-spaced, with wide margins on 8½" x 11" paper. Contributions may be edited for publication. The Newsletter reserves the right to make final judgment as to the publication of material received. Send submissions to Pauline Gourlay, 14860 Westwood, Detroit, MI 48223.

Change of Address

Please let us know if you are moving, or if your name or address is incorrect (see your mailing label). Even if you are not a member, we want to be able to stay in touch with you.

CALENDAR OF EVENTS

NEW YORK WINTER CONFERENCE:

Gender Identity and Individuality: "Transcending Stereotypes" JANUARY 26, 1985 — East-West Center, 116, W. 14th St.

PHILADELPHIA SPRING MEETING

Process Day (for Board and IPA members) MAY 4, 1985.

ANNUAL 5-DAY CONVENTION:

AUGUST 28 - SEPTEMBER 2, 1985 Appel Farm, New Jersey.

MEMBERS NEWS AND NOTICES

The Primal Integration Center of Michigan will give a week-end workshop February 1-3. Leaders: Barbara Valassis, Jens Wennberg, Nancy Miller, Quentin Calvert and John Suliot. \$175 fee includes food and lodging. Pick-up at the airport if requested.

Pre and Perinatal Psychology Association of North America presents their 2nd International Congress in San Diego, California, USA - July 26-28, 1985. Thomas Verny, M.D. is president and Barbara Markovitz is on the Board of Advisors. Both are IPA members.

Intensive Regressive Psychotherapy:

\$1200 per week, includes group and individual therapy, food and lodging. Staffed by Arnold Buchheimer, Ph.D., Barbara Markovitz, M.Ed., and Burton Zahler, M.A., and others.

MEMBERSHIP NOTICE

It is time to become a member of the IPA for the 1984-85 fiscal year. As a member you will receive all issues of the *Newsletter* and our journal, *Aesthema*, an annual membership list, discounts at the regional conferences, and notices of all events.

All this for only \$25 a year. (Canada: \$30*, all other countries: \$35*. Full time students \$15 with proof of qualification.)
*All Funds U.S. Currency

NEW DUES SCHEDULE FOR NEXT YEAR

by Larry Schumer

At the September 30th board meeting, it was decided to implement a sliding scale for membership dues based upon income. This new policy will take effect beginning next fiscal year (i.e., next August). The board left it up to the officers to set the fee schedule, which is presented below:

GROSS INCOME	DUES
\$25,000 or less	\$25.00
\$25,001 to \$50,000	\$35.00
\$50,001 to \$100,000	\$50.00
\$100,001 or more	\$100.00
Lifetime membership*	\$1000.00

*GUIDELINES FOR LIFETIME MEMBERSHIP:

Lifetime memberships may be paid for over a period of 5 years (\$200 per year). If someone decides, after paying part of their lifetime membership, that they no longer want to pay the \$200 per year, the amount paid up to then is held by the IPA, with annual dues being subtracted each year (at the current rate) until the amount is exhausted. Payments toward lifetime memberships are not refundable.

Reply to Charles Ashbach From Arnold Buchheimer, Ph.D.

Dear Charles,

I found your letter to the IPA published in the newsletter of Summer 1984 most intriguing and stimulating. However, I disagree with your metaphor and your analogy. Arthur Janov is not our father. He would be the first to tell you that. Consequently, the analogy of the primal horde does not fit. We cannot be the offspring of someone who did not conceive us, one who does everything in his power to disclaim us.

If we have any progenitors, they are Bill Swartley and Alec Rubin. The lineage in Swartley's case goes back to Freud through Reich and Jung; and Rubin comes out of Stanislavski and the modern dance movement, neither of which could have happened, I believe, without Freud. I don't know who our mother was (and that may be part of the problem) but she's not the "frozen body" you allude to, rather the motliest bitch that ever was. That is certainly evident in the IPA brochure that was generated with considerable input from you.

If I'm using race horse and kennel club terminology, it is only to emphasize the fact that we are neither thoroughbred or that we have a pedigree. The very eclecticism and hybrid nature of our origins is what gives us strength. It hardly gives us points for prizes among the elite or the doctrinaire. Again a source of strength as well as cause for confusion.

Arthur Janov's pedigree is one of the most undesirable breeds in the fields of psychotherapy, publishing, and humanistic psychology. It suffers from inbreeding, incest, and excessive pugnacity. Tragically, it may not even survive the first generation.

