

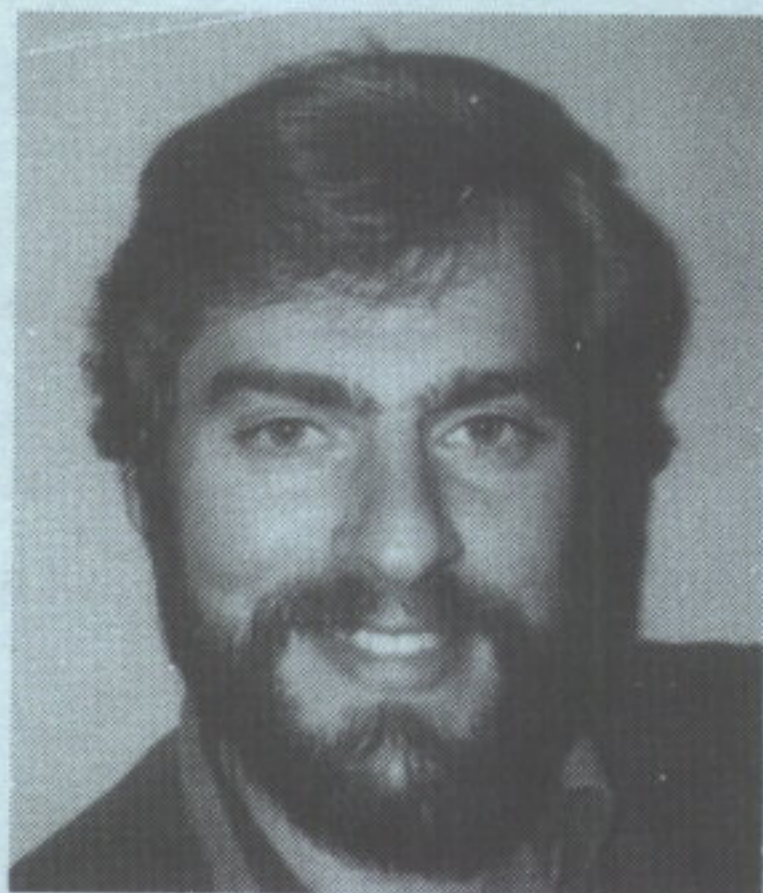


# INTERNATIONAL PRIMAL ASSOCIATION

179 Prince Street, Suite 21, New York, NY 10012 (212) 254-9386

## Newsletter

SUMMER 1986



### MESSAGE FROM THE PRESIDENT

Being elected President of the IPA was a milestone in my process of growth and maturation. It has been a good year for me, the Board of Directors and for the organization. A lot has happened.

There are two things I would like to tell you about here. At our last summer convention Larry (our Secretary-Treasurer) told us we did not have enough money. We had two fund-raising events. One was at the annual meeting, the other at the meal afterwards. It was fun. We were all very generous and gave a lot of support.

The problem was that we were not charging enough money to cover expenses. I felt as the new president that it was my job to make sure we did something about it.

We have.

Charging money is usually a hot topic at board meetings. There is a tendency to determine fees by what we feel we should charge and as a matter of conscience. We are afraid we will charge too much

*continued on p. 5*

### 14th ANNUAL SUMMER CONVENTION AUGUST 26-SEPTEMBER 1, 1986

#### The Mystery of Our Beginnings

By Andre Moore

Deep, intense primalling provides a path back to very early life experiences. It seems to enable many of us to re-live feeling states rooted in the first years of life — actual birth events or even earlier experiences within the womb.

This year, we are delighted to have Dr. Graham Farrant, psychiatrist, primal therapist, and pioneer in cellular consciousness, as our keynote speaker. Dr. Farrant will address the *Mystery of Our Beginnings* in a number of provocative ways. He will:

- Use video to demonstrate how deep regressions to birth and conception can be attained through primal process.
- Share a video tape of what he believes to be a re-experience of his survival of an attempted abortion.
- Play audio tapes of different people re-experiencing pathological conceptions under traumatic or stressful conditions and a complete absence of love.

Dr. Farrant will also speak about such important issues as rape, rape conception, threatened miscarriage, compulsive miscarriage, infertility and potentially fatal diseases. His exploration of very early life experiences (from conception to implantation in the womb to birth) will be exciting, challenging and no doubt, controversial. We welcome it because so little is understood, at a conscious level, about very early life experiences. Perhaps some of us will be stimulated to touch upon our own early feeling states in ways that have eluded us in the past. Graham will attend the entire convention and will also be giving a workshop.

