

IPA Newsletter

International Primal Association ♦ Winter 2000

2 Elizabeth Lane ♦ Peabody, MA 01960 ♦ (978) 535-4181

Message from the New President

By Larry King

In the Spring of 1973, I received a notice from Bill Swartley that he, Hy Weiner (who was part of our New York Primal Study Group), and Tom Verny, a Toronto psychiatrist, were inviting me and many others interested in Primal Therapy to Montreal at the end of August to start a "Primalistic Association."

I had met Debby early that year and this fitted perfectly into our summer plans. Her sister, her sister's husband, and several other psychologists and a psychiatrist ran The Center For Change, the only psychological clinic in Burlington, Vermont, (which is more than half way from New York to Montreal).

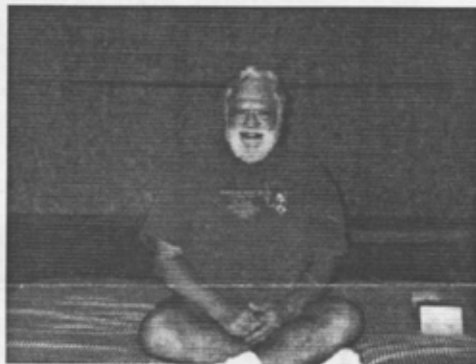
They arranged for me to do an introduction and demonstration weekend workshop on primal at their Center and a two week training intensive with one of their staff.

I am told that this was the start of quite a lot of use of the primal process in Vermont. Both Debby and I participated in the organizing Convention in Montreal. There, the name "International Primal Association" was adopted, though many were afraid that Janov, who had trademarked the word "Primal," would sue us. (Which he did, but he lost.)

A major goal of the new IPA was to start a certification program. It has taken a long time, but I will be very proud if during the term of my presidency we see the first therapist certified by us.

At the 1999 convention, Fred Zielke asked me to facilitate a workshop brainstorming the topic: What are the goals of the IPA and how can we achieve them? John Speyrer and Walter Gambin have summarized that workshop in this Newsletter. Please read it and get back to me with your comments and ideas. With your help, this can be another great year for the IPA!

You can contact Leonard Rosenbaum by Email: leonardleonard@compuserve.com
or call Larry King at 212-580-3734



My 22nd IPA Summer Convention

By Harriet Geller

The 1999 Convention was one of the best yet for me. Do I say that every year? Well, here's something I don't say every year: I'm the best yet!

I interacted with everyone, I led an evening activity and a workshop, I performed in Cabaret, I slept less in six nights than I usually sleep on a long weekend, - and I felt great the whole time. I credit the recent intense work I have been doing and continued to do at the Convention (not to mention the work I've done for the last 20 years) with allowing me to remain centered, self-reliant, empathetic and happy in the face of unremitting love and attention and even the IPA business meetings. The atmosphere created by Yvonne Parma's sweetness and equanimity was also a factor not to be overlooked.

Cont. on pg. 4

International Primal Association
c/o Judy Lucrezia
2 Elizabeth Lane
Peabody, MA 01960
(978) 535-4181
Toll free (877)-PRIMALS
Winter 2000

OFFICERS

President

Larry King, 365 West End Avenue #13C
New York, NY 10024-6532
H 212-580-3734

Vice President

Leonard Rosenbaum
4220 Alton Place NW
Washington, DC 20016
H 1-800-leonard
E-mail -
leonardleonard@compuserve.com

Treasurer

Jerry Lucrezia, 2 Elizabeth Lane
Peabody, MA 01960
H 978-535-4181
E-mail - japl@shore.net

Secretary

Judy Lucrezia, 2 Elizabeth Lane
Peabody, MA 01960
H 978-535-4181
E-mail - japl@shore.net

BOARD OF DIRECTORS

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IPA NEWSLETTER

Editor

Barbara Bryan, 23011 Middlebelt
Farmington Hills, MI 48336
H 248-478-5559
babryan@concentric.net

Keeper of the database:

Judy Lucrezia, 2 Elizabeth Lane
Peabody, MA 01960
(978) 535-4181
japl@shore.net

Web Site - www.primals.org

Deadline for the Spring Issue is
February 15, 2000

Members News and Notices

The Ark is sailing again! January 16th through February 26th, 2000.