I agree with you that we ought to give up the "ghost" of the word "primal" except in its most generic meaning: primary, original, earliest stage. It has been used in this meaning for 400 years (Oed, 1909, p.1356). The meanings of this word put us right where we belong: the psychodynamic, developmental psychologies. We've never made our territorial claim there. Nor have we made our proper representations there. We could, I believe, be persuasive there.

Furthermore, why would we want to be affiliated with someone who discredits us, disparages us, disclaims us, disowns us, at every opportunity? There is something both masochistic and neurotic about claiming to belong where we are not wanted and by whom we are continually and actively rejected.

We took away the exclusive and illusory ownership of the word "primal" from Arthur Janov only to return it to the public domain where it rightfully belongs.

What we own and share with Janov is abreaction, developmental regression, intensive feeling, massed time, a developmental orientation.

With the psychodynamic psychologists we share the concepts of relationship, transference, counter-transference, which Janov rejects.

And with the humanists we share the therapeutic and growth tools of encounter, visualization, imagery, the value of touch and a certain kind of spirituality which I find also absent in Janov.

In so far as we practice the art of psychotherapy, we are specialists in, not the owners of these modalities. We do not need to displace, disown or kill our progenitors. Rather we should honor them in continual growth and refinement, yes, even discarding these modalities when and if they should become irrelevant to the human experience and condition.

Our pedigree comes out of Sigmund Freud much diluted from the original and enriched by new kinds of thought. We don't know what Freud would have done with abreaction in light of the present day knowledge of Gestalt psychology, biochemistry, brain physiology. True, some of this knowledge was indeed available to him in his later years. But he himself ceased to be generative in the second decade of this century and the last four decades of his life were spent in maintenance, refinement, and organizational development.

Our true contribution is our feeling emphasis, again not exclusive with us, nor are we the originators. But, I'm more comfortable with Steve Khamsi's exposition in the last issue of Aesthema than with Arthur Janov's pain-derived one.

In summary, I agree with you about the "albatross" of the word "primal".

I'm sorry you have left us over your disillusionment with the IPA process at our board meetings. Let me assure you that things have become much improved, less "narcissistic", more focused, and more efficient. I do hope you come back and see for yourself.

With much joy and affection and very fond memories of the early Swartley days which we shared and have both outgrown as well.

I am cordially yours.

NAME THE COMPUTER

Now the question is, what shall we call it? Some of us think the computer is "cute" and should have a name. Any suggestions? Let's make it a contest, the winner gets... Oh, I don't know, maybe something, or just credit in the next newsletter for naming it. We'll decide later. Send your suggestions to me (at the new IPA address).

Larry

CONVENTION FEEDBACK From tape recorded comments Edited by Pauline Gourlay







Al Pesso, keynote speaker, discussed and demonstrated Psychomotor Therapy. Techniques included confronting the negative aspects of the mother and/or father; receiving comfort and nurturance from the idealized images of each parent; and accommodation (role-playing release of anger with a partner).

Ken Getz

I was feeling pretty lousy, and a lot of very wonderful things happened. I got a lot of insights into what my problems were. Right now I'm not flying high, but I've come to realize that anything that has to be done in my life, I have to do. I came into this world alone, people come into and go out of my movie, but I'm the actor that's always here. The sad part is that there is no magic to save me-I'm going to have to shape up myself.

Dan Miller

All conferences I have attended have been terrific. I've enjoyed every part of this one on "Healing the Wounded Self". The food, the pool, and the warm contact with everybody whom I haven't seen for a while has been great. It's like a grand reunion.

Kathy Mazzetti

The convention has been hard for me this year, because last year I came with no expectations and it was magic; it was like the universe just swooped me up in its arms and gently took me from place to place, and there was a lot of learning from that. This year I tried to come without expectations but it was hard to do after last year. This year the universe is still holding on to me, but the protection is not so great. The learning is much more powerful.

This year I helped present a workshop. It was both wonderful and a risk because I'm afraid to get up in front of people. It was a risk I needed to take, and it turned out really well. I felt real good and I'd do it again.

Arnold Buchhiemer

I've always enjoyed myself. I'm active in the organization. I'd like to see more people attend the convention. A more centrally located place might be better. I love the people, the interaction, to share my ideas. It's a very loving place.

Florine Snider

The theme of this conference is fascinating. I'm having a very good time.