How nice it will be to rediscover the green open spaces, sweet fresh air, simple wholesome food, Olympic swimming pool, sauna, tennis courts, and warm hospitality of Appel Farm. As in past conventions, this one will be replete with the excitement and energy of IPA people; the impressive, and often surprising virtuosity of cabaret performances; spontaneous music making and jam sessions; and sharing of peer group experiences — a rich and vital gathering which marks the annual renewal of our community!

This year we are scheduling an extra convention day. Registration will begin on Tuesday evening instead of Wednesday. On Wednesday we have an all-day workshop planned, as well as the pool, etc.

*continued on p.4*



## MEMBERS NEWS AND NOTICES

### Officers 1985-1986

Art Sichel, Ph.D, President  
1122 North Broad Street  
Hillside, NJ 07205  
(212) 620-0591

Andre Moore, Vice President  
160 Bleecker, #9C East  
New York, NY 10012  
(212) 473-6983

Larry Schumer, Secretary/Treasurer  
179 Prince St., #21  
New York, NY 10012  
(212) 254-9386

### Board of Directors

Steve Austill  
Arnold Buchheimer  
Karen Buck  
Gail Clark  
Lesley Cotton  
Susan Donefer  
Loretta Fogel  
Hal Geddes  
Harriet Geller  
Ross Klahr  
Kate McAteer  
Cynthia Robinson  
Gro Robinson  
Alec Rubin  
Mary Thompson  
Barbara Valassis  
Lance Wright

**European Representative**  
Michele Festa

### IPA Office

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c/o Larry Schumer  
179 Prince St., #21  
New York, NY 10012  
(212) 254-9386

### IPA Newsletter

The *Newsletter* of the International Primal Association is published by the International Primal Association, Inc. Opinions expressed by the authors are their own and not necessarily those of the IPA unless explicitly so stated. All submissions are to be typed, double-spaced, with wide margins on 8½ x 11 paper. Contributions may be edited for publication. The *Newsletter* reserves the right to make final judgment as to the publication of material received. Send submissions to Barbara Valassis, 23011 Middlebelt, Farmington Hills, MI 48024.

### Change of Address

Please let us know if you are moving, or if your name or address is incorrect (see your mailing label). Even if you are not a member, we want to be able to stay in touch with you.

Call for papers for the Third International Congress on Pre and Perinatal Psychology, San Francisco, CA July 10-12, 1987. A unique opportunity for those interested in the psychology of birth to explore the cutting edge of a new discipline. Deadlines for abstracts is November 15, 1986. Contact: Mary L. Davenport, M.D. 5309 College Avenue, Oakland, CA 94618, (415) 420-1000.

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### CORRECTION

The address given in the Call to Presenters is incorrect (in one location of the letter). Send completed forms to:

Andre Moore  
160 Bleecker St. #9C East  
New York, NY 10012

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### 1986-1987 SLATE FOR ELECTION

Barbara Valassis, as chairperson of the nominating committee, has presented the slate for 1986-1987:

President; Art Sichel  
Vice-president; Ross Klahr  
Secretary-Treasurer; Larry Schumer

Nominations may be made from the floor at the annual meeting. Proxy votes must be signed by the voter and mailed or hand-delivered to the chairperson of the nominating committee or her designee. They must not have attended the conference, or have discontinued attendance at the time of the voting. Disclosure of the proxy votes shall be made, only to the executive board, upon request.

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### NEW RESOURCE DIRECTORY

The second edition of our RESOURCE DIRECTORY will be published shortly after the Summer Convention. To make sure we get it out on time, please submit your copy AS SOON AS POSSIBLE. The deadline is September 15, 1986. If you need an application, call or write Larry Schumer (212) 254-9386.

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### CORRECTION

The editor of this newsletter was mortified to find a typo on the front page of the last issue leaving out an O in Andre Moore's name. My apologies to Andre, Barbara V.



IPA ANNUAL CONVENTION

The Mystery of Our Beginnings,  
August 26 to Sept. 1  
Appel Farm, N.J.

GENERAL MEETING

August 31  
General Meeting and Election  
Appel Farm, N.J.



ROSES TO

Bill Smukler for hosting the Philadelphia Process Day. He's such a beautiful and generous host.

ROSES TO

Loretta Fogel for having the IPA Board Meeting in her home and sharing little David with all of us.

ROSES TO

Kate McAteer for being nominated for a Drama Desk award for her performance in the N.Y. musical, "Mayor." Congratulations!