If you are interested in intense personal therapy and/or training to be a therapist, this may be what you are looking for. Excellent staff to trainee ratio. Unique multi-modal approach, power-packed schedule, beautiful country site. Call Bill Smukler Ph.D. at (215) 242-6667 or Mary Thompson at (610) 736-0411 or Barbara Bryan at (248) 478-5559 for Information.

William Emerson offers a variety of training and experiential workshops between now and the end of the year - Oct. 22-24 in Denver on "From Conception to Birth: Regressions to Pre and Perinatal Stages;" Oct. 28-30 in Minneapolis on "Birth Trauma: Long-Term Effects & Treatment;" Nov. 5-7 in Seattle on "Treating Shock through Shock Reconstruction;" and Nov. 19-21 in Petaluma CA on "Treatment of Trauma in Infants, Children & Adults." For complete details, visit his website at www.emersonbirthrx.com or call his office at (707) 763-7024.

Terry Larimore has a newly-designed set of 8 informative brochures on her pioneering work with adults and infants, including an introduction to shock and trauma, information on sponsoring her workshops, details of trainings for therapists and parents, and survival skills for birthworkers. For a free copy of the whole set, contact her at terry@terrylarimore.com or call (415) 924-6432.

Michael Hoyland-Young recently remodeled the Carlaw Therapy Center, 245 Carlaw Avenue, Suite 312, in Toronto's South Riverdale area and has a group room and two beautiful individual therapy spaces available for rent on a part- or full-time, on-going or short-term basis. If you would like to see clients, run groups or offer workshops in Toronto, call Michael at (416) 462-9340.

St. Mary's University announces new Post-Grad Program in Prenatal & Perinatal Human Development.

Program Description: This is a two year course that consists of attendance at residential intensives and self-directed learning and instruction. The first year will consist of an in depth study of the field of Prenatal and Perinatal Psychology. The second year will provide the student with an opportunity to develop a special expertise in an area of PPPHD of particular interest to him or her.

Successful completion of the first year leads to a certificate in Human Development while completion of the second year leads to an MA in Human Development (Prenatal and Perinatal Psychology and Health).

Program Director Dr. Thomas R. Verny is a psychiatrist, founder of the Pre- and Peri-natal Psychology Association of North America and author of many scientific papers and books including *The Secret Life of the Unborn Child*.

Applications are now accepted for the term starting July 19, 2000. For more information please contact SMU, Prenatal and Human Development

Phone: 1-800-328-4827, code 4015, ext.0

Fax: 612-728-5121

E-mail: tc-admission@smumn.edu

Web: www.smumn.edu

The International Primal Association, Inc. publishes the IPA Newsletter. Opinions expressed by the authors are their own and not necessarily those of the IPA. The Editor reserves the right to edit contributions (unless explicitly requested not to do so) and to make final judgment as to the publication of all materials received. Please submit contributions via e-mail if possible, otherwise typewritten or VERY legibly written to the editor. Send changes of address to the Keeper of the Database.

Excerpt from Four Therapy Experiences By John A. Speyrer

Editor's Note: John submitted 4 therapy experiences at the convention. Due to space issues, I have included only the introduction and one experience. To see the others, go to his website at <http://home.att.net/~jspeyrer/ipaexps.htm>

Introduction

The day before I left for the 27th annual International Primal Association Convention in New Jersey I was filled with anxiety. I was restless all day, paced endlessly, and felt overloaded as I packed my suitcase. Anticipated travel has always been the perfect metaphor for my birth. I had feared that something would interfere with my trip to New Jersey.

I should have expected the anxiety since I had had a dream two nights previously of driving an automobile which I could not control. I would keep hitting objects in the road. Nothing in the car seemed to work, especially the steering wheel and brakes. It was a dream with which I was familiar and usually portended deep birth primals to which I would soon connect.

I was taking an early flight, so I asked a friend to telephone me the morning of departure to make sure I had awakened in time. And that was just backup assurance since I had set not one but two alarm clocks as additional insurance! I feared that something would happen to interfere with the upcoming journey as something had happened during an earlier, most important journey -- my journey to be born.