I want to see more women on panels - and not just a token woman, because we are not tokens.

The workshops were very good. I went to Jack Cowan's workshop on "Are you in a rut?" where we all agreed that we had an addiction to something we had to take care of. I gave a workshop on the "Art of Healing".

What I like most is the overall feeling that goes on here. The workshops are an enrichment of that experience, but the most important thing is the getting together. It feels like a continuous party, on a non-hysterical level. I love it, it feels very good.



Karen Boyle

I've been to so many workshops in the last couple of days, it'll take me a week just to digest it all - to sit back take another vacation, and think about everything I learned. It means so much to be here. It's a place to come back to.

Jean Karasek

I've been coming here for 10 years. There's a lot that I enjoy about IPA. It has been a place where I can get things I need. This year, I feel that I've grown to a point where I have something to contribute, although I did very little, because I want to keep things in the realm of what I can and can't do. I've learned a lot; I agree with Florine that the workshops are almost inconsequential because all this would have happened anyway. People's minds are keen and interested in self help and assisting each other. There's not an unfriendly face in the crowd. it has a tremendous impact on people's lives, including my own. I know that if I ask, I can always get pretty much what I want - a helping hand, a hug, or whatever. I found that I was able to play my musical instrument and it felt very good. Other years I helped to make this whole conference possible. At this point in my life and career, I don't have the power to do it. Now that I have more of myself, I want to spend it more on me. It's been great, and we need to continue this.

Franklin Kimmell

Let me share my impressions of this wonderful outing. My body needed to heal itself and after one or two years of all the stresses that we have, I needed to find a place with loving and caring people, to be able to feel a touch and to touch others. I didn't necessarily attend all the groups. I healed myself by finding my own quiet places where I could sit and relax and go to sleep and not have to be concerned with what anybody thought or cared. I found a complete peace and tranquility here and I've been able to enjoy all the loving people around me.

Continued on Page 5

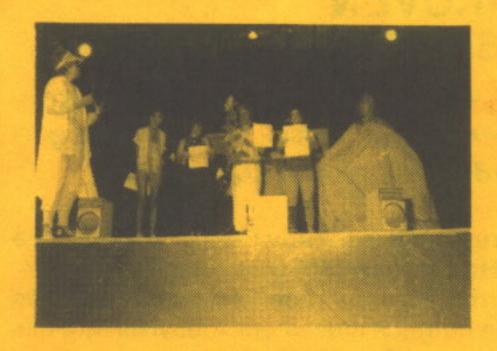
Kathi Geilinger

This is my first time here, and it has been a very good experience for me. I got a lot of what I wanted from the workshops. I wanted to do a lot of drawing and I've been able to do that. So many nice and warm people here, to work, to help, and to have a good time.



Jean Getoff

This has been an unusual convention for me because I was away last year. This year I have not been involved in working and because I'd been away, I seem to have lost my status totally as one of the "big shots" around. And, it makes for a different convention. People tell me what's wrong with me, how I should improve. Before, people would not dare talk to me like that! That's one thing. Then the other thing, I can just relax. I can go to all of the workshops and I can just relax. I can cry as much as I need to, and I found myself doing a lot of work on myself this time. I don't know if the convention was different. or I felt different. There's a real sense of down ordinary friendliness. Since so many people have reported it before, I guess maybe it's me - you feel friendlier when you stop being an executive.







In response to a number of requests, this is the hilarious parody of Allan Sherman's Camp Song written and performed by Karen Boyle at the 1984 Cabaret.

Hello mudda, hello fadda
Here I am at Camp Grenada
Search our souls here, we get clear here,
And on Sunday nite we party and
we drink beer.

May I go to Alex's workshop,
Say your feeling, let your jaw drop
And there's Ross Klahr and Loretta,
As our hosts of Cabaret there's
no one better.

And there's Barbara, she's so nifty
Turned me onto serendip'ty
Gail Clark's workshop, it was radical
It was so intense I needed a Sabbatical.

In the dining room, you do stand Cigaret butts in your pocket Put your used food in the garbage for the pig slop.

Some may say that our name is mud
What is Primal and all that crud
They should see me, I'm in no rut
They would like me even though I hate
my mom's guts.

Larry King, we love him dearly
With his help, nudity is not so feary
And there's our man, called Don Eschbach
With intensity of feeling there is no lack.