NOBODY-BUT-YOURSELF

Almost anyone can learn to think or believe, or know

But not a single human being can be taught to feel.

Why?

Because when you think, or you believe, or you know, you're like a lot of other people:

But the moment you *feel*, you're NOBODY-BUT-YOURSELF.

To be NOBODY-BUT-YOURSELF in a world which is doing its best night and day

To make you everybody else - - -

Means to fight the hardest battle which any human being can fight;

AND NEVER

STOP

FIGHTING.

- e.e cummings

THE BIOGRAPHY OF DOCTOR GRAHAM G. FARRANT

I am an Australian psychiatrist, the father of four children, who has worked exclusively in private practice for the past twelve years, specializing in Primal Therapy.

The opportunity to contribute to this conference has prompted me to reflect on my thirty years as a doctor and I see myself as both a pioneer and as an innovator.

As a young medical graduate I started a successful half-way house for alcoholics from a Veterans Hospital. I was the first Australian to gain both Adult and Child Psychiatric Post-Graduate Diplomas in North America - from McGill University and Harvard University respectively. It was at this time that I began a five year personal psychoanalysis with Training Analysts.

I held the inaugural position of Consultant Child Psychiatrist at the Queen Victoria Hospital - Monash University Medical Centre - now famous for its test-tube baby program.

In 1973, I resigned University and Hospital appointments to begin Primal Therapy - firstly with Doctor Janov, later with Jules Roth in Denver - returning to Australia in 1975. I introduced the Leboyer method of childbirth to the Queen Victoria Hospital and later to hospitals in other States.

I have encouraged the establishment of birth centres in maternity hospitals, feeling rooms in schools and grieving rooms in general hospitals. I created the Australian Birth Foundation - an educational, research and fundraising arm of the Childbirth Education Association, of which I am an Honorary adviser.

After attending the Transpersonal Congress in Boston I was a committee member for the organization of the subsequent congress at which my staff and I conducted a primal workshop for one hundred people.

I conduct primal workshops regularly for health care professionals and I lecture widely to medical students, psychiatrists in training, health groups and community service organizations.

I organized the Birth and Being Congress in Melbourne in 1979 and invited other speakers including Marshall Klaus and Suzanne Arms.

I believe a planned conception between two people in love is the cornerstone of holistic health.

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NOAH'S ARK SAILS AGAIN

The Ark Intensive Training Program for individuals interested in being therapists will sail again January 11 to February 21, 1987. The day and night journey of over 1000 hours will awaken the sleeping giant that is YOU and empower your uniqueness and you will receive at least 80 hours of individual therapy. The most advanced creative and enriching therapist training is being offered. Sandplay therapy that has proven a phenomenal diagnostic and therapeutic medium will be available to the trainees during the Ark.

The time to apply is **NOW** by sending your autobiography to Bill Smukler, The Carriage House, 7315 Sprague St., Philadelphia, PA 19119, telephone (215) 242-6667.

The Ark will last for 42 days. The cost is \$3500 and includes all therapy, training and room and board.

The list of trainees from the previous Ark will be mailed to you on request, should you wish to contact them as to the breadth and dimension of the experience.



## STATEMENT OF ESSENCE OF THE IPA

By Larry Schumer

### Community; Primal Abreaction; Being

A community of feeling-oriented people, interacting within an atmosphere of love, acknowledgement, permission and support, who highly value primal process, abreaction, primals, and other deep-feeling work as modalities for promoting healing, loving, growing, wholeness, authenticity, and BEING.

This statement will be proposed at the annual business meeting as an additional article, probably article 2, in the IPA bylaws.

We view this statement as meaningfully inclusive of all our members and we hope the membership will find it useful in their viewing of the organization and their involvement in it.

Name and Essence Committee

Hal Geddes

Steve Austill

Jack Cowan

## BOOK CORNER

"Magical Child Matures" by Joseph Chilton Pearce - E.P. Dutton, N.Y. 1985

"Pearce believes what every parent wants to believe: that each babe is born with unlimited possibilities. His reality, however, is that we adults halt the development of the newborn intellect by neglecting the critical child-parent bonding process (which he says takes seven years) and by short-circuiting the child's natural inquisitiveness with prejudices of our own. . . You can't help but be inspired"

(*Minneapolis Star-Tribune*)

"The Sky's the Limit" by Dr. Wayne Dyer - Pocket Books, N.Y. 1980

Learning to live to your maximum potential with a sense of excitement and purpose you've never had before.

