

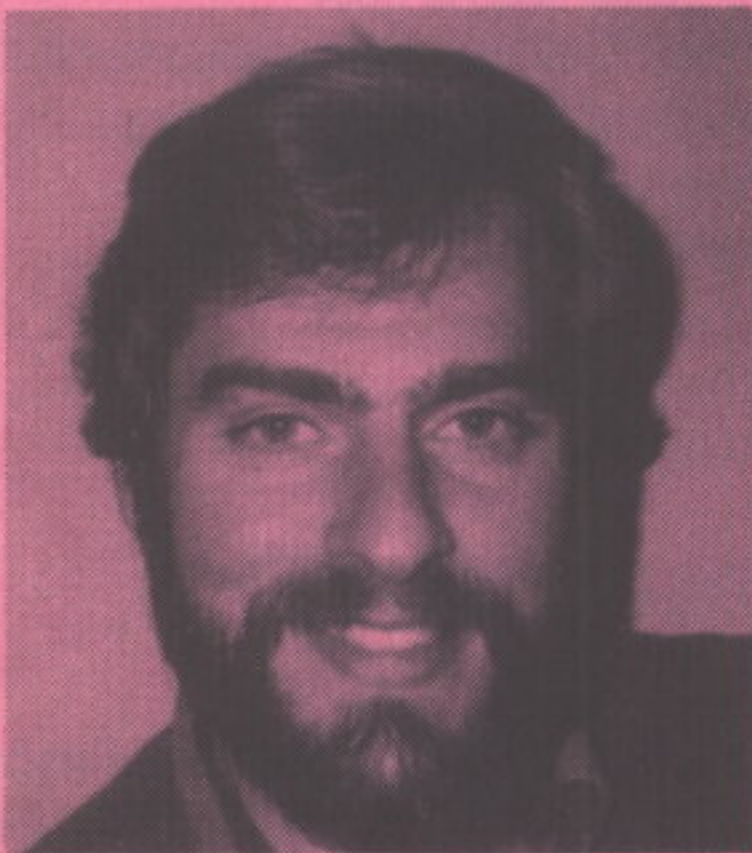


INTERNATIONAL PRIMAL ASSOCIATION

179 Prince Street, Suite 21, New York, NY 10012 (212) 254-9386

NEWSLETTER

SPRING 1987



MESSAGE FROM THE PRESIDENT On Growth and Expansion

We just finished our last board meeting before the Annual Convention. I am left with a sense of fulfillment, satisfaction and amazement.

The convention is our biggest, most important event. We are always concerned about someone assuming the responsibility of chairing the Annual Convention committee. Recently, it has been the vice-president's role. At this last board meeting there was much discussion about the vice-presidency and the summer conventions. The result was commitments from people to take responsibility for the next four annual conventions, through 1991! I think we were all amazed. It is a sign of our growth that we are no longer existing from year to year, but are planning years ahead.

Our summer conventions are also growing and improving. Last year we experimented with a sixth day. The extra day's experience, a "Process Day", was praised highly by the participants and will be repeated this year.

The concept of a "Process Day" was introduced to the Board of Directors by the Boston Study Group a number of years ago. Principles from the

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PLAY

One of the most provocative and challenging themes for a Summer Convention...

The dictionary defines play as, "To move or function freely, especially within prescribed limits." There are many definitions to play, from the child whose work it is, to the adult whose needs encompass not only recreation, but the deepest sources of his/her creativity. As Bruno Bettelheim wrote recently in **The Atlantic Monthly**, play is, "...free scope, plenty of room--to move not only one's elbows but also one's mind, to experiment with things and ideas at one's leisure, or, to put it colloquially, to toy with ideas."

In his provocative study of the contemporary American society, **The Culture of Narcissism**, Christopher Lasch identifies the loss of play as a major feature of industrialization and computerization. In an effort to increase productivity and profit, the commercial industry seeks to predict and control the future by eliminating the risk. This constrictive attitude allows little room for creativity, experimentation, and individualization. Play is largely absent from the working world. The pursuit of pleasure has replaced the challenge of play in the social sphere. The majority of the American public seeks gratification of the senses through passive entertainment and spectacle. exercising is a mechanized "work out". Sports are specialized competition with the emphasis on winning. Television, theatre, and cinema are arenas for violence, decadence, and extravagance. The loss of play in the adult world is not a natural consequence of maturity or aging, but a sociocultural phenomenon of the "modern age". Lasch suggests the psychological ramification of his provocative theory can be seen in the prevalence of narcissistic behavior.