By the poolside, it was scary
Lots of people, they were barey
Lots of titses, lots of asses
Me, I'm shy so when I swim I
wear my glasses.

LOST AND FOUND

I have a very strange collection of clothes and things that were left at the convention this year. No real good things like last year (camera, and tennis shoes) but the owners might want to claim them just the same.

The first object I think is Leslie's. It's a red, wooden "shake-to-make-noise" instrument. If it's yours, Leslie, should I save it for next year or send it to you?

Next we have a book that was left in my car. It's "Venus on the Half-Shell." There is a bus stub in it, NY to Camden.

Here come the clothes:

One brown towel

One very wrinkled blue denim colored shirt, button down collar, size L

One well broken-in black (or very dark blue) sweat shirt, pull-over, no size

One pair black pants, elastic waist and legs, full cut

One light-blue Adidas T-Shirt, size M

One pair white Jockey briefs painted on front

One white undershirt

Well, there you have it. Not too bad this year, but if anything is yours, please claim it or it will be given away. See you next year...

Larry Schumer (212) 254-9386 Chairman of Lost & Found Committee

PICTURES

Photos Courtesy of Larry Schumer

ONE and TWO

All Pesso, Guest Speaker

THREE

Pesso Structures

FOUR

Primal Baseball Team

FIVE and SIX

Cabaret Performers

SEVEN and EIGHT

At the Pool

HOUSE BILL TO OUTLAW ALL "UNPROVEN MEDICAL REMEDIES"

(Special to the TOWNSEND LETTER FOR DOCTORS: Washington, D.D. Hotline) An Informal Newsletter for Doctors Communicating to Doctors October 1984 / Issue No. 20

A House Committee headed by (D) Representative Claude Pepper is reaching a final countdown on an anti-nutritional bill (House Bill 6050) supported by the AMA, American Cancer Society, and American Arthritis Foundation. Unlike previous bills considered by Congress antagonistic to the nutrition movement, lobbyists rate this bill as having excellent prospects for passage in the next session.

The bill is considered a "sexy" item for Rep. Pepper facing stiff opposition in his re-election bid this year in Florida. Pepper thinks elderly Americans are being ripped off nearly \$10 Billion yearly by unscrupulous health practitioners and unlicensed charlatans dispensing unapproved medical treatments and outright quackery. Acting as the champion for the aged Pepper wants this legislation passed to delicense quacks and close down all the "rip-off" artists who take advantage of the elderly's health ills.

Three sections empower the potential law with more police powers than any previous anti-quack legislation at a federal or state level. The first portion allows the AMA and its affiliate state organizations and county medical societies to adjudicate acceptable standards of medical practice and medical treatment. Any diagnosis or therapy lying outside these standards would be prohibited by law. Those practitioners who continue to practice non-accepted techniques would be considered to be practicing fraudulently, and would be subject to criminal felonies and delicensure.

The second part authorizes a widespread bureaucratic education of the public (a clearinghouse to disseminate information) of unscrupulous health professionals and quack medicine. Unaccepted forms of medical diagnosis and treatment would be labelled as frank quackery. Nutritional supplementation with vitamins and minerals may be restricted to prescription only by licensed medical doctors and osteopathic physicians. Health food stores may be prohibited from over-the-counter sale of megavitamins.

The final segment of the bill directs the federal government full and unlimited authority to police flagrant violators. Agents of the Justice Department, the Food and Drug Administration, and the Federal Trade Commission will systematically investigate health professionals and unlicensed individuals to determine if the statute's intent has been transgressed. The law will also empower state investigatory agencies to assist Feds in arresting miscreants. Judges will be asked to provide routine search warrants for doctors suspected of practicing medicine unorthodoxly. Further, the U.S. Post Office will search the mails to adjudicate improper use of written materials for offers of quack diagnostics and treatments. Firms soliciting public response for purchase of such supplements, health books, and other illicit offerings may be subject to criminal violations of this law.