Don't say I didn't warn you. Dues are going up for next year. Let's face it. Last year's fund raising, though successful, was embarrassing. Sure, the membership should support the organization, but to have to come out and ask for money like that, well, we don't want to do it again. Once in a pinch was OK, but now we had better get our financial act together so we can avoid fund raising in the future.

To help get us on the right track, Art and I presented a study (and plan) to the board. Art had the idea that each event the IPA holds should pay for itself (plus a little for operating expenses). The bulk of the funds should NOT come from the Summer Convention, as they have in the past. This means that the membership dues should accurately reflect the costs involved in administering a membership (including *Aesthema*, the Newsletter, and the various mailings throughout the year). To really do that, dues would have to START at \$58. Obviously unrealistic. The Board settled for an alternative plan that raised the base dues to \$40 (from \$25). A full schedule of the new dues is presented elsewhere in this issue. The Board did not easily make this decision (are any of its decisions easy?) It was pointed out that the base dues have not been increased for 3 or 4 years. It had to come.

Moving on to other matters. . . WHAT THE HELL DOES THE SECRETARY/TREASURER DO ANYWAY (besides write these columns)? I'm glad you asked. I wanted to discuss one of my duties in particular, that is, responding to inquiries from persons not currently members of the IPA.

Each month I get 4, maybe 5 phone and/or mail inquiries from people looking for therapy. Most of them think they can come to the IPA, as if it's a center. Inquiries come from all over the world. We (we must also consider what the secretary's wife does, she received this call) received a call from Australia. Someone wanted to come to the U.S. for therapy and was looking for a center. All I could offer was a puny Resource Directory. It's embarrassing. Here we are, the INTERNATIONAL PRIMAL ASSOCIATION, and don't even have a respectable list of therapists practicing Primal (or feeling) Therapy. What did the Ethics committee struggle a year for if hardly anyone is willing to represent themselves in our Resource Directory??? Come on, gang. A new directory will be published this Fall. I expect a significant increase in the number of listings this time. You advertise and support the organization at the same time. And you also show that "primal" is alive and well all around the world. You can't lose. If you need an application, call or write me (the sooner the better).

Now that I got that off my chest, I can turn to a lighter topic. How about the Summer Convention. This year there is going to be an extra day at the beginning. We have tried to pull this off in the past, but we could never get the minimum number of people required. This year a group of people have guaranteed the minimum so it's definite. You can arrive Tuesday afternoon and enjoy all day Wednesday (an all day workshop is being planned for Wednesday, as well as the pool) If you want an extra day of rest, here's the perfect opportunity. And Graham Farrant (from Australia, some of you might remember him from the 1980 convention) will be our keynote speaker. He'll be giving a workshop as well. This will truly be one of our greatest conventions. Hope to see you there. . .

**Summer Convention, cont. from front page**

If you have any suggestions, wish to participate in the planning, or want to conduct a workshop, please contact Andre Moore (212) 473-6983. Your interest and energy will be welcome.

Tell your friends about our convention. Anyone who has ever attended has loved the experience. Also, save money by registering early, contact Larry Schumer (212) 254-9386 for questions about registration.



and exclude those with limited means. This problem brought home the other side of that issue. We were not expecting people to carry their own weight — to be responsible for themselves. We have to charge enough money to give people a chance to pay for what they are getting, so they will have an IPA!

As Newsletter readers may remember from the Secretary's Corner in the last issue, I suggested that we set fees so that each activity at least pays for itself.

When we applied this principle to our current financial structure — we studied our costs and fees thoroughly — it was clear that the membership fee would have to go up. The new base rate for dues is \$40.00. Larry gives you all the details later in the Newsletter.

Members of the Board of Directors had to put aside their desire to give something for nothing and their fear that if they expect more from you, you will resent it and desert the organization. They were able to do that, still making decisions on the basis of personal feelings and conscience. This was a remarkable achievement, and it leads into the second thing I want to tell you about.

I tried an experiment this year at the Board Meetings. It had to do with the way the meeting was conducted and the decision making process. As you know, things can get pretty chaotic when people are dealing with feelings. The usual way to make order out of the chaos that can erupt in a situation like that is to use Robert's Rules of Order. We did not do that.

The Boston Study Group has been addressing this potential for chaos and occluded functioning with a series of "Process Days" for the Board. (See Steve Austill's article in the last Newsletter.) Some of the procedures of the process days were substituted for Robert's Rules of Order.