Psychology and the practice of psychotherapy have clearly demonstrated that play is as essential to the continued development of the adult as it is to the early development of the child. Play offers the adult the opportunity to observe the self at a distance through role playing and team participation. Play expands the imagination and substitutes ideal conditions for the chaos of everyday life. Play provides an opportunity for change and growth through exploration and innovative reordering of reality.

As the theme for the 1987-Fifteenth Annual IPA Convention, **PLAY** explores a spectrum of provocative theories and challenges both personal and professional concepts. It challenges the individual to examine his/her attitudes about play and pleasure. It challenges the professionals and practitioners to reinstate play as a crucial dynamic in adult development. The IPA has long recognized the importance of play as a therapeutic tool, as interpersonal communication, and as community bonding.

Appel Farm provides us not only with "plenty of elbow room" but also the emotional space to "play" with each other and our ideas. The convention committee, Karen Buck, Susan Donefer, Loretta Fogel, Harriet Geller, Ross Klahr, Kate McAteer, Patricia Rice, Gro Robinson, Art Sichel and Larry Schumer, are "toying with ideas" to enhance and enliven this exciting theme. Your suggestions and inquiries are welcome. Take advantage of our special registration offer in this issue and register now! We invite you to expand and explore your playing self during the six days of the IPA Summer Convention.

The 1987 Convention Committee

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IPA Newsletter

The *Newsletter* of the International Primal Association is published by the International Primal Association, Inc. Opinions expressed by the authors are their own and not necessarily those of the IPA unless explicitly so stated. All submissions are to be typed double-spaced, with wide margins on 8½ x 11 paper. Contributions may be edited for publication. The *Newsletter* reserves the right to make final judgement as to the publication of material received. Send submissions to Barbara Valassis, 23011 Middlebelt, Farmington Hills, MI 48024.

Change of Address

Please let us know if you are moving, or if your name or address is incorrect (see your mailing label). Even if you are not a member, we want to be able to stay in touch with you.

MEMBERS, NEWS, NOTICES

Please call Art Feher if you are interested in discussing buddying, at (212) 663-2378.



Dr. Graham Farrant would like to announce his itinerary for his visit to the U.S.A. this summer:

JUNE 27-28, Petaluma, CA, Training Workshop for Professionals
JULY 4-5, San Diego, CA, Experiential Workshop, 'Personal Peace as a Prelude to World Peace'.
JULY 8-9, San Francisco, Workshop, 'Unfolding Consciousness'.
JULY 9-12, San Francisco, Pre and Peri-Natal Congress.
JULY 17-19, Colorado Springs, Workshop, 'Cellular Consciousness'.
JULY 22-23, Minneapolis - St. Paul, In-Patient Hospital Workshop.
JULY 24-26, Detroit, MI, Primal Workshop.
JULY 31 - AUG. 2, Toronto, Canada, Workshop.

Call Barbara Valassis for addresses of contact persons. (313) 478-5559.

NEW RESOURCE DIRECTORY

The third edition of our RESOURCE DIRECTORY will be published shortly after the Summer Convention. To make sure we get it out on time, please submit your copy AS SOON AS POSSIBLE. The deadline is September 15, 1987. If you need an application, call or write Larry Schumer (212) 254-9386.

1987-1988 SLATE FOR ELECTION

The IPA Board serving as Committee for the Whole, present the slate for 1987-1988:

President; Barbara Valassis
Vice-President; Ross Klahr
Secretary-Treasurer; Larry Schumer

Nominations may be made from the floor at the annual meeting. Proxy votes must be signed by the voter and mailed or hand-delivered to the chairperson of the nominating committee, or Art Sichel. They must not have attended the conference, or have discontinued attendance at the time of the voting. Disclosure of the proxy votes shall be made, only to the executive board, upon request.

NOAH'S ARK SAILS AGAIN

The Ark Intensive Training Program for individuals interested in being therapists will sail again January 10 to February 20, 1988. The day and night journey of over 1000 hours will awaken the sleeping giant that is YOU and empower your uniqueness and you will receive at least 80 hours of individual therapy. The most advanced creative and enriching therapist training is being offered. Sandplay therapy that has proven a phenomenal diagnostic and therapeutic medium will be available to the trainees during the Ark.