Sand Tray Work

For many years I had heard positive comments about Dr. Bill Smukler's sand tray process and was anxious to construct such a tray. Bill's sand play room was surrounded by tables on which lay hundreds of small items from the many thousands in his collection. [Bill, who is 84, is the originator and developer of The Ark, a 40 day intensive feeling psychotherapy experience.]

The trays used were large aluminum containers in which were a few inches of sand. I was told by others that my unconscious would choose the items. But, for the past year and a half my unconscious had truly become my consciousness.

Eighteen months ago I had received a possible death sentence diagnosis of a brain tumor which had opened me up to re-living my near-death in the birth canal and also severe depression during which thoughts of death predominated. The brain scans I had had showed no tumor existed, but the obsession and fear of death and dying remained as the floodgates of memories of my traumatic birth had been opened.

The primals of nearly dying during birth occurred almost daily but for only a couple of minutes at a time. The depression slowly lifted and preoccupation with death diminished. After a year, the length of the primals increased to 20 minutes and their frequency to about once each week.

So, even before I began my sand tray process I knew exactly which items I needed to choose to symbolically recreate my near death in the birth canal trauma. I immediately found a dinosaur, a Tyrannosaurus Rex, with its huge, powerful jaws and then searched and found a baby which I inserted between its jaws. I then began looking for scary monsters and found the creature from the movie, Alien, (which itself contains powerful traumatic birth symbolism.) I found a few other creepy looking creatures which I arranged beneath the towering dinosaur which was crushing the baby.

I then found a doll - a well-dressed attractive woman and placed it behind the dinosaur, but facing away from the reptile. She would represent my feelings that my mother was not hearing me during my birth while I was pleading for help from her.

I then looked for and found other images of death with which I surrounded the dinosaur and its victim. I used skulls, a human skeleton, a serpent and other macabre items. Finally, I chose two "power" animals -- a gorilla and an elephant. These were the only two positive subjects I had used in the sand tray and represented the power I would need to be able to get unstuck and get born.

The next day Bill helped me with my sand tray. He began with the induction of a light relaxation/hypnosis exercise which did not unearth any unconscious reasons for my choice of items but the exercise convinced me of the potential power of the sand play process.

Continued from page 1

There were the usual hard choices to make among workshops, massage, buddying, sand play, and just hanging out, but at least the crummy weather eliminated sunbathing from the mix. I got naked only one brief time. The Women's Group was once again a daily feast of love, angst, music and communion, and I appreciated the extra 15 minutes allocated in the schedule.

Another event that stands out for me was the 12-hour holotropic breathwork session, warmly and competently facilitated by David Pearson and Ted Riskin. At the time I did not think that my experience of reconnecting with my sexuality was especially significant, but it has continued to resonate in me and may become a springboard for a new adventure into the depths of my psyche.

My unanticipated connection to the music in the breathwork (and Women's Group) may also be a bellwether of a new involvement with harmonic vibrations. I certainly thoroughly enjoyed our resident Blues Brothers' (Fred Zielke and Steve Austill) workshop on the basics of the blues. They have promised to do it again next year at an earlier time so that all participants can get down and sing the blues at Cabaret.

I welcomed the availability of a primal group every day - cleverly dubbed the "Mat Track." On Saturday, my Mat Track experience combined with other threads in the fabric of the Convention - most particularly sand play and the work with ideal parents that I had presented in my workshop - to weave one of my most important pieces of therapeutic work in a very long career. I was given great clarity about my path and unprecedented (for me) hope for the future.

The work came out of my need to be more present and less triggered into impatience at the IPA business meetings. To some it may not seem that I achieved my goal, but I know that my awareness is heightened, my shame diminished, and my access to ameliorating resources enhanced. I was enabled to see how lack of awareness and confused priorities sometimes caused us in Monday's meeting to violate our frequently iterated principles, particularly the one about supporting and taking care of one another.

A few examples of our transgressions: Marlene Schiller was sent out to gather people just prior to the election, and the election was held in her absence; the newly elected officers and Board members were not given an opportunity to speak; Brian Stark was never acknowledged for his two years as president; the Men's and Women's Groups were cruelly excised from the schedule (yes, I'm triggered) to allow the business meeting to run overtime. This happened despite the uproar that occurred last year after a similar devaluing of the Women's Group and promises that such a thing would never happen again (the groups were reinstated in the schedule with a lot less furor than last year).