I hope the following gives you a flavor of what happened at the Board Meetings. I did not call the meeting to order. When everyone seemed ready to start I asked for a moment of silence. I asked everyone to be aware of their feelings

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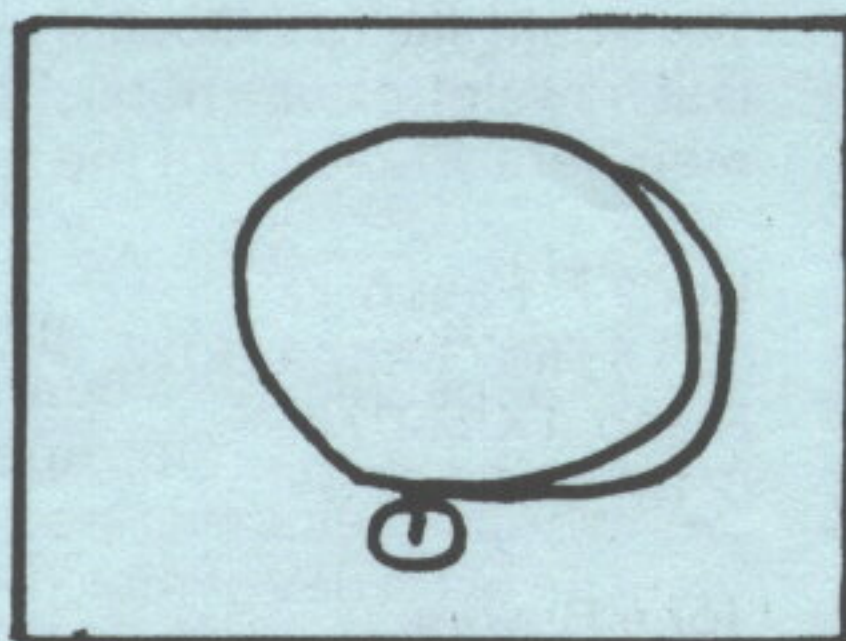
## SANDBOX THERAPY ON THE ARK

We gathered in the communal room, often with music playing to help us go into a light Alpha state. Then we were invited to go down to the Sandbox Room. When we were ready, we'd be greeted with LOVE and RESPECT by Bill (Smukler) and the rest of the trainers. We each had a sandbox, including the trainers.

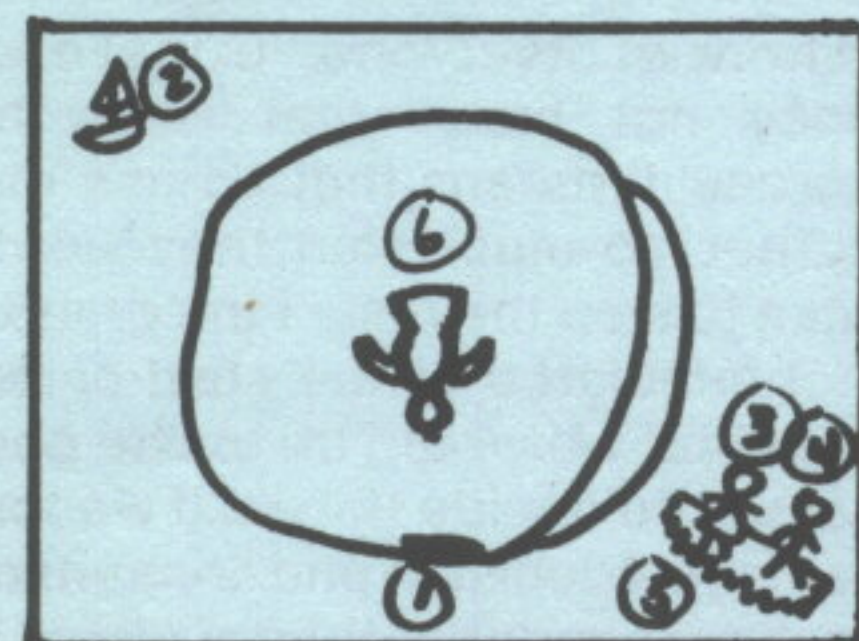
Still in the Alpha state, we would choose a sandbox and work the sand, selecting either wet or dry sand, and make a "landscape." There were many shelves in the room with several thousand items — "symbols." There were seashells, driftwood, museum reproductions — gods and goddesses from all over the world — all kinds of small plastic toys, cars, boats, trains, planes, dead batteries, light bulbs, babies, Mummies, Daddies, brothers and sisters, animals, rocks and crystals, etc. to choose from and clay to make things. We used whatever jumped out at us (the symbol chose us) and put it in the sandbox. On the weekends we would share our sandboxes as a group. The other Arkites would RESPECTFULLY listen, with no comment. We could also do sandboxes whenever we wanted.