The time to apply is **NOW** by sending your autobiography to Bill Smukler, The Carriage House, 7315 Sprague St., Philadelphia, PA 19119, telephone (215) 242-6667.

The Ark will last for 42 days. The cost is \$3500 and includes all therapy, training and room and board.

The list of trainees from the previous Ark will be mailed to you on request, should you wish to contact them as to the breadth and dimension of the experience.

CALENDAR OF EVENTS

IPA Annual Convention
September 1-7, 1987
Appel Farm, New Jersey.

New York Conference
Tentatively the end of February.

Western Regional Conference
San Francisco, California
May or early June, 1988.



ROSES TO

ROSES TO:

Andre Moore, Florine Snider and the committee for a really excellent conference in N.Y.C.

ROSES TO:

Florine Snider for hostessing the Board meeting on March 1st. in New York.

ROSES TO:

Bill Smukler for providing space for the IPA Process Day in May.

ROSES TO:

Loretta Fogel and Trish Rice for hostessing the Board meeting in Philadelphia in May.

ROSES TO:

Leslie Cotton for providing excellent healthy food for the Board meeting in Philadelphia.



PROGRESS REPORT

LANCE AND BARBARA WRIGHT want to thank everyone for their support, best wishes and healing energy in response to their injuries from their auto accident in December, 1986. All of the above has facilitated excellent, prompt healing - THANK YOU!

FACES AND FEELINGS

Our local newspaper recently carried an article about a study, conducted by Sean Austin, which concluded that violent behavior may be due to the inability of the hostile person to correctly identify the facial expressions of the person against whom he directs violence.

The relationship between facial expressions and their interpretation by violent juvenile delinquents compared with non-violent juveniles was the focus of the study. It revealed that the violent group were often unable to correctly identify the emotions which lay behind facial expressions. The study, based on ten years of research, concluded that the violent teenagers' inability to correctly perceive other people's facial expressions makes them see anger and hostility when neither are present. Austin believes that since both groups had similar environments, that the deficiency in correct perception is not due to home socialization, but in fact may nonetheless be learned.

With co-researcher William McCown, an experiment was conducted in an attempt to retrain youths to correctly identify facial expression in order to reduce inappropriate behavior. As a result of the training it was felt that the amount of hostility was reduced as compared to the control group who were in standard psychotherapy. Austin and McCown have reported that positive results have been made in retraining youths at developing skills in correctly identifying facial expressions. It was hoped this would result in reduced hostility and improved behavior.

Training individuals to correctly identify the underlying emotions in the faces of people with whom they come in contact misses the point completely, since it ignores the reason why the misinterpretation is made in the first place. A hint that perhaps the research was going in the correct direction was revealed when Austin said that his "...experience is that delinquent adolescents have a hard time making eye contact. That may be because they don't want to see disapproval." Unfortunately this approach to understanding the problem was not followed through. It is undoubtedly true that eye contact is avoided because the delinquents don't want to see disapproval, but the story does not end there. Realizing this is only the beginning in understanding why violent people avoid eye contact.

CRITIQUE

There are any number of ways that an infant finds out whether he is loved or not. One of the most important avenues to this knowledge is through the sense of vision. Recent studies have backed up this truth learned in Primal Therapy---that vision in new-born infants is very well developed. There have been many reports of individuals in Primal Therapy re-living early crib primals which involved the sense of vision. In a large number of cases the primal patient arrives at the conclusion that he is unloved by the appearance of his parent's eyes and face. The frown, the indifference, the angry look of the infant's mother or father instantly reveals to the newborn that he is neither wanted or loved. It is not only the eyes, but facial expressions as well which reveal the mirror of one's soul. For this reason it should come as no surprise that violently delinquent juveniles often find making eye contact difficult and uncomfortable.

Each time the delinquent juvenile makes eye contact with someone, he may be re-living the way he received early confirmation that he was unliked. Thus he may experience the pain of rejection in the present, whether it is real or imagined, because of the closeness to his easily triggered primal pain. Because of his own early vision induced conclusions as to his acceptability as a person he has become exquisitely sensitive to not only gross rejection but to even hints of possible rejection. The rejection may be real, but his mind cannot distinguish between the present day reality and his early childhood rejection. For these reasons it should not be any cause for wonder that he misinterprets others' facial expressions.