To my mind, all of these incidents came out of anxiety about time, a phenomenon that is often the basis of my own acting out. Although it feels as if there is never enough time for everything we want, the truth for me is that my mother was always rushing me and I recreate that scenario as an adult.

Time pressure issues could be considerably alleviated at the annual meeting and at Board meetings if an agenda with strict time limits for each item were presented by the president. As we saw, discussion at the meeting about time divisions only exacerbates the problem. After the agenda is completed, any excess time created by items that under-utilized their allotment can be applied to unfinished or unscheduled items. Low priority items (assigned to the end of the meeting, of course) can be eliminated from the agenda if more important questions are unfinished in their original time slot. When unexpected high-priority issues come up, it is worth taking time up front to revise the entire schedule rather than trying to squeeze it in and generate anxiety-fraught debate.

If we actually took a rational approach to allocating time, then we would have to deal with the desecration of our primal history. I would have to give up a painful but cherished interaction with my mother. Well, at least, she didn't want to leave me behind.

By the way, I liked having the Annual Meeting on Monday and thought the attendance was about as good as we usually have. The Sunday meetings cut into the prime Convention time and prematurely brought feelings of the end being nigh (more time issues?). According to the bylaws, the day of the meeting must be announced in the newsletter (I think), and we might increase participation by advertising it there more prominently.

If you have gotten this far, thank you for staying with me. My love for the IPA is unbounded and I look forward to its and my growing in tandem.

SCHEDULE OF BOARD MEETINGS FOR COMING YEAR

October 23 - 24, 1999

March 11 - 12, 2000

May 6 - 7, 2000

August 29 - September 4, 2000 Convention

**What's The Future of Primal Therapy?
Where Will Primal Go In the Next Century?**

Discussion reviewed by John Speyrer

Primal Therapy as a peer process, but the problem is that the therapist can't take someone where they have not been.

Boundaries:

- Changing buddies at group is an effective therapy route.
- Much is invested in the distinction between the therapist and client.
- Education or teaching clients process of therapy during therapy is advisable.
- Losing a friend (vs. doing effective therapy) can be problem which can result when one hits restrictive spots during therapy and then confronting the client. Thus problems can arise when one is a therapist for a friend.
- A recounting of one therapist who resented having social relations with her client while at the IPA convention. This change of "boundaries" was intolerable to her.
- When IPA was formed some wanted it to be a purely professional organization and others wanted an "open to all" organization.
- A friendship between two therapists can end when "boundaries" are crossed.
- Having classes for those who will play buddy roles might be advisable.
- In the APA issues of boundaries and confidentiality are very rigid. Don't make 'boundaries' a dogma.
- Need for community is important in primal therapy. It is worth the risk of crossing boundaries.

Outreach Possibilities for the IPA:

- The primal concept has spread but under other names. Many use regression techniques for therapy. These therapists should be invited to join the IPA. How they could be invited?
- Creating an umbrella organization. But there would be conflicts between different areas in it. Therapists don't have a conceptual framework as broad as primal therapy. Primal therapy could give them the framework.
- Primal Therapy workshops could be offered by a wider range of therapists.
- Who would be the leaders in such an umbrella organization? Problems with infighting for control.
- Get marketing people to sell the concept by way of announcements, tv, cable, websites, etc.

What's the Future of Primal Therapy? Where Will Primal go in the Next Century?

Discussion reviewed by Walter Gambin

- An outreach program with performance art.
- Making an expository movie on Primal Therapy.
- A program at a sexual correction center was using Primal-type therapy but was discontinued.
- The name "scream" held in disdain, fear, poked fun at, or seen as threatening.
- Comparing the "emotional plague" Wilhelm Reich named in Germany with the USA now.
- Marketing Primal the same way as others who are successful in wholistic and spiritual modalities.
- Article in "Family Therapy Networker" August issue on the ineffectiveness of talk therapy.
- An opportunity to follow up on the latest in brain functioning and research.
- Concern about the backlash about regression therapy, involving the "false memory syndrome".
- Marketing one area, Primal, Website, Referral List, or our Convention, will benefit other parts.
- We'd be marketing: 1. A way to be in the world, 2. Authenticity.
- Primal Therapy needs to be validated more among professionals, via more research.
- A foremost researcher says basic personality change does not happen in Primal Therapy.
- Some avenues we're discussing may take decades to traverse.
- Deepak Chopra and Caroline Myss with their spiritual models are less threatening than Primal.
- Aligning Primal concepts with traditional English phrases could attract some people.
- We could market a way of preventing alienation – growing up with hate and anger.
- Managed Care is not compatible with Primal, because of their discreet time limitations.