I did almost forty sandboxes on the Ark and I've done over twenty since I've been home. I have found it helps me to see where I am and where I'm going. Since I'm working with my unconscious, the sandbox has helped me solve problems, the answers coming from deep inside me. In one of my early sandboxes I put in a rather ugly crystal. I didn't want it there. However, there it stayed, much to my chagrin! Several weeks later my sandboxes became uglier and uglier, with monsters and even a "shrunken" head. I was SCARED — I didn't know that my dark side, the side of me that is so hard to accept, was coming to the surface — it was/is my dark side that I was on the Ark to work on! It took several days to own that sandbox, sharing it with whoever would listen.

I would like to share a sequence of four sandboxes that preceded my shadow-self sandboxes and made them possible:



#18 - a double hill surrounded by water with (1) - a flat stone for a door — it seems like a cave. Perhaps I know what's coming and I want to hide.



#19 (1) a door, (2) a boat (the Ark), (3) a woman (me) and (4) a man (my husband) on a saw, (6) a bird on top of the hill/cave/house (I had started to think of it as a house and I have since discovered that the bird may symbolize initiatory death and rebirth).

*continued on p. 7*



President, continued from p.5

(sometimes I said love) for the I.P.A. and the people in the room with them and to be aware to what they were feeling and what they wanted to get out of being at the meeting. Then we had a go-around to give everyone a chance to share, briefly, their feelings and what they wanted to get out of being there.

Next, we decided when we would take breaks and when we would stop. (We often changed these times to adjust to the flow of energy of the meeting.) We made an agenda. Then we decided which item of the agenda we wanted to do first. When we finished that item, we decided which one to do next. We kept going until we were done. We always got to everything on the agenda.

Being at one of these meetings can at times become frustrating. Everyone was responsible for taking care of her/himself. Anyone could walk out at any time, or **ring the gong**. When the gong was rung, everything stopped. We all kept silent and paid attention to the gong ringer for two minutes or until the person said they were finished.

The decision making process was not a vote, with the majority ruling. Instead, we came to consensus. Sometimes we had motions introduced, sometimes we were not so formal. We talked things out until we found something that was O.K. with everyone. Consensus does not mean that everyone agrees. It means that no one disagrees so much that they would want to stop the rest of the group.

I stipulated at the start of the year that we would try to use consensus to decide things. If we had to make a decision and consensus was not working, then we would take a vote. We never had to take a vote.

The meetings were not chaos. They were high energy affairs, having an atmosphere in which the best of each of us could come out. They were surprisingly orderly and quite productive.

It was a very good year.

**ART SICHEL**

## MEMBERSHIP RENEWAL

It's that time of year again. Your membership in the IPA expires on August 31. Remember, if you attend the Summer Convention, your convention fee DOES NOT automatically include membership dues. Please renew now and save us considerable paper work. The new dues schedule (see Secretary's Corner for discussion of dues) is presented below. To renew, I just need your name, address (only if it's changed), and a check. Send to: IPA, 179 Prince St., #21, New York, NY 10012.

### 1986-1987 DUES SCHEDULE

INCOME	DUES*
\$25,000 or less	\$ 40
\$25,001 to \$50,000	50
\$50,000 to \$100,000	65
over \$100,000	100
Full time student (with proof)	20
Lifetime Membership**	\$1000

\*FOREIGN MEMBERSHIPS (OTHER THAN CANADA) ADD \$10.00

\*\*GUIDELINES FOR LIFETIME MEMBERSHIPS:

Lifetime membership fees may be distributed over a 5 year period (i.e., \$200 per year). If the member decides, after partial payment, that they no longer desire to maintain their lifetime membership, the amount paid will be credited toward future dues. UNDER NO CIRCUMSTANCES WILL PAYMENTS TOWARD LIFETIME MEMBERSHIPS BE REFUNDED.

ALL DUES ARE PAYABLE IN U.S. FUNDS ONLY. Canadian personal checks (in U.S. funds) accepted with additional \$5.00 fee.