One of my most vivid early infancy primals dealt with visions of my mother's young face. During the primal I particularly noticed her eyes. Her eyes looked tired, but their most important characteristic was their indifference. During the

continued on page 4

Faces and Feelings, cont. from page 3

primal I saw her eyes from different angles. The tiredness was usually there. The uncaring indifference was always present. During the primal I remembered my early childhood fears of people looking at me. The dread was so severe that I did not attend my grammar school graduation. I can remember my brother teasing me by glaring at me! This would upset me and I would ask my mother to make my brother stop looking at me! In college I often dropped courses if the oral presentation of a report was required. Being the center of attention for more than a few moments would embarrass me. Since primalling began, it has become necessary to make verbal presentations. On each occasion the dreaded chore has become easier. I used to not look at the audience but I do now and have found out that no one out there was out to get me, so I am able to concentrate on the presentation which then becomes even easier.

CONCLUSION

What the violent juvenile needs is the same thing which all neurotics need and which they did not get in their childhood. Since it is too late to fulfill these needs, they should get the closest thing to it and paradoxically it is for them to feel the lack of fulfillment of those needs in a totally encompassing visceral way—the way of primal therapy.

John A. Speyrer
Opelousas, La



Leslie Cotton led this "Prayer of Good Intentions" at the close of the December, 1986 Board Meeting.

A Simple Prayer

Lord, make me an instrument of your
peace.

Where there is hatred... let me sow Love.

Where there is injury... pardon.

Where there is doubt... faith.

Where there is despair... hope.

Where there is darkness... light.

Where there is sadness... joy.

O Divine Master, grant that I may
not so much seek

To be consoled... as to console,

To be understood... as to understand,

To be loved... as to love,

For

It is in giving... that we receive,

It is in pardoning... that we are pardoned,

It is in dying... that we are born to
eternal life.

Saint Francis

SECRETARY'S CORNER

By Larry Schumer

The last Board meeting was March 1st, the day after the NY Regional Conference. The conference, by the way was GREAT. Mira Rothenberg gave an outstanding presentation on her work with autistic, schizophrenic and delinquent children. If you missed this one, you missed something special.

Before I get to the Board's business, let's talk about *Aesthema*. I think that the latest issue, (No. 7, Birth: Etiological, Developmental, Therapeutic Perspectives), is the best yet. The articles were just great. I'd like to offer my personal congratulations to Arnold and Lance for bringing together such an interesting set of perspectives. The *Aesthemas* were mailed out to all current members just after the conference. Non-members can obtain one by sending me (the IPA, that is) \$6.00. Subscriptions are \$10.00 and entitle you to two issues. NOTE: I was not paid or coerced to say any of the above.

Okay, down to business. Besides being great, the NY Regional conference was financially successful. (You may recall that the Board has mandated that all activities must pay for themselves and make a small administrative profit.) The conference gave us a net profit of about \$1300.00, attendance however, was down this year: 51 versus 62 last year.

NOW IS THE TIME TO EXPRESS DESIRES/COMPLAINTS/ETC. CONCERNING THE SUMMER CONVENTION. Every year I go on about how we get all these suggestions AT the convention. Call Ross now, while we're still making plans, if you have some ideas to share or you want to work on the committee. Like last year, this year's convention will be 6 days long. Many people want to make this a regular thing, that is, keep the convention 6 days long instead of 5. To do so, we have to guarantee Appel Farm 20 people for the first day. So, if you like longer conventions, let us know by registering for it when the time comes.

Before I finish, (my brain is fried from work so I don't have much to say this time), I'd like to clarify something. At the NY regional conference, someone said something about coming to the Board meeting, implying that they thought they weren't allowed to attend. Let me state very clearly that any member is invited to attend any Board meeting. If you have something you want on the agenda, just call the president (Art Sichel) in advance. So there you have it. No excuse for not coming to a Board meeting if you want to!

President's Message, cont. from ft. page

Process Day have been substituted for Robert's Rules of Order in running the Board Meetings. (This has been described in previous Newsletters.) The result has been a significant difference in the quality of board meetings. The clarity of communication is enhanced and the meetings are more productive. Those at the meetings feel more responsible, more powerful and more respected. They feel more valued and the contributions they make are of greater worth. We waste less time and are able to conscientiously work through more difficult issues. The meetings are more enjoyable and more rewarding.

The Process Days have helped us release energy to grow. We are also moving in another direction--West. Plans are in the works for our first Western Regional IPA Conference, scheduled for early summer of 1988. The committee which will create it is forming now and has already begun its work.