This discussion group was taped by John Quick. The tape is available from him at Hohm-Audio, P.O. Box 406, Shokan, N.Y. 12481. Phone 914-688-7490.

A Place Called Appel Farm

by Elizabeth McNicolls

Home...Family...Safety.

Home...Family...Nurturing.

Home...Family...Belonging.

In two short, very short, summers, this is Appel Farm: more than a place, a garden; more than a people, a family.

In this ever-changing familiarity, I feel myself unfolding, rhythmically, at my own pace, moving from dry seed to first leaves.

In this place, I am learning to enjoy the sound of my voice as it cracks, quivers and shakes, struggling to merge with itself so it can soar.

In this place, I am learning to hear myself while listening to another.

In this place, I am learning to surrender to the pain, the loss, the love, knowing that in this solitary walk, I am not alone.

In this place, I know now I can let my femaleness, my sensuality, flow in song or in dance.

In this place, I can awake to the sound of my laughter.

In this place, I can express my fears, and in that expression find freedom.

In this place, I can look into the eyes of another, and not be afraid to see my own humanity reflected there.

Because, in this place, this garden, I feel alive, I feel human.

This work is hard - muscles ache, joints stiffen, eyes burn, and noses run like the mighty Mississippi - but in their place remains the glow of life, opening to possibilities, coming into being.

This is home, this place called Appel Farm.

APPPAH Congress Dec. 3-6 in San Francisco
by Terry Larimore

"Birth and Consciousness in the New Millennium," the 9th International Congress of the Association for Pre- and Perinatal Psychology and Health is Dec. 3-6 at the Cathedral Hill Hotel in downtown San Francisco. Several one- and two-day workshops are also offered Dec 2-3 and Dec. 6-7. Given that the roots of much emotional trauma is rooted in experiences of prenatal development, birth and infancy, there is no other organization whose purpose so closely melds with the IPA's.

At this Congress, lively debates and forums led by psychologists, scientists, philosophers and clinicians explore research and perspectives on blending the miracle of the human spirit with the miracles of modern medicine. These leading-edge scholars and practitioners inspire us with their visionary work and challenge us with their courage to explore new alternatives. The Congress features forums in which to share our experiences, delve into critical issues and ask important questions. In small groups organized around special interests that meet throughout the Congress (akin to the IPA's peer groups), participants will hone particular visions, gather support and develop specific action plans.

The IPA and several IPA members will have tables in the exhibition area along with 30 practitioners, trainers and organizations. Presenters at the Congress include: Jeannine Parvati Baker (world leader in fertility awareness and author, Hygeia: Woman's Herbal and former IPA workshop presenter), David Chamberlain, Ph.D. (author, The Mind of Your Newborn Baby), William Emerson, Ph.D. (pioneer in developing treatment methods for infant and child trauma and former IPA keynoter), Barbara Findeisen, M.F.T., (counselor for pre- and perinatal trauma in adults and former IPA keynoter), Stanislav Grof, M.D., (international pioneer in consciousness research and former IPA keynoter), Gay and Kathlyn Hendricks, Ph.D. (authors, At the Speed of Life), Marshall Klaus, M.D. (author, The Amazing Newborn and Mothering the Mother), Peter Levine, Ph.D. (author, Waking the Tiger), Terry Levy, Ph.D. (founder of ATTACH), Bruce Lipton, Ph.D. (revolutionary cell biologist), Lewis Mehl-Madrona, M.D. (researcher who did the definitive study on home birth safety), Marilyn Milos, R.N. (founder of NoCIRC), Joseph Chilton Pearce (author of Magical Child), Aletha Solter, Ph.D. (author and IPA's keynote speaker last August), F. Renè Van de Carr, M.D. (founder of Prenatal University), and Thomas Verny, Psy.D. (author, The Secret Life of the Unborn Child).