Quackery is normally defined as the actions taken by an untrained person who pretends to have medical knowledge that he does not have. The old hawker of quack medicines and nostrums used to attract customers with stories, jokes, and tricks. In any sense of the word, quack denotes out-and-out deception and fraud. The Pepper Committee wants to expand the definition of quackery grossly: "As used in this report, a quack is anyone who promotes medical schemes or remedies known to be false, or which are unproved for a profit." If the legal language of this bill maintains "unproven" equated with "quackery," every physician utilizing intravenous or oral megavitamins, herb treatments, and homeopathic prescriptions could be defined as a quack. Every health practitioner employing electrical diagnostic techniques, naturopathic enema therapy, visualization counselling, and acupuncture would be a patent quack. The catch-22 is "unproven for a profit." AMA medicine is full of unproven techniques. However, the AMA physician selects his unproven remedies and never charges his patient for their use. A chiropractor dispensing vitamin supplements, a naturopath offering a colonic treatment, and a medical physician infusing EDTA chelation (all considered unproven by the AMA) would be guilty of charging fees for these services.

Hearings on this legislation were conducted in the spring of 1984 under the aegis of Rep. Claude Pepper. Lobbyist from the AMA, the American Cancer Society, and the American Arthritis Foundation complained vigorously of the unmitigated growth of nutritional practitioners, defrauding the public of money and causing "murder" in Continued on Page 8

BOARD MEETING ACTIONS

SEPTEMBER 30, 1984 by Larry Schumer

Below is a summary of motions passed by the board at the last meeting:

- 1) that the minutes and treasurer's report be accepted as is.
- that membership dues be on a sliding scale based on income and include a provision for lifetime memberships.
- that the officers of the IPA be empowered to set the sliding scale for membership dues and lifetime memberships.
- 4) that an ethics committee be established to look into the possibility of publishing a "resource list." (committee members are: Gail Clark, Ross Klahr, Jack Cowan, Art Sichel, Margrit Romang, and Larry Schumer)
- 5) that Sue Blaney be invited (at her expense) to the December 9, 1984 board meeting to present some new ideas, and be put on the agenda for that meeting.

I'd like to remind all members that you do not need to be a board member to attend the meetings. Also, you may serve on committees and otherwise become active in the affairs of the IPA. We'd like your input. If you have a reaction to the motions passed by the board, please let us know.

MESSAGE FROM OUR PRESIDENT

Continued from Page 1

delphia in May and it will be opened to the general membership to participate along with the board members.

I am thoroughly enjoying my time as president of this organization that I love so much. Now that I am really active, I don't have to wait from one convention to the next to see all of my friends. I look forward to the board meetings and the social gatherings. I urge all of you to consider taking a larger role in the IPA. You could volunteer to be on a committee, contribute to the newletter and/or just spread the word about our great organization and our annual summer convention. Bring a friend with you next time to share the growing and the fun.

Love, Barbara

The following communication is from Michele G. Festa, of Centro Studi Umanologia in Rome.

Dear friends,

I am trying to intensify the communication and cooperation among people professionally involved in Primal Therapy in Europe.

It is obvious that a cooperation between the IPA and this developing group would be to our mutual benefit.

On the occasion of the 7th European Congress at the University of Surrey, Guilford, England a group of us met who would like to develop a network of people professionally (as distinct from amateurs, clients etc) interested in "primal-regressive -cathartic-abreactive" - type methodologies.

We could envision a two to five days meeting where we could meet, share, and debate different aspects, problems, opportunities, research and development inherent to our field of activities.

In order not to have this up in the air, I would begin by proposing several dates and two locations:

Monday - Friday March 85 11 - 15 April 85 15 - 19 May 85 6 - 11 Weekends
March 85 2/3
March 85 30/31
April 85 27/28

The places I could take logistical responsibility for are either here in Rome or at a seaside resort at one hour from the Roman airport (average cost for half pension: Lire 45 000).

The IPA in Nord-America might find out if there are any participants interested to come to Europe and meet us. I also asked them to pull the addresses for an international directory.

Looking forward to receiving your comments and proposals I send you my best wishes.

Ciao! Michele



HUG O'WAR

I will not play at tug o'war.
I'd rather play at hug o'war,
Where everyone hugs
Instead of tugs,
Where everyone giggles
And rolls on the rug,
Where everyone kisses,
And everyone grins,
And everyone cuddles,
And everyone wins.

From Where the Sidewalk Ends by Shel Silverstein

WELCOME TO NEW MEMBERS

We'd like to welcome our new friends from the summer convention as well as those joining us again after being away. We encourage all of you to join in to help make the IPA better than ever.