Another sign of our growth can be seen in our journal, **Aesthema**. We are very proud of the high quality of recent issues.

Freudian scholars have been telling me how close some of the early Freudians were to primal. I was thinking about those early Freudians. Freud showed them something new. They worked with it, played with it, explored and developed with it. They wrote about it, both to aid in their personal growth and to teach each other.

Like them, we have been shown something new. And, like them, we are exploring with it. You can read about the discoveries in **Aesthema**. But don't just read about it. To help yourself grow, to help others grow, to help those who come after to understand and develop primal further, look at yourself, at what you are finding and how you are finding it. Write it down and submit it to **Aesthema** for publication.

I am looking back now, over my two years as President of the IPA. For two years before that I was Vice-President. It has been a time of growth for me and for the organization. We are doing a better and better job of meeting the personal needs of our members. Professional needs are being addressed also, but there we have more room to grow. We must continue to become more of a forum in which therapists can get their professional needs met.

It has been a good time for me. Thank you for the opportunity, for all your help and support.

Art Sichel

PROCESS DAY

Led by Lance Wright and Mary Thompson

Our Process Day on May 2nd, was held at Bill Smukler's Carriage House. We had a gorgeous Philadelphia May weekend. Anna's garden and the surrounding new green and blossoming spring helped us get off to a good start.

We began with a "go-round" of the members of the group.

Lance then passed us copies of the rules of order for Process Day. We looked at them briefly.

We began the processing itself by brain-storming a question presented by the Phila. group. That question was: What are your needs, interests and concerns about the IPA, the board and your relation to them?

We then developed a brain-storm list as follows:

1. The IPA new leadership including:
 - a. Nominating Committee.
 - b. New York Regional Conference.
 - c. Summer Convention.
2. Personal/primal issues during Process Day.
3. The present physical problems of the group and board.
4. Membership.
5. Separation feelings (of individuals) relating to the IPA.
6. The importance of the individual needs of the members.

We began prioritizing by combining numbers 2, 5 and 6 into our first discussion. We defined these as individual, person and separation issues. This discussion also briefly included number 3, our physical problems.

We then grouped the other issues 1 and 4, into the second phase of our discussion. These two divisions of our concerns took us through the day.

At the end of our afternoon time together, we summarized our day in the following way:

- We again affirmed the value of coming together and talking about who we are.
- We reiterated our belief that the process of doing something is as important as the results.
- Hal felt we did a lot that was introductory. He said it was "heady" but it launched us into the rest of the day.
- Harriet wanted us to stay focused on what our process is.
- Kate wanted us to be aware of habitual patterns. She talked of trusting that we have enough energy to keep a vital organization going even if we change patterns.
- Leslie felt there is love in abundance among us. The trap is our belief that we don't have enough. This is what leads us to burn out. Others in the group suggested reaching out for help when we need it.
- Steve was aware of the free interpretation of process during the day and was interested that it worked. He liked the playfulness and hoped Art's concerns for those with physical problems might still be addressed.
- Cynthia was impressed with our need to remember that nothing is written in stone.
- Teresa said she enjoyed being with us and reiterated her concern for the physical problems of our members.
- Bill said he thinks the maturity of our group is solid and protective of new people coming into the group.
- Larry said he feels grounded because of what we did this day. He is proud of the list we produced. He feels we are "tightening up our act".
- Lance gave a thank you to Steve and Hal for beginning and teaching us Process Day.
- Art thanked Lance and Mary for the day.
- Harriet suggested we might have gotten past the "heady stuff" if we had gone over rules out loud, which Lance suggested when he and Mary prepared the day.

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Process Day, cont. from page 5

- Mary felt some people process better when the "heady stuff" is spoken and that it is not a waste of time.
- Kate reminded us to keep an attitude of openness to newcomers as we continue these Process Days. (All IPA members are invited to attend Process Days and interact with the Board.)
- We had a final discussion about our concern for physical and emotional healing among ourselves.
- We ended Process Day by giving Teresa a group rock.

We were all grateful to Loretta and Trish for providing us with food for the whole day.

Loretta and Gail, David and Corianna, Anna and Ishie joined us for supper. After a relaxing supper, we laughed, walked, talked, went for rides and ice cream. We retired to sleep and be ready for board meeting the next day.

Bill and Anna were more than hospitable, they made us comfortable.