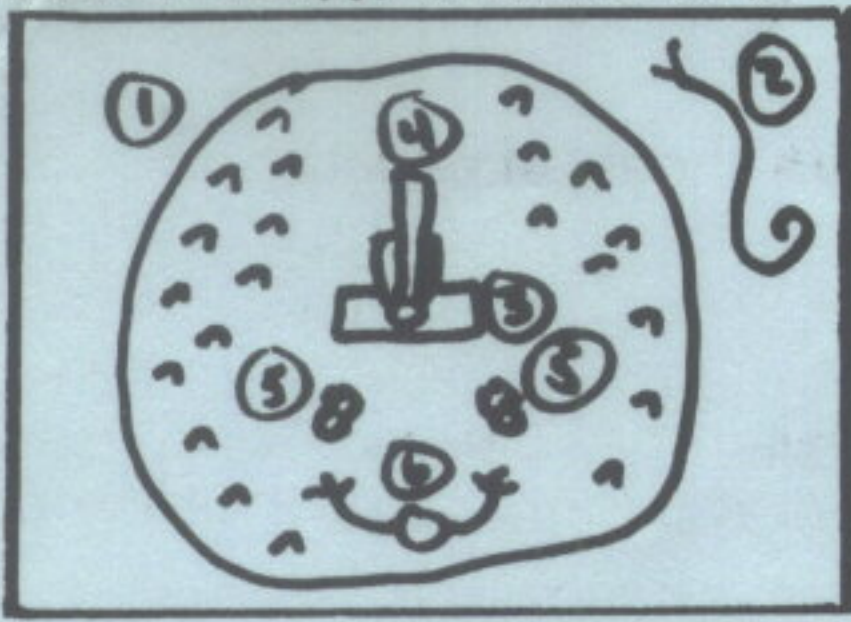
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## NEW MEMBERS

We would like to welcome everyone who has joined the IPA since the last newsletter was published. This includes renewals as well as new members. Please add the following names to your membership list:

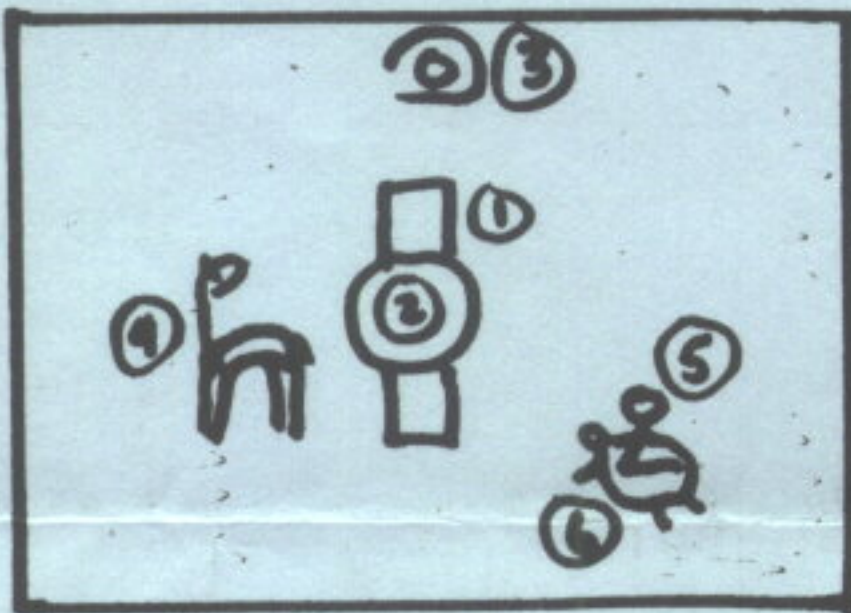
Rudy F. Fason 1515 Rio Grande Drive, #508 Plano, TX 75075 (214) 578-9279	Ruth McGinnis 24001 Southfield Road, Suite 102 Southfield, MI 48075
John Rowan 79 Pembroke Road Walthamstow Village London E17 9BB England	Sally Houston Rte. 1, Box 12 Craftsbury, Vt 05826
Phil Welches 1236 North Marion Ct. Chicago, IL 60622 (312) 489-6762	Michel Adzema 53 North Welles Street Wilkes Barre, PA 18702
	Alexandra Sheppard 3639 Bagley Los Angeles, CA 90034





#20 (1) a hill covered with dragon scales and a diverging path, (2) a dragon (I'm fighting a huge dragon), (3) an altar (I feel as if I'm being sacrificed on an altar), (4) a woman (me), (5) two monkeys and (6) a funny animal/monster (this is all a huge joke — the joke is NOT FUNNY).