Cost for non-members is \$370 (which includes three breakfasts and two lunches). Pre - and post congress workshops are \$150 (one-day events) and \$260 (two-day events). For a program and schedule, email APPPAH@aol.com or call the APPPAH office at (707) 857-4041. Hotel reservations: (800) 622-0855.

Hope to see you there!

Editor's Note: Leonard Rosenbaum will be our representative. We invite any member to help or leave info on the IPA table. Call Leonard at 1-800-leonard.

MUSINGS FROM E-WAIL (IPA E-MAIL CHAT ROOM)

By Sam Turton

As I step through every day, gently but firmly moving myself away from the destructive loops, a few things are really helping, things that have been passed on to me. I'd like to lovingly pass them on to you.

Watching and getting to understand that thinking is just ... thinking. A thought of an apple isn't an apple. It's a real THOUGHT of an apple. It can't feed you like a real apple can. A thought of being unlovable is just a thought, it isn't necessarily what we really are. If we watch our thoughts, see them as the thought/fantasies they appear as, we won't get lost in them and those negative world's they spin - quite so often. When we don't jump on "the bad daydream train" we stay here - in the truth and sensation of the day. Which isn't always perfect, but it is what it is. Better than a life in the fog..... there's icebergs in that there fog!!!! In fact, where, as babies we needed sensation and nourishment mostly from our mothers, as adults we are able to allow ourselves to be nourished by the biggest, best, tit there is - the universe!!! Every day we are given wonderful sensations - sights sounds, smells, tastes, touches and feelings. If we feel them as they are, they actually (not figuratively) nourish us. I love to feed off the day. It's always there - in birds, food, people, the touch of my hand on a leaf. It never lets me down. Even if it's tough, it's there and it's rich.

CAPSULE REPORTS by Denise Kline, Recording Secretary

CONVENTION 2000: PRIMAL VISIONS, GETTING IN TOUCH, Sex and Sanity, Shock Trauma and Crisis Recovery, Moving into the New Millenium, Center of Attention, Unified Healing . . . are topics proposed, but the theme for next year's Convention has not yet been chosen. Your suggestions for themes and speakers are invited. Volunteer in any way . . . (by contacting Denise Kline, dkline43@aol.com, 301-791-9237, POB 602; Hagerstown, MD 21741.

The ad hoc committee that met at this year's Family Relationships Convention has volunteered to repeat some of its most successful features. Outstanding examples are Judy Lucrezia and Yvonne Parma who will re-produce the beautiful program booklet, and Fred Zielke who will renegotiate the contract with Appel Farm. Other highlights may be newcomers Sam Turton offering design expertise for T-shirt and brochure and Wayne Carr as scheduling co-chair. Many others have indicated we can count on them in important roles from site coordination to dancing with Noah. The list is too numerous to mention now, but I would like to take this opportunity to thank all of those who made this 27th Annual Convention, with its exemplary chairperson, Yvonne, so successful.

Saturday night of October's Board meeting in Boston is expected to be dedicated to Convention development, brain-storming. Attend if you can, or send suggestions to Denise in advance. Psychodramatic Bodywork from Susan Aaron, NIP keynote is one new presenter we have contacted. We look forward to info to follow up on other suggestions.

GENERAL MEETING:

Held on Monday morning, the meeting heard business reports and then discussed a proposal by Steve Austill for a paid director. This discussion was interrupted briefly for a unanimous election of officers and new directors: President Larry King, Vice-President Leonard Rosenbaum, Secretary Judy Lucrezia, Treasurer Jerry Lucrezia, Recording Secretary Denise Kline, Directors Wayne Carr, Yvonne Parma, Sam Turton, Sharon Kane, Jean Rashkind, Lisa Gayle, Pat Allen, Barbara Bryan, Barbara Kay Cope, Brian Stark, Mary Thompson, and Fred Zilke.

The paid directorship discussion rolled around to a discussion of the important workloads of secretary and treasurer and other active directors to compensation for promoting the IPA to members serving as conference liaisons with other organizations. Executive director, membership or development director functions were mentioned, and other low-cost avenues of outreach were proposed. Investment in a literature table at the APPPAH Conference being held on December 3 - 6 in San Francisco may be one result. Some consensus arose around flexibility in "getting out of the box" in approaches and respect of the dedication of membership contributions of every kind.