Mary Thompson

AESTHEMA NEWS

The current issue to be published in Fall of 1987 is a truly international issue with contributions from Sweden, United Kingdom. and the U.S.A. It will contain articles by Thomas Videgard, Steven Khamsi, John Rowan, Andre Moore, Art Sichel (hopefully), and Florine Snider. The title of the issue is "Primal Therapy Evaluated".

Projected issues are:

Spring 1988 - "Therapeutic Relationships".

Fall 1988 - "The Religious Experience and Primal Therapy".

Spring 1989 - No theme! Articles will be accepted without necessary relationships to a "theme issue".

Fall 1989 - "The Creative Process; The Arts and Primal Therapy".

We have three new members of the Editorial Board: Barbara Markovits, Louise Rockman and Barbara Valassis.

Contributions will be gratefully accepted. At the present time we have received submissions for all of the above except the Spring 1989 issue.

Please submit all articles and suggestions for future issues to: Arnold Buchheimer, Rossiter Road, Richmond, MA 01254. Telephone No.: (413) 698-3820. Comments on articles are also welcome and should be sent to the above address as well. We plan to publish these letters with authors' responses.

Requirements:

- Generally 2,000 to 2,500 words in length but can be shorter. Longer pieces may be published in two parts.
- Typed, double-spaced with large margins.
- Submit in triplicate, please!
- University of Chicago Manual of Style should be followed for bibliographic references.
- Articles should be accompanied by a biographical sketch approximately 100-150 words in length.

Submitted pieces will be reviewed by at least two editors. We will edit for clarity and content, correct English and general readability, but not for substantive content.

We're looking forward to receiving your manuscripts and to reading them with intense interest.

REGIONAL CONFERENCE

Florine Snider

The IPA Regional Conference on February 28th, held at the DiMele Center in New York City chose wisely in its selection of Mira Rothenberg, as its keynote speaker for the theme of "Childhood Trauma and The Healing Experience".

Ms. Rothenberg author of the best-seller, "Children with Emerald Eyes", and a leading pioneer in the treatment of autistic and schizophrenic children, spoke in depth about two of the kids she had worked with intensively. Her talk, coming as it did from her heart, was both chilling and inspiring, as she recounted specific experiences in the lives of the children, their struggles and failures, as well as successes.

The Panel, following her talk, made up of Bill Bird - Forteza, Professor at Westbury College and therapist, Jeremy Robinson, a psychotherapist practicing in NYC, Barbara Valassis, a therapist from Michigan, and Florine Snider, a therapist in NYC acting as moderator - opened up the topic for further comment and discussion.

After the comments by the Panel, the discussion and questions were fielded from the floor for the next hour and proved quite lively.

Following a full morning, the conference adjourned at 1 o'clock for lunch - after a standing ovation for our inspired speaker, Mira Rothenberg.

The conference resumed at 2:30 p.m. (until wine and cheese time at 6:00 p.m.) with people attending individual workshops led by Glenn Boles, Michael Bernet, Gro Robinson and Ross Klahr, Art Sichel, Kate McAteer and others, -- carrying out the theme of "Early Childhood Trauma and the Healing Experience".

The consensus seemed to be: "A very fine conference" -- but why not more participation by IPA'ers and their friends? Just think, if each of us brought one person to the next Regional Conference, it would be smashing.

NOTE: CHILD CARE

Anyone interested in cooperative child care at the Annual Convention this summer, please contact Gail Clark or Art Sichel at 1122 North Broad St., Hillsdale, N.J. 07205, (201) 820-0772.

ACKNOWLEDGEMENT An IPA Resolution

At the IPA Board meeting held at Florine Snider's home on March 1, 1987, the following resolution was passed by consensus:

That the Board observe and attend to the acknowledgement needs of the IPA membership guided by the essence statement of the IPA, by advising the president of such needs.

Hal Geddes

COMMUNITY; PRIMAL ABREACTION; BEING (ESSENCE STATEMENT)

A community of feeling oriented people who highly value primals, abreaction, primal process and other deep feeling work as a means to the ends of healing, loving, growing, wholeness, authenticity and BEING; offered in an atmosphere of love, permission, acknowledgement and support.

BOOK CORNER A MOVING EXPERIENCE

Dance for Lovers of Children
And the Child Within

By Teresa Benzwie
Illustrated By Robert Bender

"Master teacher Teresa Benzwie has written a profound and engaging book on multimodel education. *A Moving Experience* is one of the best examples of teaching children from an innovative perspective through movement and dance. We as individuals are as different from each other as snowflakes and each of us, especially in childhood, explores the world in different ways. In order to preserve the genius and developmental potential of childhood, we teachers and caretakers must give the universe back to the child, and do so in as rich and dramatic a form as possible."