S. David Ackerman Lisa Blackwell Karen Ann Buck Charles De Francisco Kathi Geilinger Gilbert Johnson Jean Karasek Micheline Lakah Jerry Marlow Henry Morgentaler James Needham Jean Rankin John Suliot Ira Walzer **Burton Zahler** Marilyn Aledort **David Boyce** Dot Clary Armond De Mele Ken Getz Barry Levin Barbara Markovits Andre' Moore Alice Nayer Adele Plamondon Louise Rockman Randal Thomas Richard Williams Silvia Zehn

Larry Auerbach 116 Bedford Ave., #1R Brooklyn, NY 11211 (718) 384-5826

Art Feher 360 Riverside Dr., #3A New York, NY 10025 (212) 663-2378

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Herman Weiner 300 Mercer St., #31K New York, NY 10012 (212) 777-9603

Walter Gambin 345 W. 86 St., RM 311 New York, NY 10024 (212) 873-9600 (RM 311)

Christina Ravson Malkomsbachen 28, VII S-123 47 Farsta SWEDEN Howard Segal 142 Sumac St., #2R Phila., PA 19128 (215) 482-3004

Carol Capizzi 175 W. 12 St., #196 New York, NY 10011 (212) 741-1951

Karl Goldschmidt 296 Riveredge Rd. Tinton Falls, NJ 07724 (201) 747-4813

Mary Shesgreen Assoc. in Psychotherapy 475 Dunham Rd. St. Charles, IL 60174 (312) 377-2869

Glen Boles 140 Riverside Dr. New York, NY 10024 (212) 724-3409 Samuel Muri 9 Eustis St. Cambridge, MA 02140 (617) 864-7079

Donald Stevens 4 Wash. Sq. Village, #13R New York, NY 10012 (212) 777-2911

Marcia Weiner 720 Spadina Ave., #1307 Toronto, Ontario CANADA M5S 2T9

Joseph Sanders 3510 Cameron Mills Rd. Alexandria, Virginia 22305 (703) 549-0877

AESTHEMA

REALMS OF THE HUMAN UNCONSCIOUS

By Stanislav Grof, M.D.
E.P. Dutton, N.Y. 1976.
Observations from LSD research and a useful model of the four stages of birth, the Basic Perinatal Matrices.

THE ROAD LESS TRAVELED

By M. Scott Peck, M.D.
Touchstone, 1978.
Explores love, traditional psychotherapy and spiritual growth.

PEOPLE OF THE LIE - The Hope for Healing Human Evil by M. Scott Peck, M.D.

by M. Scott Peck, M.D.
Simon and Schuster, 1983
Evil is defined as the use of power to destroy the spiritual growth of others for the purpose of defending and preserving the integrity of our own sick selves, scapegoating.

IMPRINTS - The Lifelong Effects of the Birth Experience By Arthur Janov, Ph.D. Coward-McCann, N.Y. 1983 Janov's latest book to be reviewed in the future by Arnold Buchheimer.

Please send us names of books or resources that have helped in your primal process.

HOUSE BILL TO OUTLAW ALL "UNPROVEN MEDICAL REMEDIES" Continued from Page 6

untreated cancer patients. Representatives for alternative treatments were not given official voice at the hearings. The Cable Television News Network (CNN) broadcast only the AMA-sponsored speakers.

This bill is considered a "honey" item because it pits the unscrupulous quack against the unsuspecting older individual. Every politician wants to boost his image with the elderly; few lawmakers are inclined to voice disagreement with the bill.

If everything goes as forecast, the AMA hopes to get this bill through within the next session.

PLEASE WRITE, RESPOND, ASK, INQUIRE, DEMAND
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PLEASE ALSO WRITE TO YOUR CONGRESSMAN. IF
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Comments on pieces are also welcome and should be sent to the authors. We plan to publish these with authors' responses.

Articles should be

- 2000-2500 words long (no more, a longer piece may be published in two parts) but can be shorter
- typed double-spaced large margins
 submitted in triplicate

Submitted pieces will be reviewed by at least two editors (therefore the triplicate). We will edit for clarity of content, correct English, and general readability, but not substantive content.

We are looking forward to receiving your materials and reading them with intense interest.



ROSES TO:

Lance and Barbara Wright for tender care of David Boyce during the convention.

ROSES TO:

Loretta Fogel for all of her years of devoted work as Secretary-Treasurer

ROSES TO:

Harriet Geller and the rest of the convention committee for a great convention.

ROSES TO:

Sue Blaney for her enthusiasm and ideas for the Public Relations Committee.

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