At this time I was in a very bad place. I kept thinking about death. I didn't seem to be able to trust anyone. I was miserable. I was frightened and I couldn't communicate. Thank God for my sandbox.



#21 We were awakened about 3 am to do sandboxes and this was the result. A squarish clearing and a mound under 3, (1) a skeleton in a coffin (death), under (2) a transparent/translucent glass paperweight (my unconscious), (3) a monster (it's all monstrous), (4) a giraffe walking away looking backward (I'm looking at what has gone before), (5) a kneeling figure (me) riding (6) a turtle (longevity).

I left some of my misery behind, and started to work on my shadow.

The sandbox is a very useful tool to see where a person is at any given moment, useful to the person and to whoever is facilitating that person. There were Twenty-three of us on the Ark. I expect you would get twenty-three different answers to any question about sandboxes. As far as I know, there was no one who was negative. My sandboxes were some of the most important learnings on the Ark. They came from me, from my unconscious. Consequently, I had to trust them! I find, too, that my sandbox is a very good way to work out anger and any other strong feelings before they "get" to me!

Cynthia Robinson

## AESTHEMA NEWS:

The following issues are at the present time in the planning stage with publication dates to be announced:

**Birth;** Editors, Lance Wright and Barbara Wright  
**New Look at Theory and Practice;** Editors, Arnold Buchheimer and Fred Zielke

The Women's issue has been indefinitely postponed. We are looking for new editors. Any volunteers?

Submissions should be sent to Arnold Buchheimer, P.O. Box 148, Richmond, MA 01254.

### Articles should be

- 2000-2500 words long (no more, a longer piece may be published in two parts) but can be shorter
- typed double-spaced—large margins
- submitted in triplicate

Submitted pieces will be reviewed by at least two editors (therefore the triplicate). We will edit for clarity of content, correct English, and general readability, but not substantive content.

Comments on pieces are also welcome and should be sent to the authors. We plan to publish these with authors' responses.

We are looking forward to receiving your materials and reading them with intense interest.

The present editorial board consists of: The above mentioned editors as well as Dan Miller, Andre Moore, Lisa Novick, Art Sichel. We welcome volunteers and new editors. The attached survey is approved by the IPA Board of Directors. After six issues in the last four years, we would appreciate readership reactions. We are looking forward to your input, so that we may incorporate it in future issues.

### Definition of Love:

"The will to extend one's self for the purpose of nurturing one's own or another's spiritual growth."

- M. Scott Peck, M.D.

"Remember, A kite rises against, not with the wind."

- Hamilton Mabie



### SURVEY: ON AESTHEMA

(Please comment more extensively than space given on extra sheets of paper.)

REACTIONS TO:

	Excellent	Good	Fair	Poor
Content (please check one)	_____	_____	_____	_____
Format (please check one)	_____	_____	_____	_____

PLEASE EXPLAIN YOUR RATINGS:

Content \_\_\_\_\_

Format \_\_\_\_\_

WHAT TYPE OF CONTENT WOULD YOU LIKE TO SEE:

\_\_\_\_\_

WHAT CONTENT, IF ANY, WOULD YOU ELIMINATE:

\_\_\_\_\_

WOULD YOU SERVE AS:

\_\_\_\_\_ Contributor                      \_\_\_\_\_ Editor                      \_\_\_\_\_ Reviewer

IF YOU CHECKED CONTRIBUTOR, WHAT TYPES OF ARTICLES WOULD YOU CONTRIBUTE:

\_\_\_\_\_

\_\_\_\_\_

IF YOU CHECKED EDITOR, WHAT TYPE OF CONTENT WOULD YOU EDIT:

\_\_\_\_\_

\_\_\_\_\_

IF YOU CHECKED REVIEWER, WHAT TYPE OF CONTENT WOULD YOU REVIEW:

\_\_\_\_\_

\_\_\_\_\_

DO YOU LIKE THE CONCEPT OF "THEME" MAGAZINES?    \_\_\_ YES    \_\_\_ NO

IF NO, WHY DO YOU FEEL THIS WAY: \_\_\_\_\_

\_\_\_\_\_

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_

PLEASE RETURN TO: Arnold Buchheimer  
P.O. Box 148  
Richmond, MA 01254

THANK YOU!





INTERNATIONAL PRIMAL ASSOCIATION  
179 Prince Street, Suite 21, New York, NY 10012 (212) 254-9386



**PUBLICATIONS  
COMMITTEE**

Barbara Valassis, editor and production