Jean Houston, Director
Foundation of Mind Research

Internationally respected, Dr. Benzwie is known for her workshops using creative movement to teach cognitive skills and self-acceptance. Her latest triumph, *A Moving Experience*, is filled with these techniques and ideas for creative movement — for dancers and non-dancers, teachers & parents as well.

IPA DUES SCHEDULE 1987-1988

Income	Individual	Family**
Full-time student (proof required)	\$ 20	
\$25,000 or less	\$ 40	\$ 60.00
\$25,001 to \$50,000	\$ 50	\$ 75.00
\$50,001 to \$100,000	\$ 65	\$ 97.50
over \$100,000	\$ 100	\$ 150.00
Lifetime*	\$1000	\$1500.00

Foreign memberships (other than Canada) add \$10.

ALL DUES ARE PAYABLE IN U.S. FUNDS ONLY. Canadian personal checks (in U.S. funds) are accepted with an additional \$5.00 service fee.

*GUIDELINES FOR LIFETIME MEMBERSHIPS:

Lifetime membership fees may be distributed over a 5 year period (i.e., \$200/\$300 per year). If a lifetime member decides, after partial payment, that they no longer desire to maintain their lifetime membership, the amount previously paid will be credited toward regular yearly dues (at prevailing rates). Payments toward lifetime memberships are not refundable.

GUIDELINES FOR FAMILY MEMBERSHIPS:

- Two people living at the same address are eligible for family membership.
- Dues category is determined by combining the incomes of both members.
- NOTE: One mailing will be made per family membership (i.e., one Aesthema, one Newsletter, etc.)

SUMMER CONVENTION NOTICE

There will be a limited number of work/scholarships available for the Summer Convention. For information, call Ross Klahr at: (212) 228-5272.

EARLY BIRD REGISTRATION Save \$\$\$\$

Register now for the Summer Convention and save. Send your **full registration fee**, name, address, number of people and days they'll be attending to: IPA, 179 Prince St., #21, New York, NY 10012. For more info., call: (212) 254-9386 (evenings). DEADLINE FOR EARLY BIRD REGISTRATION IS JULY 15, 1987.

6 DAYS: \$335
5 DAYS: \$285
3 DAYS: \$205

EARLY BIRD REGISTRATION

Name _____
Address _____
No. of People _____ Days Attending _____
Amount Enclosed \$ _____



INTERNATIONAL PRIMAL ASSOCIATION

179 Prince Street, Suite 21, New York, NY 10012 (212) 254-9386

The International Primal Association is a non-profit organization dedicated to the study and practice of primal therapy. It was founded in 1972 by Arthur Janov, M.D., and has since become a leading authority in the field. The Association's primary focus is on the development and dissemination of primal therapy, a form of psychotherapy that addresses the emotional and physical effects of early childhood trauma. Through its various programs, including seminars, workshops, and publications, the Association provides a comprehensive framework for understanding and resolving primal pain. Its members, who are practitioners and researchers alike, work together to advance the field and provide support to individuals seeking healing through primal therapy.

The Association's commitment to research and education is reflected in its extensive library of books and articles, as well as its regular seminars and workshops. These programs are designed to provide participants with a deep understanding of the theoretical foundations of primal therapy, as well as practical techniques for its application. The Association also offers a variety of resources for its members, including access to a private online forum and a directory of practitioners. Through its efforts, the International Primal Association continues to play a vital role in the advancement of primal therapy and the well-being of its members.

The Association's membership is open to individuals who are interested in the study and practice of primal therapy. There are several membership categories, including individual, family, and corporate membership. Each category offers different levels of access to the Association's resources and programs. The Association's membership is diverse and international, reflecting its global reach and impact. Through its membership, the Association provides a supportive and collaborative environment for individuals seeking to explore the power of primal therapy in their lives.

THE ASSOCIATION'S MISSION IS TO PROMOTE THE STUDY AND PRACTICE OF PRIMAL THERAPY AND TO PROVIDE SUPPORT AND RESOURCES FOR INDIVIDUALS SEEKING HEALING THROUGH PRIMAL THERAPY.

1981-1982
BY THE ASSOCIATION