SUBMIT AGENDA ITEMS, PROPOSALS in writing to Larry King fax 212-877-1073. I would appreciate a copy to help in preparing minutes. Fuller minutes concerning the Convention meeting will be available by the October Board meeting.

CALL TO CONVENTION PRESENTERS

Share your Primal Visions at IPA Convention 2000. We will feature a "medicine wheel" of topics: birth, trauma, shock, and introductory sessions for newcomers; relationships, sex and sanity, and the role of touch; transformational movement and music and other healing modalities; energy therapies, center of attention, meditation and other tools to enhance spirit, mind and body. Send your proposals to Denise Kline, co-chair, at dkline43@aol.com; POB 602; Hagerstown, MD 21741; (301)791-9237. It would be appreciated if you also send copies to Convention assistant, presenter, and liaison Leonard Rosenbaum at leonardleonard@compuserve.com, phone (202) 393-2885, FAX (202) 364-3314. Thank you all in advance for taking on the many substantial supporting roles that will make IPA Convention 2000!

Condolences to Hal Geddes and Judy Kinsey for the loss of their daughter, Susan Geddes. Susan died instantly in a tragic auto accident in July, 1999. Our love, thoughts and prayers go out to Hal and Judy.



Dr Bill Smukler practices his art in Philadelphia. He has explored the use of "mass time" in deep feeling psychotherapy in the 40-day "Noah's Ark" continuous psychotherapy. He also conducts training for therapists in his particular methodology at the "Ark." He has taken sandplay techniques to new levels by innovating a unique format of sandplay sharing with large groups. Bill, at age 84, will be leading the "Ark" in January, 2000.

"OUR DEEPEST FEAR IS NOT THAT WE ARE INADEQUATE. OUR DEEPEST FEAR IS THAT WE ARE POWERFUL BEYOND MEASURE. IT IS OUR LIGHT, NOT OUR DARKNESS, THAT MOST FRIGHTENS US." — NELSON MANDELA

REFERRAL LIST

This is an application to be on a list of members of the IPA who represent themselves as offering primal work. The listing will be published by the IPA and will include the following statement: "The IPA does not endorse the expertise or experience of these individuals. Each member has submitted the following brief description of their services."

Name: _____

Address: _____

Street or Box No: _____

City or Town: _____

State, Country and Postal Code: _____

Telephone: (____) _____ Fax: (____) _____

Email: _____ Website: _____

Description of services and credentials: (Maximum three typed lines):

May we also include your listing on the IPA website? Yes No
Make your check for \$30 to the IPA. Send check and this completed form to:

Judy Lucrezia
2 Elizabeth Lane
Peabody, MA 01960

Questions? Call Judy at (978) 535-4181.

Clip here and mail

IPA Membership

	Single	Joint
<u>Lifetime membership</u>	\$1000	\$1500
<u>Annual membership</u> (dues based on income)		
\$100,000 or more	\$ 110	\$ 165
\$ 50,000-99,999	\$ 75	\$ 112.50
\$ 25,000-49,999	\$ 60	\$ 90
Less than \$25,000	\$ 50	

Low-income membership for \$30 per year is available to individuals who are either full-time students or who support themselves exclusively with public assistance.

All dues cover the fiscal year from Aug -July. To qualify for joint membership, both members must live at the same address and pool resources. Joint members will receive one mailing per household.

Send your complete name and contact info (including email!) and check made out to IPA c/o Judi Lucrezia, 2 Elizabeth Lane, Peabody, MA 01960



Roses to....

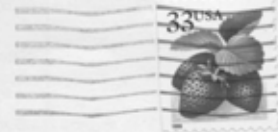
Yvonne Parma and Fred Zielke for chairing the convention in a calm and competent manner. It was a great time for everyone!

Lynn Turner, who is undergoing chemotherapy. All of our love, prayers and wishes go out to her for a full recovery.

Winter 2000

International Primal Association
C/o Judy Lucrezia,
2 Elizabeth Lane
Peabody, MA 01960

Address Correction Requested



TO:

Steve Austill
12 Mt. Vernon Street
Saugus, MA 01906 USA m

01906X4340 13

